

Barre Youth in Transition Semi Annual report

January-June 2014

Goals for strengthening the systems of care	<p>1: Young adult (YA) leadership is developed in VT.</p> <p>January</p> <ul style="list-style-type: none">• Heather Houle is still leading the T4C Youth Advisory Group in Washington County and planning monthly meetings. They have a “take” month where they do something that the entire group wants to do for a fun/bonding activity, and the next month is a “give” month where they give back to the community as a group. Depending on schedules some months will have both events.• Heather won the Young Adult Leadership Award last quarter in 2013 and we had a celebration for her at CYFS with her friends, family, co-workers from Chocolates for Change, local and state YIT Grant employees• January’s meeting was a give back month and 3 Young Male Adults participated in YIT Day at the Capital. <p>February</p> <ul style="list-style-type: none">• Heather is looking at the T4C membership to see who might be a good fit to become an assistant leader to help her.• The T4C group and Heather’s support has given A the confidence to apply for and get his first job. He has been a part of T4C since the beginning. <p>March</p> <ul style="list-style-type: none">• Heather is supporting the other two Young Adults to get employment. <p>April</p> <ul style="list-style-type: none">• Heather will be running the chocolates for change program by herself, doing all the farmers markets and working 6 days a week until September 2014. There was no T4C this month because of Heather’s schedule. Heather expressed the need of help from some of the members of T4C to step up, and considering who to ask. <p>May</p> <ul style="list-style-type: none">• Another T4C young adult, M, got a job! Heather has been talking to D about being her assistant leader for the T4C group. <p>June-</p> <ul style="list-style-type: none">• Heather supported a 3rd Young Adult, D from T4C to get a job!• D is also interested in taking on more responsibilities with the T4C group, but needs to balance that with his new job responsibilities. <p>2: Family/adult allies support young adults...</p> <p>January- We chose the Steakhouse Restaurant to hold The Family Round Table,</p>
----------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

FRT, meetings to see if we could get better attendance by offering a free meal with a training. We met January 28th. The topic was “Transitions”. Cindy Marshall and Joy Prior were the speakers, and we had 15 attend.

February- Lit had one family to support this month.

March-The LIT met this month supporting two families. SOC met after LIT with 5 attending.

April- FRT this month on April 30th at the Steak House Restaurant. The topic at the FRT was Functional Behavioral Assessments, and Cindy Marshall was the guest speaker.9 attended.

May- SOC met with 4 attending. The agenda discussions were the Head Start Annual Report and the Change in the name from CVCAC to Capstone Community Action.

June- Amy Continues to give out business cards and brochures to the families and schools, as she supports families at CSP and IEP meetings, and will send out more Brochures to Washington County Schools in the fall. A July FRT has been planned focused on Questions/Answers that families have about Mental Health, DMH, AOE, Community Services and School.

3: Workers use caring practices known to be helpful for young adults and families.

4: System of Care partners gains cultural & linguistic competence (CLC).

- Washington County has completed this part of the YIT Grant requirements and will not have CLC training unless there is a request to have it again.

5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma...

- The Youth Advisory Group continues to wear their shirts at Community events. They ordered sweatshirts with logos for winter month events.
- On Valentine’s Day the T4C group planned to give out carnations and their brochures to people at the Berlin Mall and Lennys/Rite Aid building in Barre. They would wear their sweatshirts to get the group more recognition from the public. A severe snow storm made it necessary to cancel. This activity will be rescheduled. Collaboration for this project was with Emslie’s Florist in Barre. They gave Heather a discounted price for the carnations and are willing to reorder when we reschedule the event.
- No T4C meeting in March. Heather continues to support the members through texting and phone calls, and supporting them to find employment.

6: Effectiveness of the Vermont System of Care for young adults with SED

January

- Intake team continues to collect Common Study follow-ups and /or discharge forms on our previous clients every 6 months.
- Intake team met Jan. 30th to discuss Youth involved in the YIT Grant and their needs and any updates on IFS and State Budget for sustainability for Youth in Transition money.
- Services and Costs are still being completed by VCHIP.
- We stopped needing the Common Study done on new clients as of October 1st, 2013. So no knowledge of any new clients to the YIT Grant for 2014.
- There were 5 requests for flex funds in January. Three phone cards, 1 client to pay for a drivers permit and one a computer tower who is in their last year a Randolph Tech, that needed to do homework online to graduate and planning on going to CCV in the Fall of 2014. One Follow up study done this month. No Discharges. One client completed the CIUF (Child Information update form.)

