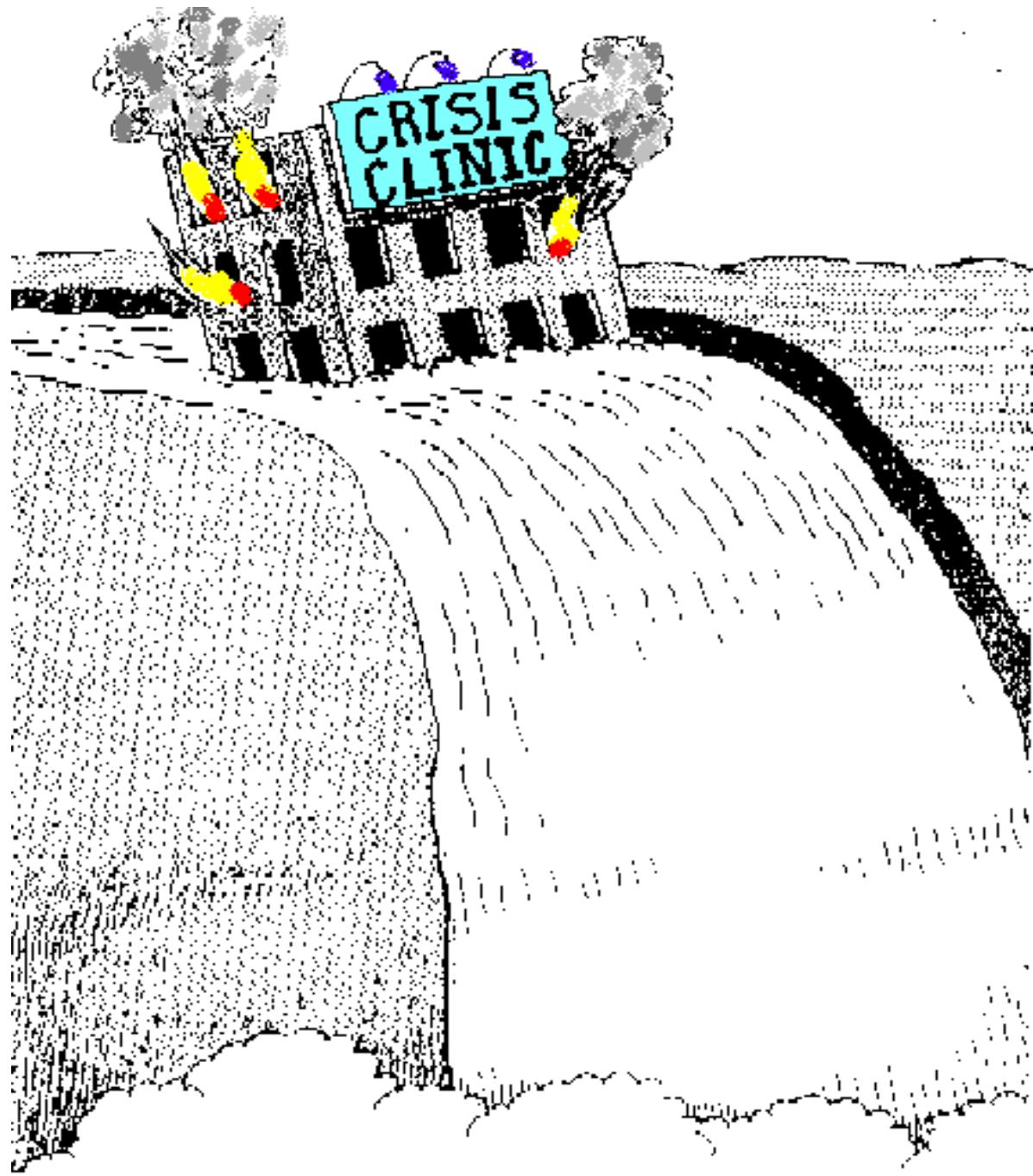




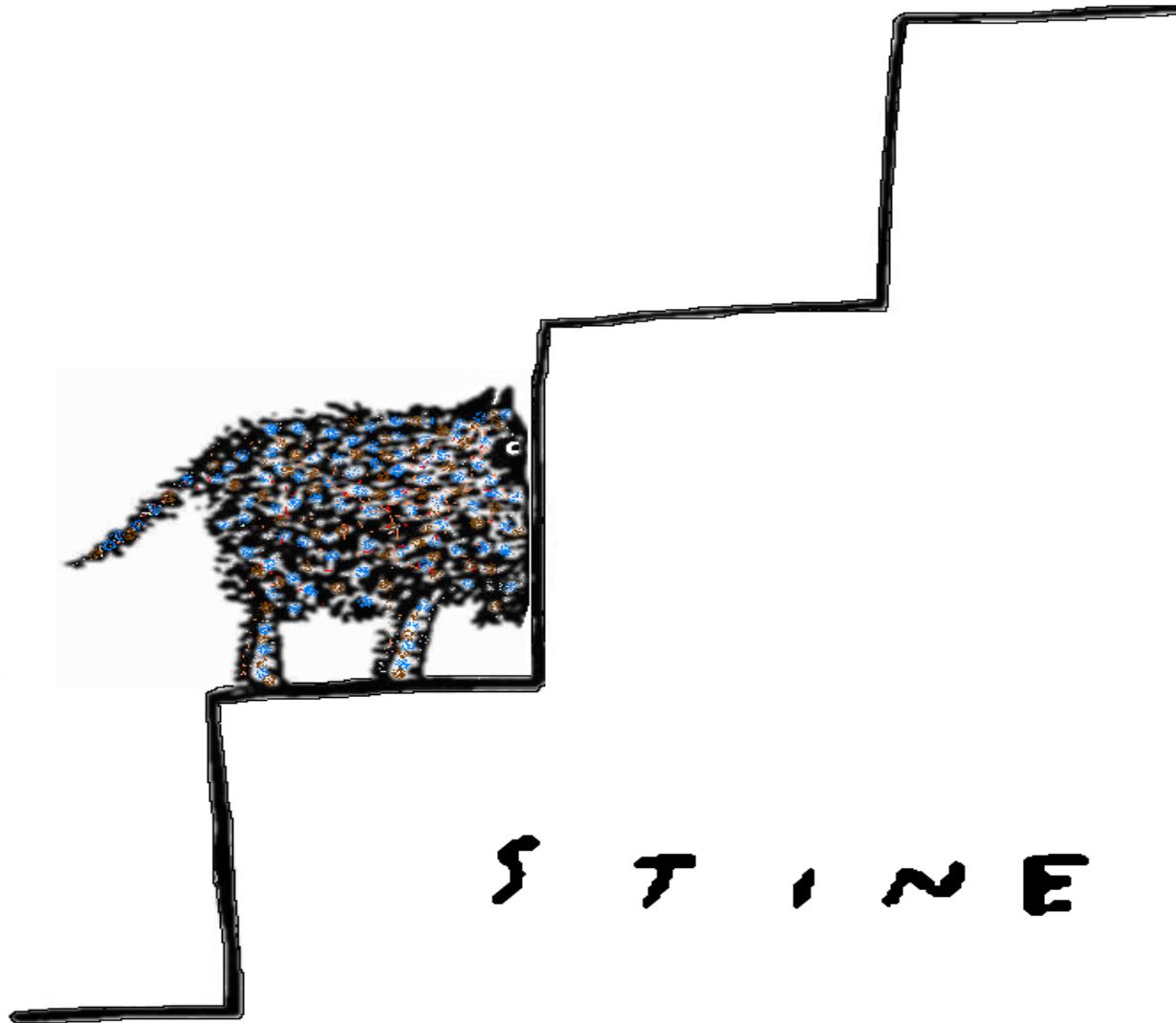
Building the Bridge to Adulthood: A Public Health Approach

System of Care

- ❖ A philosophy or framework about the way services should be delivered to children and families
- ❖ Not a model or single definable thing-cannot be replicated in a community unless framework is understood and applied to that particular community
- ❖ Based on core values



Face to Face with
the second step.



