

YIT PROGRAM PROGRESS REPORT

1. Grant Number:
2. Grantee Name and Address:

UVM VCHIP
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UHC St. Joseph 7
Burlington, VT., 05405
3. Telephone Number: 802-656-9192
4. Project Title: Evaluation of the Vermont Children's Mental Health Initiative
5. Period of Performance from 1/1/2014 through 6/30/2014
6. Approved Project Period from 1/1/2014 through 6/30/2014
7. Author's Name and Telephone number: Thomas Delaney, 802-656-9192
8. Date of report: 8/29/2014
9. Comments (if any): Please contact Tom Delaney at UVM VCHIP with any questions or comments about this report (thomas.delaney@uvm.edu).

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

Two Program Progress Reports must be submitted for this sub-grant:

1. [REDACTED]
2. [REDACTED]).

Report Contents

1. Major Activities and Accomplishments During this Period

Report both quantifiable and non-quantifiable accomplishments from Attachment A (see pages 3-8 of the grant award):

- Quantifiable accomplishments include numbers of youth/families served, people trained, support groups established, etc.
- Non-quantifiable accomplishments should be listed in chronological order. Describe any draft/final products in this section.

Quantifiable accomplishments related to the evaluation of the effectiveness of the Vermont system of care for young adults with SED include:

- 1. The final enrollment numbers for the YIT evaluation include:**
 - **544 enrolled in the Common Study, which includes measures for NOMS and EDIF reporting requirements to TRAC and ICF MACRO,**
 - **185 enrolled in the National Study, which is the National Outcome Study that is designed by and reported back to ICF MACRO, and**
 - **115 enrolled in the Vermont Study, which is the local evaluation.**

Enrollment of new participants in the National and Vermont studies ended June on 30th, 2013, and enrollment of new participants in the Common Study ended on Sept. 30th, 2013. Follow-up data collection for the National and Vermont Studies continued through June, 2014. The data analyses to date have focused primarily on comparing the intake and 12 month follow-up interview data, looking only at those cases for which data from both time points are available. In these analyses, the final sample for the YIT evaluation consists of 155 young adults in the National Study and 80 young adults in the Vermont Study. Follow-up data from the Common Study continued to be entered into the federal TRAC data system until the end of June, 2014.

- 2. Data for the final (9th) Transition to Independence Project (TIP) program report was collected in May, 2014, and then reported to NNYT for review; this application was successful and the program became the 9th in Vermont to earn the “TIP Informed” designation from NNYT.**
- 3. The evaluators shared YIT findings at three different sessions of the 2014 Children’s Mental Health research and Policy Conference in Tampa, including:**

Delaney T, Kamon J, Suter J. Young adults’ perspectives on access and involvement with a mental health system of care. (Presented at the 27th Annual Children’s Mental Health Research and Policy Conference, Tampa, March 2014)

Kamon J, Suter J, Delaney T. Relations between mental health, substance abuse, health and health care utilization among young adults. (Presented at the 27th Annual Children’s Mental Health Research and Policy Conference, Tampa, March 2014)

Bean B, Biss C, Wolf M, Marshall C, Bridges C, Avila M, Kamon J, Delaney T, & Suter J. Symposium: Building the Bridge to Adulthood: Vermont’s Youth in Transition Grant. (Presented at the 27th Annual Children’s Mental Health Research and Policy Conference, Tampa, March 2014)

Non-quantifiable accomplishments during the reporting period include:

- 1. The evaluation team continued to support the 12 regional YIT teams in collecting follow-up Common Study data for participants who had been enrolled prior to September, 2013.**

2. The evaluation team worked with the YIT Operations team to develop two presentations that were delivered to Vermont State legislative committees on January 31st and February 18th, 2014. These presentations shared up to date evaluation findings showing the links between participation in YIT services and improvements in young adults' positive outcomes.
3. The evaluation team, with Jody Kamon as the point person, continued the transition to using PiktoChart software to for all of our graphical data reporting activities (as well as continuing to use PowerPoint as needed). A new data brief highlighting projected costs savings associated with participation in YIT services is attached to this report (Appendix A).
4. The evaluators continued to expand and strengthen the focus on correctional involvement data, including receiving a file of corrections data for those young adults who consented to have their DOC data accessed as part of the YIT evaluation. These data are currently being analyzed.
5. Through April 2014, the evaluation team collected Court Diversion program data on YIT participants from 12 of the 14 county-based court diversion programs in Vermont. These data are currently being analyzed.
6. Continued to update the YIT website with newly developed evaluation materials, including presentations at national meetings, updated statewide and region specific data reports and data briefs, among others.
7. Continued to work closely with the UVM IRB to ensure that all research/evaluation activities are in compliance with...forms (including consent forms and data collection forms) that were changed are reviewed and approved by the IRB prior to being used.

