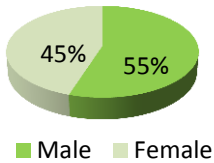


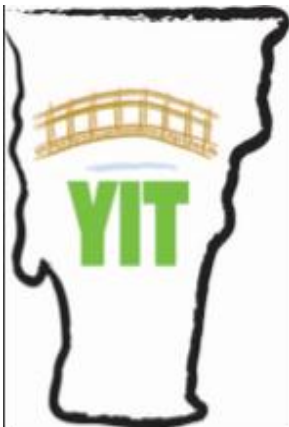
What young adults have to say about health care and health care coverage.

93 young adults receiving services as part of Vermont's Youth in Transition grant were asked about their health care utilization, quality and insurance. This information was collected at the time they began receiving mental health or related services in their community.

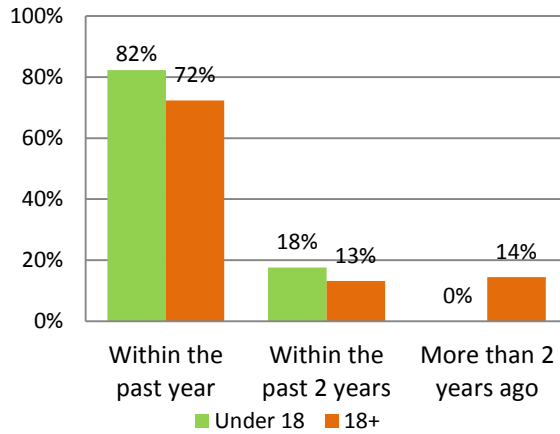
Gender



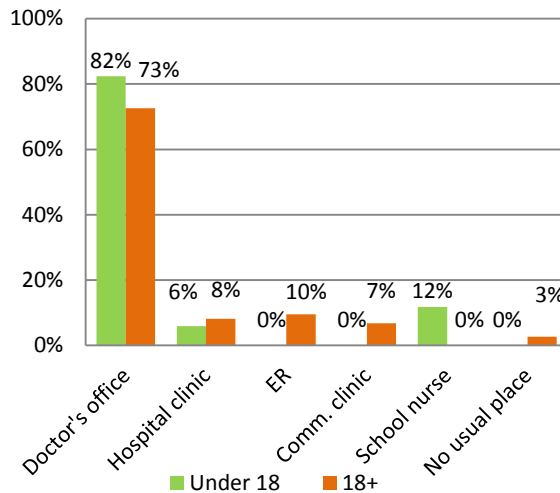
Race	%
African American	3%
American Indian/Alaskan Native	0%
Asian	2%
Belonging to more than 1 race	9%
White	86%



% of young adults who received routine health care by time period & age

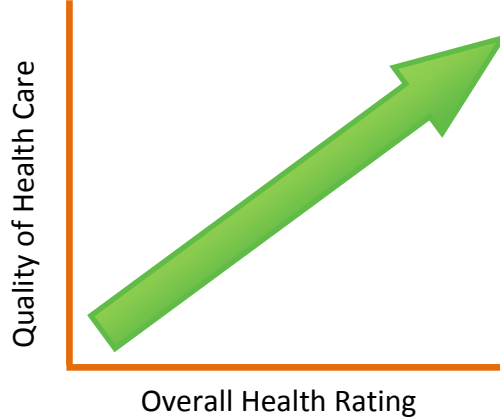
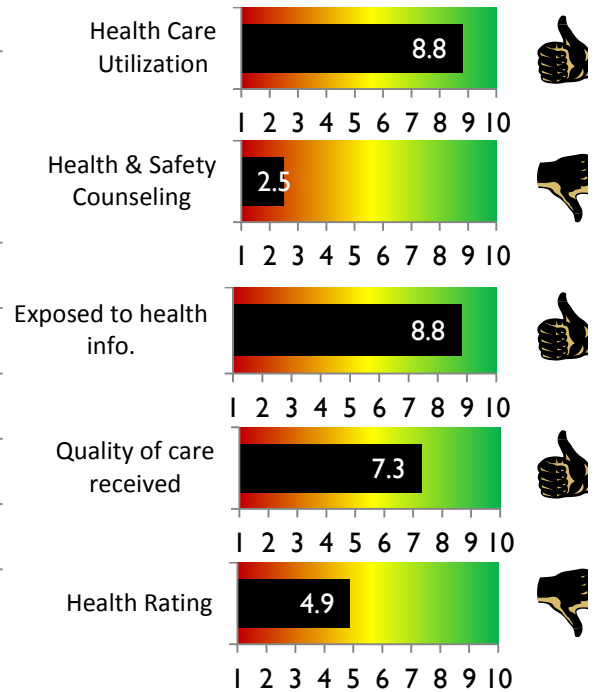


Where young adults go for care by age



Below are participants' average scores on scales from a questionnaire measuring health care among young adults. Higher scores are good with a maximum possible score of 10.

****Strengths** include health care utilization for routine visits on a regular basis, exposure to health & safety information, and good ratings of the quality of health care received.