Early Childhood Mental Health

- ❖ The social, emotional and behavioral well-being of young children and their families
- ❖ The developing capacity to:
 - Experience, regulate, and express emotion
 - Form close, secure relationships
 - Explore the environment and learn

Adapted from ZERO TO THREE

Protective Factors

- ❖ Positive self-esteem
- ❖ Active style of responding to stress
- ❖ Ability to elicit positive attention from adults

Risk and Protective factors

- ❖ Resilient children tend to have had environments that are supportive in critical ways and the capacity for resilience develops over time in the context of environmental support (Egeland, Carlson & Sroufe, 1993)

EARLY CHILDHOOD MENTAL HEALTH SYSTEM OF CARE

Fosters the social and emotional well-being of infants toddlers, preschool-age children and their families

VALUES

Family Voice

Child and Family Centered

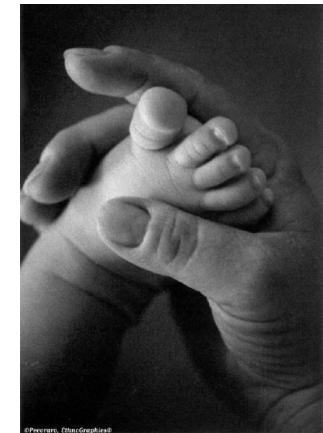
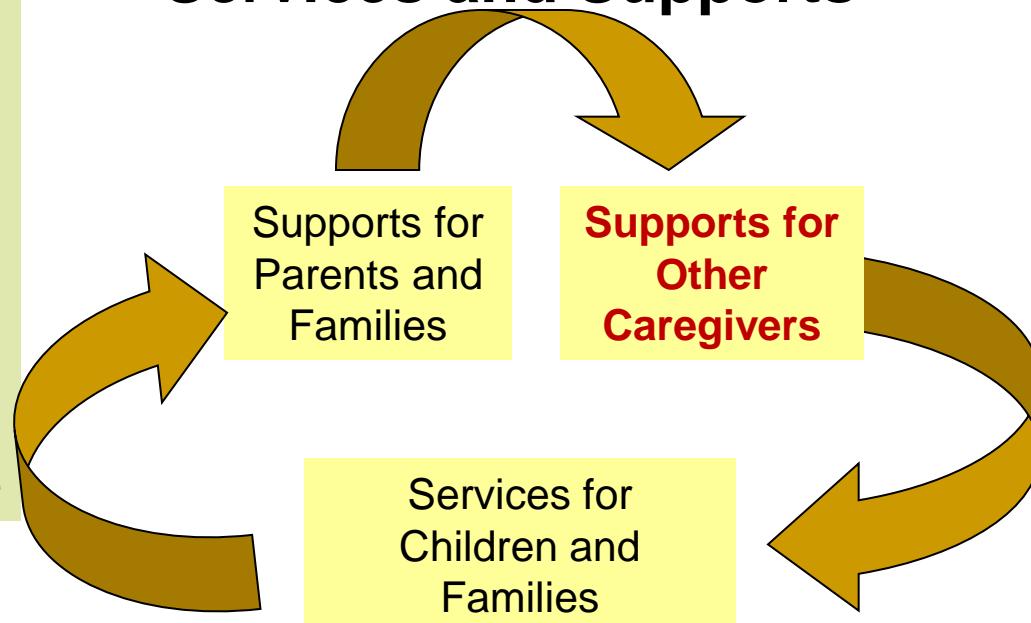
Relationship Based

Culturally Competent

**Infused into Natural
Settings and Services**

Grounded in
Developmental Knowledge

Services and Supports



Building Blocks

**Strategic
Planning,
Policies, and
Procedures**

**Interagency
Partnerships**

**Maximized
and Flexible
Funding**

**Prepared
Workforce**

**Outcome
Evaluation**

Promotion



Prevention



Intervention

Identified Top 3 Community Survey and Forum Priorities

- ❖ Parenting and child care training opportunities.
- ❖ Behavioral consultation in child care settings and school settings.
- ❖ In-home direct therapeutic and consultation services.

