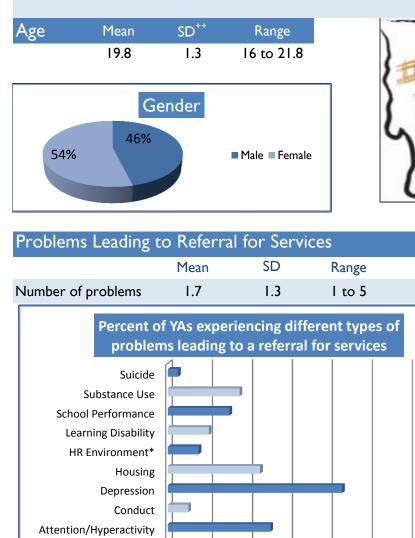
YIT Descriptive Data: Who Are We Serving? Intake sample includes 39 young adults fromSt. Johnsbury.+



40%

30%

50%

60%

70%

Anxiety

0%

**Note: A number of MH agencies also provide substance abuse treatment

⁺Sample size in any given category may vary due to missing data.

***Other funds primarily include Reach Up, 3 Squares, and VHAP.

10%

20%

Adjustment related

⁺⁺SD = standard deviation

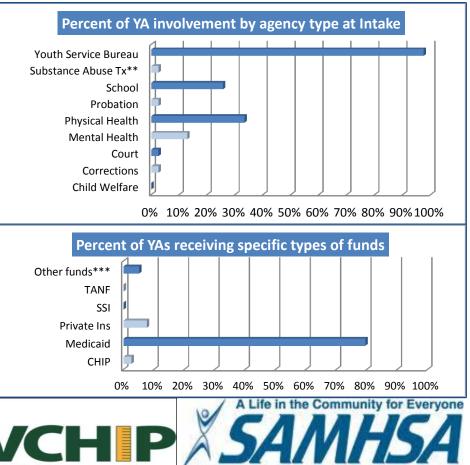
DSM diagnosis

*Note: includes any type of high risk environment



| Race/Ethnicity | n | Intake |
|--|----|--------|
| White | 36 | 92% |
| African American | Ι | 3% |
| American Indian/Alaskan Native | 0 | 0% |
| Asian | Ι | 3% |
| Belonging to more than I race | I | 3% |
| | | |
| Not of Hispanic, Latino, Spanish origin | 28 | 72% |
| Hispanic, Latino, or Spanish* | 2 | 5% |
| *23% missing data for whother Hispanic Lating Spanis | h | |

*23% missing data for whether Hispanic, Latino, Spanish



Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINE Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 3/31/13)

St. Johnsbury

These findings come from young adults who completed *Common Study* interviews (except for Employment which are from *Vermont & National Studies*) when they started to receive YIT services in their communities (YIT Start). Fewer than 10 *Common Study* interviews were conducted at the 6-month follow-up, so no progress data is available. Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

| ustice & Corrections | Sample size | YIT Start | 6 mos | Progress | Symbol Key |
|--|-------------|-----------|-------|----------|---|
| Arrested in past 30 days | 41 | 2% | - | n/a | at least 5% |
| Spent at least one night in correctional facility in past 30 days | 36 | 0% | - | n/a | improved |
| | | | | | O No change |
| Education | Sample size | YIT Start | 6 mos | Progress | |
| n school during the past 30 days | 41 | 24% | - | n/a | at least 5% worse |
| 8 and older who have completed High School or GED | 41 | 59% | - | n/a | |
| 8 and older who received post-secondary training (e.g., TECH, College) | 41 | 17% | - | n/a | n/a Not applicable |
| Employment (from Vermont & National Studies) | Sample size | YIT Start | 6 mos | Progress | - Less than 10 |
| Report having a job in past 6 months. | 28 | 68% | - | n/a | |
| | | | | | Sample Sizes |
| Health | Sample size | YIT Start | 6 mos | Progress | Completed interview |
| Report they are currently in excellent or very good health | 36 | 28% | - | n/a | at YIT Start 71 |
| | | | | | Due for 6 month |
| Housing | Sample size | YIT Start | 6 mos | Progress | tonow-up |
| Primarily living independently in past 30 days | 41 | 22% | - | n/a | Completed 6 month |
| Primarily living with others in community in past 30 days | 41 | 66% | - | n/a | follow-up |
| Primarily living in more restrictive settings in past 30 days | 41 | 0% | - | n/a | |
| Spent most nights homeless in past 30 days | 41 | 5% | - | n/a | |
| Spent at least one night homeless in past 30 days | 30 | 7% | - | n/a | VIT |
| Relationships | Sample size | YIT Start | 6 mos | Progress | 5 |
| Report agree or strongly agree know people they can rely on in past 30 days | 35 | 83% | - | n/a | |
| Strengths | Sample size | YIT Start | 6 mos | Progress | A Life in the Community for Everyone |
| Report agree or strongly agree can handle daily life in past 30 days | 35 | 74% | - | n/a | Substance Abuse and Mental Health Services Administration |
| Mental Health / Substance Use | Sample size | YIT Start | 6 mos | Progress | U.S. Department of Health and Human Services |
| Report anxious or depressed feelings all or most of the time in past 30 days | 29 | 34% | - | n/a | |
| Report at least weekly tobacco use in past 30 days | 30 | 60% | - | n/a | |
| Report at least weekly alcohol use in past 30 days | 29 | 21% | - | n/a | Vermont Child Health Improvement Program |
| Report at least weekly illicit drug use in past 30 days | 30 | 43% | _ | n/a | UNIVERSITY OF VERMONT COLLEGE OF MEDICINE |

http://www.youth-in-transition-grant.com

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