Please report major activities and accomplishments for the following goal and indicators as relevant for the sub-grant. [This section of the report may be entered directly into the table below.]

Goal for strengthening the systems of care	6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....
System of Care Infrastructure Indicators (for federal TRAC):	<p><u>Workforce Development:</u> Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....</p> <p><u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them....</p>

	<p><u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....</p>
	<p><u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices....</p>

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

The evaluation team continued to make adjustments to our activities based on having three fewer months than we had anticipated in which to conclude all of the evaluation activities. The team also struggled with the timing of gaining access to data from DOC, with the agreement for obtaining the data, and then actually getting the data file, taking over one year.

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

Audrey wrapped up in June...

4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

During the period covered by this report, the YIT evaluation team has shared findings from the evaluation in a variety of ways:

- 1. The evaluators participated in three presentations (see above) at the annual Children’s Mental Health Research and Policy meeting in Tampa in March, 2014.**

2. **An evaluator worked with members of the YIT Operations team to conduct a workshop at the annual Vermont working with Youth Conference in Burlington, at which we presented about and conducted a detailed exercise using the System of Care Roadmap exercise.**
3. **As noted above, the evaluation team participated in the development and presentation of two presentations at the Vermont legislature in January and February, 2014. These presentation included sharing updated Data Briefs and PowerPoint presentations of evaluation results, as well as a new Data Brief focused on estimated cost savings in four YIT outcome domains based on a single year of YIT services being provided (see Appendix A).**

5. Other Activities

Briefly describe other activities undertaken during the reporting period.

Other activities undertaken during the reporting period include:

- **Jody Kamon from the evaluation team has continued collaborating with Mercedes Avila, the YIT Cultural/Linguistic Competence (CLC) Coordinator, and they collected data at a series of 12 focus groups aimed at understanding how newly arrived Americans are able (and not able) to access young adult mental health system of care resources.**
- **Tom Delaney is continuing to explore ways that the Vermont Youth Treatment Enhancement Program (VYTEP) might be able to further develop YIT interventions and evaluation studies to further assess the impact of YIT, including by studying the impacts of participating in YIT services on young people's subsequent substance abuse.**
- **Tom Delaney will continuing coordinating with the YIT leadership team to identify new or updated findings form the YIT evaluation that may be used to further educate community members, system of care workers and other stakeholders about the effectiveness of YIT services in promoting positive changes in young adults' lives.**

6. Activities Planned for Next Reporting Period

Briefly describe the project activities planned for the next reporting period.

1. **The evaluation team is developing the final, comprehensive report for the State, which will be submitted by Sept. 29th, 2014.**
2. **The evaluators will continue to update data analyses using follow-up interview data (from the National and Vermont Studies) collected through the end of June 2014, with the goal of this work being to further strengthen**

the conclusions we are able to draw about the impact of YIT services on young adults' lives.

- 3. The evaluators will continue summarizing and analyzing data obtained from the Vermont Dept. of Corrections, which will be included in the final evaluation report and is being developed as a manuscript for publication with Dr. Jesse Suter as the lead data analyst and lead author.**
- 4. The evaluation team will also continue cleaning and screening data received from 12 Vermont county-based Court Diversion programs, and a preliminary report on the findings from these data will be included in the Sept. 2014 final evaluation report.**
- 5. In addition to the corrections manuscript mentioned above, the evaluators are continuing to develop two manuscripts for publication in research journals: one based on the 2011 *System of Care Roadmap* exercise and one that presents findings from the Young Adults Health Care Survey and related tools, in which describe participants' experiences accessing and then receiving health care services in the context of the young adult mental health system of care.**