DIFFERENT SERVICES

- ❖ Consultation without identified client
- ❖ Cross training of early childhood caregivers

DIFFERENT PLACES TO SERVE

- ❖ Childcare
- ❖ Parent Child Centers
- ❖ Pediatric practices



Public Health is what we do
as a society to assure the
conditions in which people
can be healthy.

PUBLIC HEALTH PYRAMID



4 Core Concepts

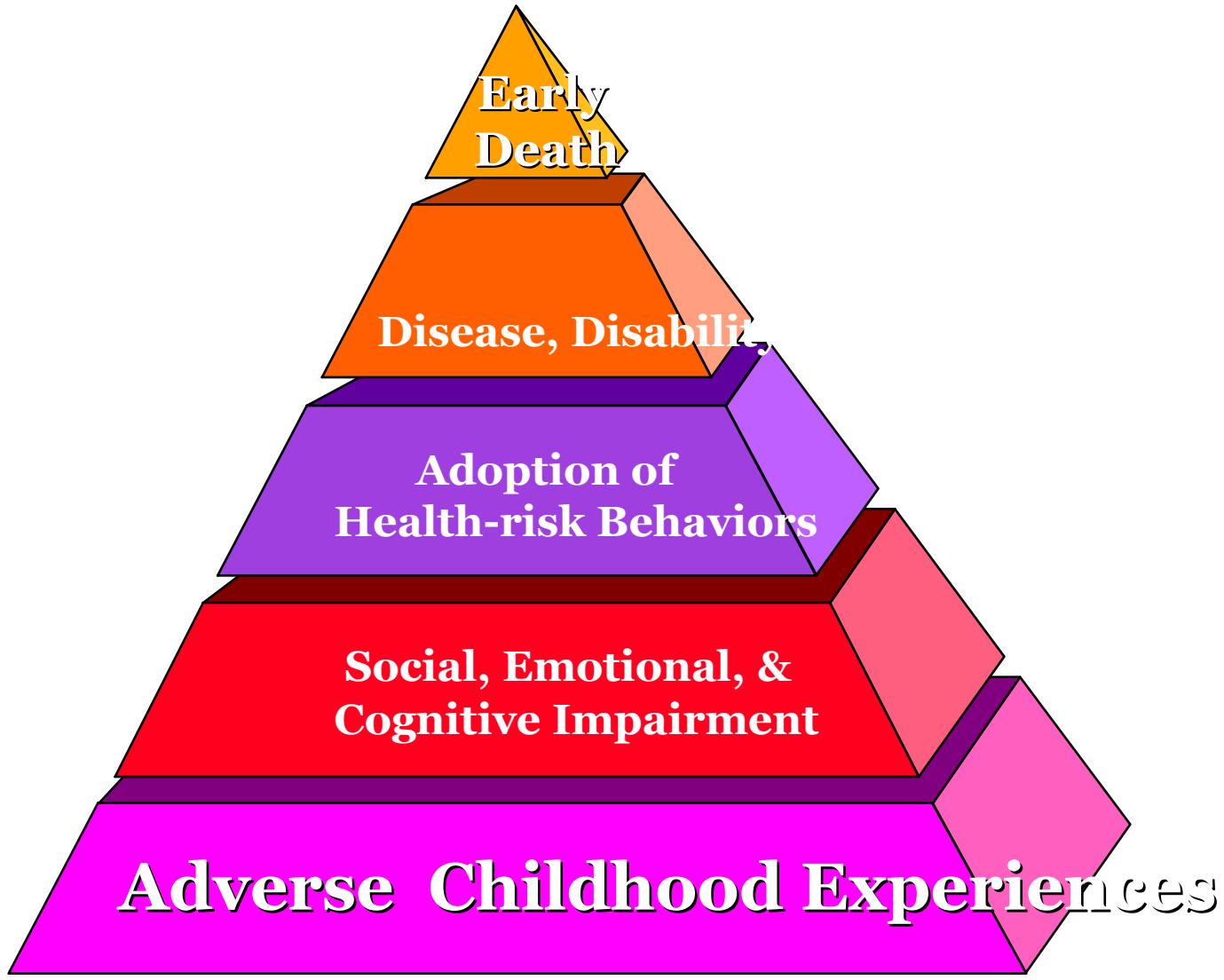
- ❖ Focuses on entire population
- ❖ Promotes everyone's good health via policy, accurate data, solid research
- ❖ Determines risk and protective factors and social determinants
- ❖ Constantly assesses
 - ❑ Intervenes with policy
 - ❑ Assures access to quality care