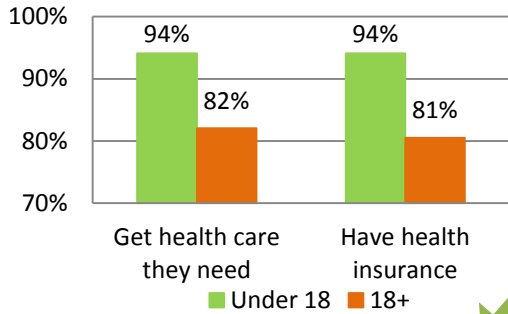
Quality of health care was positively associated with overall health rating: **young adults who endorsed greater quality health care, also rated themselves as healthier.**

(Correlation: .38, $p < .001$)

Similarly, young adults who endorsed greater exposure to health information also rated themselves as healthier (Correlation: .21, $p < .05$).

What helps or prevents young adults from getting the care and coverage they need?

Young adults access to health care & insurance by age



Young adults were asked:

Q: Do you have the health care you need?

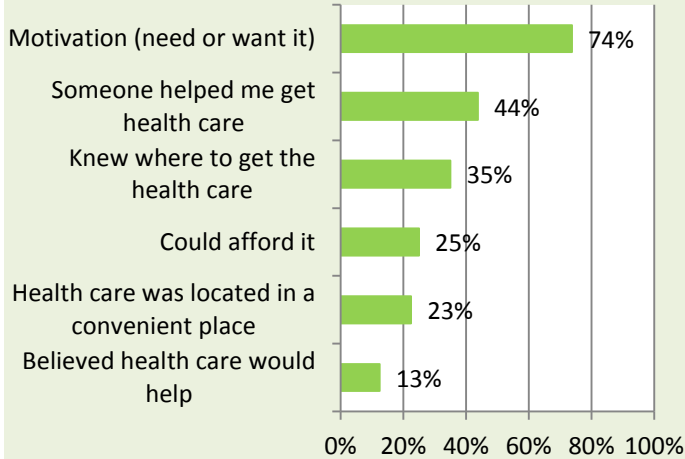
O: Do you have health insurance?

If they answered YES to either/both

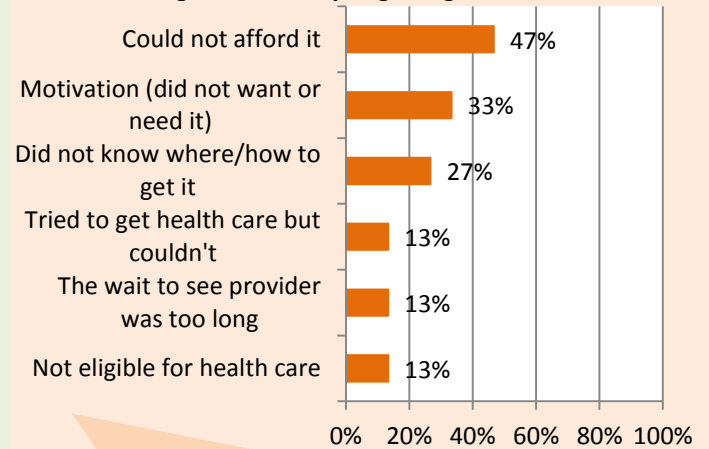
questions, they were asked: What helps you to have it?

If they answered NO to either/both questions, they were asked: What gets in the way of you having it?

What helps in getting health care

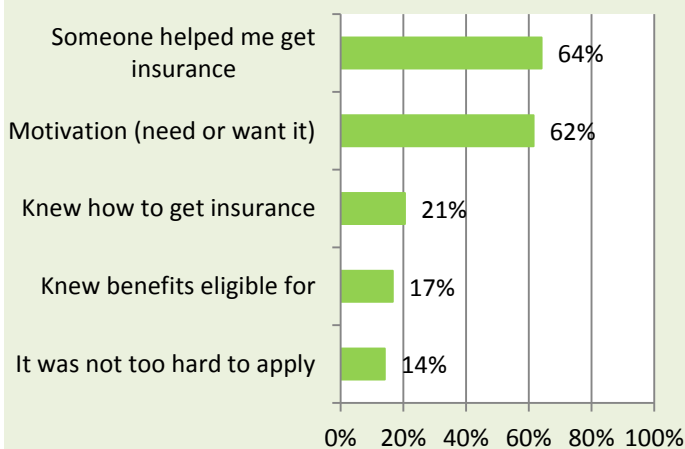


What gets in the way of getting health care

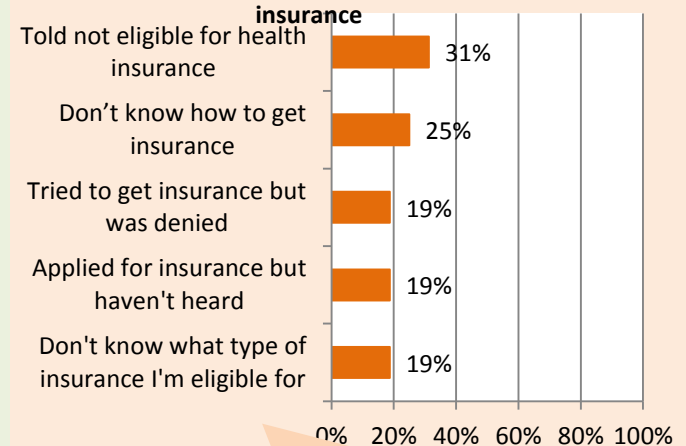


"But I'm scared to go to the doctor because last time I thought I had insurance but I didn't and I got stuck with a huge bill."
 "But no insurance so only when I really need it."

What helps in getting health insurance



What gets in the way of getting health insurance



"I turned 18 and lost Medicaid benefits."
 "I applied but was told I needed to pay several thousand to be covered."