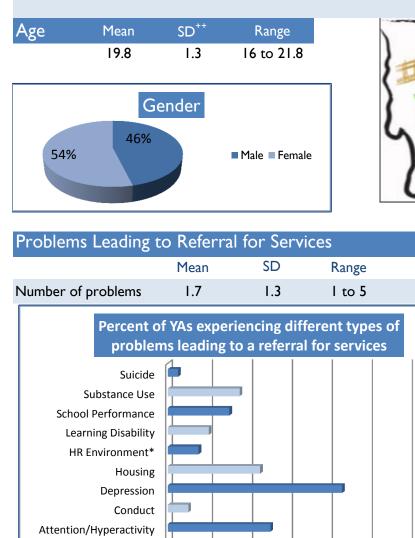
## YIT Descriptive Data: Who Are We Serving? Intake sample includes 39 young adults fromSt. Johnsbury.+



40%

30%

50%

60%

70%

Anxiety

0%

\*\*Note: A number of MH agencies also provide substance abuse treatment

<sup>+</sup>Sample size in any given category may vary due to missing data.

\*\*\*Other funds primarily include Reach Up, 3 Squares, and VHAP.

10%

20%

Adjustment related

<sup>++</sup>SD = standard deviation

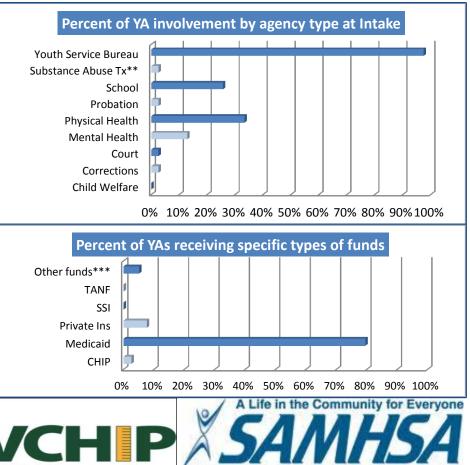
DSM diagnosis

\*Note: includes any type of high risk environment



Race/Ethnicity	n	Intake
White	36	92%
African American	Ι	3%
American Indian/Alaskan Native	0	0%
Asian	Ι	3%
Belonging to more than I race	I	3%
Not of Hispanic, Latino, Spanish origin	28	72%
Hispanic, Latino, or Spanish*	2	5%
*23% missing data for whother Hispanic Lating Spanis	h	

\*23% missing data for whether Hispanic, Latino, Spanish



Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINE Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

## Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 3/31/13)

St. Johnsbury

These findings come from young adults who completed *Common Study* interviews (except for Employment which are from *Vermont & National Studies*) when they started to receive YIT services in their communities (YIT Start). Fewer than 10 *Common Study* interviews were conducted at the 6-month follow-up, so no progress data is available. Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

ustice & Corrections	Sample size	YIT Start	6 mos	Progress	Symbol Key
Arrested in past 30 days	41	2%	-	n/a	at least 5%
Spent at least one night in correctional facility in past 30 days	36	0%	-	n/a	improved
					O No change
Education	Sample size	YIT Start	6 mos	Progress	
n school during the past 30 days	41	24%	-	n/a	at least 5% worse
8 and older who have completed High School or GED	41	59%	-	n/a	
8 and older who received post-secondary training (e.g., TECH, College)	41	17%	-	n/a	n/a Not applicable
Employment (from Vermont & National Studies)	Sample size	YIT Start	6 mos	Progress	- Less than 10
Report having a job in past 6 months.	28	68%	-	n/a	
					Sample Sizes
Health	Sample size	YIT Start	6 mos	Progress	Completed interview
Report they are currently in excellent or very good health	36	28%	-	n/a	at YIT Start 71
					Due for 6 month
Housing	Sample size	YIT Start	6 mos	Progress	tonow-up
Primarily living independently in past 30 days	41	22%	-	n/a	Completed 6 month
Primarily living with others in community in past 30 days	41	66%	-	n/a	follow-up
Primarily living in more restrictive settings in past 30 days	41	0%	-	n/a	
Spent most nights homeless in past 30 days	41	5%	-	n/a	
Spent at least one night homeless in past 30 days	30	7%	-	n/a	VIT
Relationships	Sample size	YIT Start	6 mos	Progress	5
Report agree or strongly agree know people they can rely on in past 30 days	35	83%	-	n/a	
Strengths	Sample size	YIT Start	6 mos	Progress	A Life in the Community for Everyone
Report agree or strongly agree can handle daily life in past 30 days	35	74%	-	n/a	Substance Abuse and Mental Health Services Administration
Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress	U.S. Department of Health and Human Services
Report anxious or depressed feelings all or most of the time in past 30 days	29	34%	-	n/a	
Report at least weekly tobacco use in past 30 days	30	60%	-	n/a	
Report at least weekly alcohol use in past 30 days	29	21%	-	n/a	Vermont Child Health Improvement Program
Report at least weekly illicit drug use in past 30 days	30	43%	_	n/a	UNIVERSITY OF VERMONT COLLEGE OF MEDICINE

http://www.youth-in-transition-grant.com

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