10M Report 2009
Preventing Mental Health, Emotional, Behavioral Disorders Among
Young People



- Prevention is a paradigm shift
- Mental Health and Physical Health are inseparable
- Successful prevention is interdisciplinary
- Mental, Emotional, Behavior Disorders are developmental
- Coordinated community level systems are needed to support young people

Death



Birth

**Influence of Adverse Childhood Experiences
Throughout Life** - [from http://www.cdc.gov/violenceprevention/acestudy/](http://www.cdc.gov/violenceprevention/acestudy/)

Adverse Childhood Experiences (ACE) Are Common



Abuse:

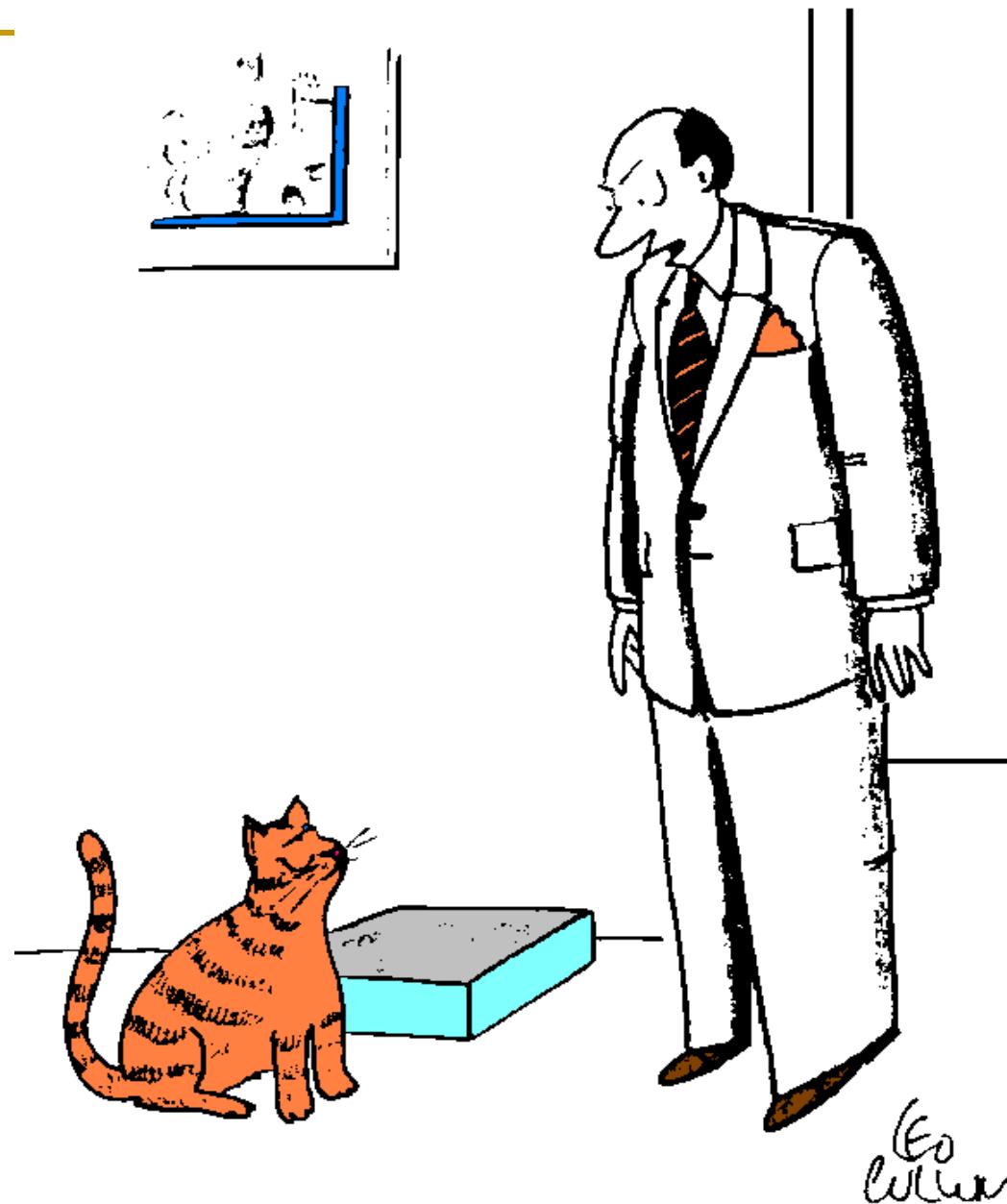
Emotional	10.6%
Physical	28.3%
Sexual	20.7%

