# Vermont Youth in Transition Grant Bridging the gaps for young adults in Vermont Logic Model Summary



## OUR MISSION

Young Adults, families/adult allies and community partners collaborate to develop a system of care to support transition to adulthood. The system builds upon the strengths of young adults and creates an array of specialized mental health related services to meet their unique and changing needs. The system also fosters young adult leadership.

### **OUR VISION**

Young adults in Vermont are empowered, healthy, valued, and engaged in their communities



### GOALS TO ACHIEVE & STRENGTHEN REGIONAL SYSTEMS OF CARE

 Young adult leadership is developed in VT
Families/adult allies support young adults.
Workers use caring practices known to be helpful for young adults and families
System of Care partners gain cultural and lingustic competence (CLC).
Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma.
Effectiveness of the System of Care for young adults with SED is evaluated.
The State supports and sustains regional services for young adults.

### DESIRED OUTCOMES FOR INDIVIDUALS

1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration).

2.Increased number of young adults who are employed

3. Increased number of young adults partici pating in (of who completed) educational program.

4. Increased number of young adults who have access to, and are using, a medical home.

5. Increased number of young adults living in safe & stable housing.

6. Increased number of young adults who have caring & supportive relationships.

7. Increase Young Adults' strengths and protective factors

8. Improve young adults mental health

STRATEGIES TO ACHIEVE OUTCOMES FOR INDIVIDUALS Local and State Agencies develop and/or enhance their regional Systems of Care for youth in transition.

[via collaboration between representatives of adult and children's mental health, youth service, and criminal and juvenile justice agencies, young adults and family leaders, cultural organizations, and other community members; strategic planning in response to the "Invitation to Communities"; governance and management structures; use of data to inform decision-making; creation of policies and memoranda of agreement; leveraging of financial and other - including human - resources; and service delivery.]