Neglect:

Emotional	14.8%
Physical	9.9%

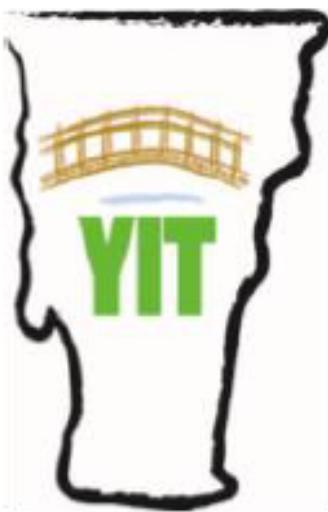
Household Dysfunction:

Mother Treated Violently	12.7%
Household Substance Abuse	26.9%
Household Mental Illness	19.4%
Parent Separation/Divorce	23.3%
Incarcerated Family Member	4.7%

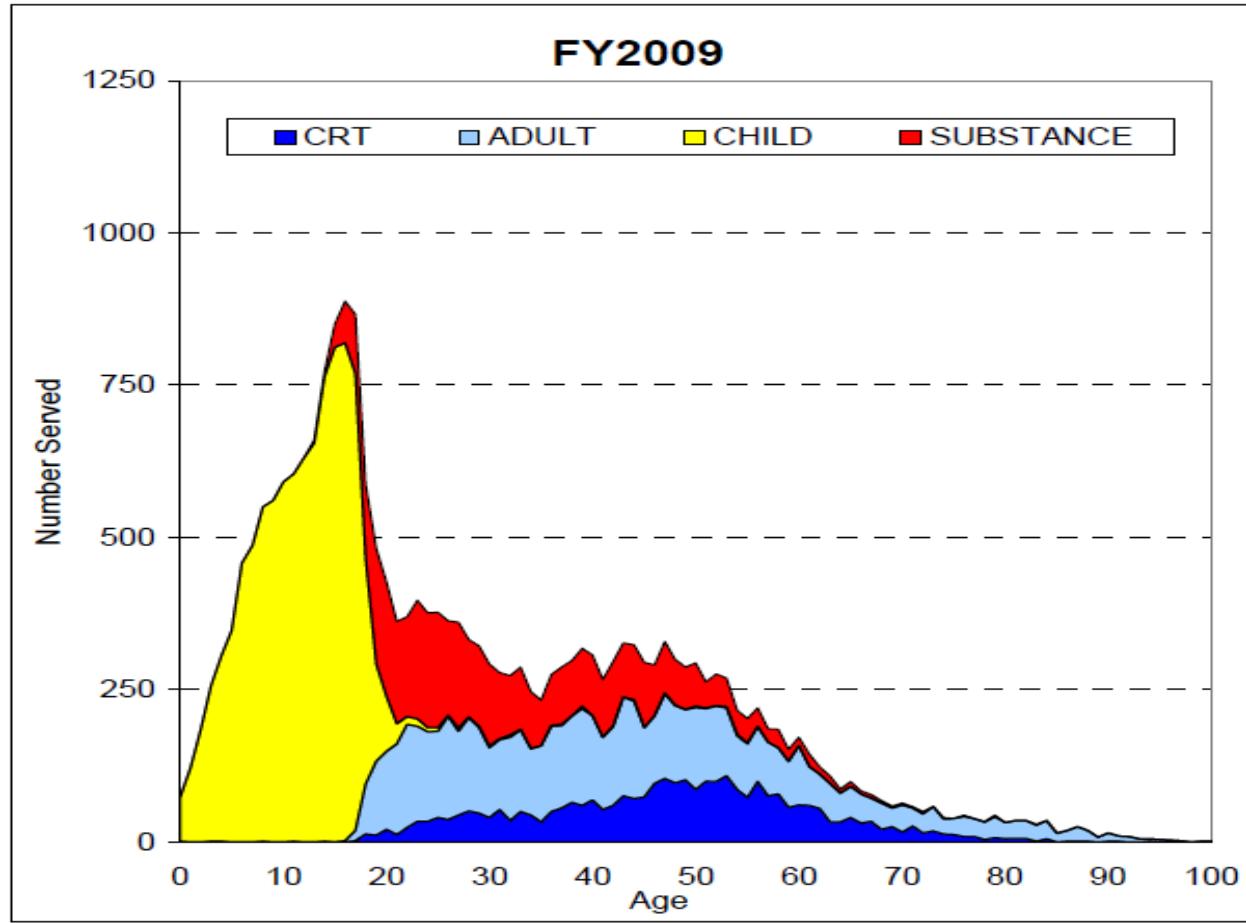


“Never, ever, think outside the box.”

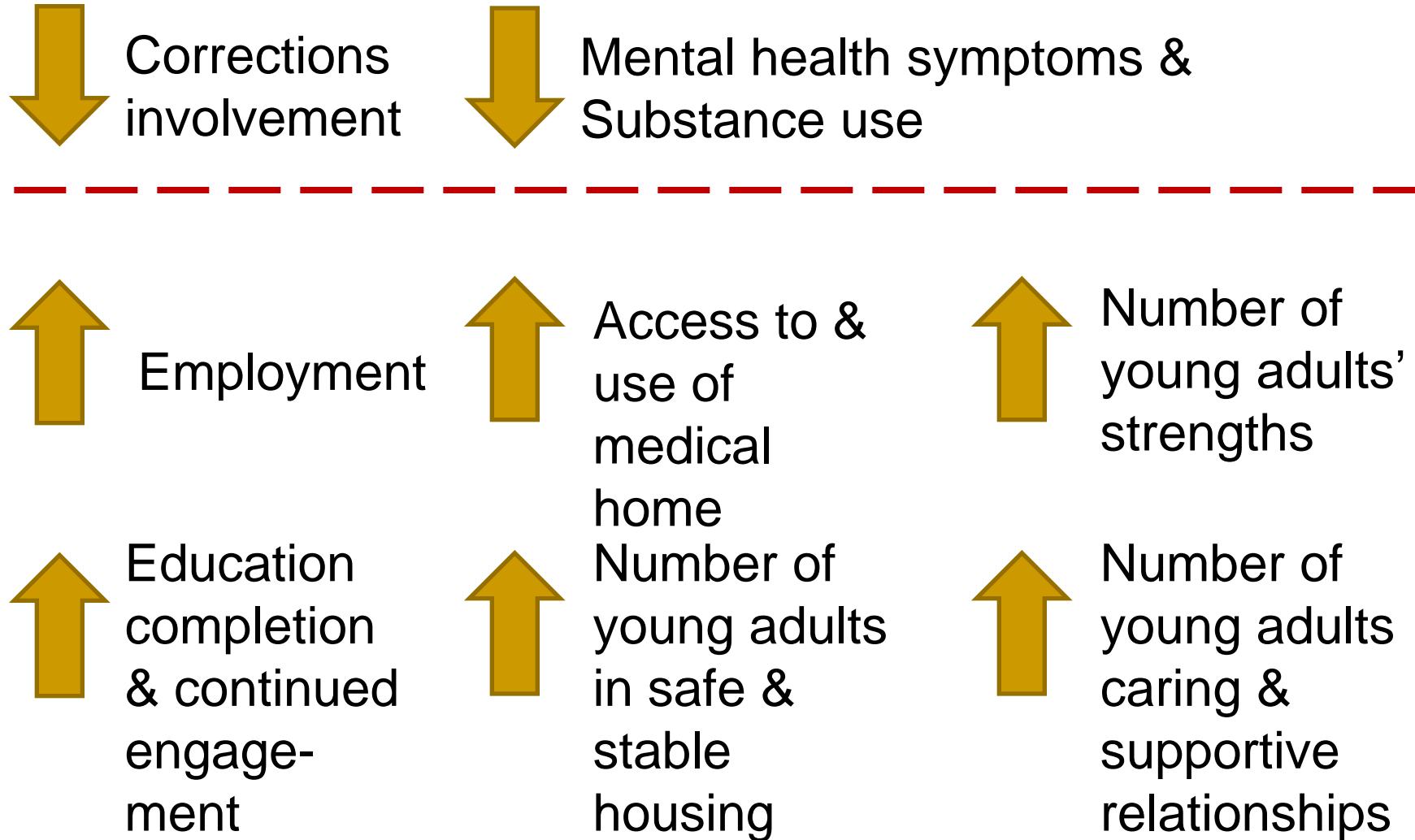
Partners:



The “Cliff”



8 Broad Outcomes



Our Vision

Young adults in Vermont are empowered, healthy, valued, and engaged in their communities



Our Mission

Young adults, families/adult allies and community partners collaborate to develop a system of care to support transition to adulthood. The system builds upon the strengths of young adults and creates an array of specialized mental health and related services to meet their unique and changing needs. The system also fosters young adult leadership.

Listening to Young Adults:

- ❖ Young adults point us to the public health model.
- ❖ Listening carefully requires cultural competence and use of social networking/media.

Brittany Goodwin, 19, YIT Young Adult Award Winner, delivers keynote speech during the second annual Youth Summit for Orange-No. Windsor region on Sept. 27, 2013. (Valley News - Jennifer Hauck)



LESSONS LEARNED FROM YOUNG PEOPLE IN YIT

- ❖ Young adults want to be with their friends and acquaintances and do things which meet their personal goals.
- ❖ Every young adult wants to “give back” to his/her community and not be stigmatized.
- ❖ Young adults recognize public health and human service problems – like substance abuse, depression, suicidal ideation, and systems of oppression (racism, agism, sexism, etc.)

Achieving System Reform

- ❖ Work together
- ❖ Emphasize shared values
- ❖ Learn from differences
- ❖ Engage key stakeholders
- ❖ Focus on the philosophy and values