February

- 4 Flex fund requests: 1 to get phone card, 1 to purchase gas cards for the pilot program, 1 for Transition assistance, and 1 to help client get household cleaning products for her new apartment.
- We had three Youth age out and did Discharge forms
- One of those Youth had additional CIUF (Child Information Update Form) filled out as they had continued with the National Common Study.

March

- We had 4 Clients use Flex Funds this month for phone cards, 4 clients with 6 month Follow up reports, and 5 Discharge forms on clients

April

- Intake team met April 17th, 2014. 9 Young Adults used Flex Funds this month. 5 for phone cards, 1 baby carrier for a mom to be, 1 membership for to Body Tech Gym, 1 client needed bus tickets from GMTA to get to their therapy and 1 needed a driver's test and ID when passed the test. There was 1 client with a Follow up report and 5 client Discharge reports.

May

- 7 Flex Fund requests -1 for Clothes/Shoes for Job Interviews, 1 driving

	<p>lessons, 1 drivers test and phone card, 4 phone cards only.</p> <p>June</p> <ul style="list-style-type: none"> Two families supported at this month's LIT meeting. There were 9 requests for Flex Funds this month: 4 phone cards, 1 driver's license test, 1 driving lesson, 1 GMTA bus pass to get to therapy, 1 for gas card pilot program, and 1 for a tent. One client had a 6 month Follow up report.
	7: The State supports and sustains regional services for young adults....
Desired outcomes for young adults of transition-age	1. Decreased number of young adults involved in the corrections-2
	2. Increased number of young adults who are employed- 13
	3. Increased number young adults participating in (or who completed) educational programs- 4
	4. Increased number of young adults who have access to, and are using, a medical home- 3
	5. Increased number of young adults living in safe and stable housing- 8
	6. Increased number of young adults who have caring & supportive relationships- 8
	7. Increase in young adults' strengths and protective factors- 14
	8. Improved mental health for young adults- 9
System of Care Infrastructure Indicators (for federal TRAC):	Workforce Development The interagency professional development plan
	Organizational Change: NA
	Partnership/Collaboration: NA
	Types/Targets of Practice:

1. Problems

- Housing remains an issue in this district but we maintain the Nelson St. Apts. in Montpelier that have been good transitional housing for Washington County, but is limited to 6 apartments. This is an average 12 to 18 month housing opportunity.
- System of Care meetings are still meeting every other month. The May Reach Up Changes were discussed in January.

- There was no Intake meeting in February. Everyone's schedules surrounding February school breaks made it hard to get all together.
- There is no new information about the sustainability of the YIT Budget to continue this work.
- Two months without a T4C meeting. Young adults were supported individually though.
- May- We have \$3000.00 in the YIT Flex Fund Account to last us to the end of the Grant through September 2014. Michael and Amy discussed budgeting \$600.00 per month to make the money last through September. May had an increase of Coordinated Services' plan , CSP, meetings, CSP follow up meetings and IEP meetings resulting from the original CSP's.

2. Significant Findings and Events

- Heather Houle received the Young Adult Leadership Award for the last quarter of 2013.
- Heather also works for WCMHS Chocolates for Change program and is now full time.
- Heather is still getting Supervision weekly on Friday afternoon from either Cindy Marshall, Amy Lincoln Moore or Matt Wolf.
- The lack of T4C meetings was discussed, and what help Heather needs to get something scheduled. We decided that the first Friday of each month, Heather wouldn't have supervision but to take that time to devote to planning T4C meetings/events and make necessary phone calls

3. Dissemination activities

- Family Round Table poster for January meeting.

4. Other Activities

- YIT Statehouse day for Youth in Transition met at the Capital to visit with their representatives, write them personal stories of how their Youth Group has helped them and why it is important to sustain the budget to continue to help the Young Adults in this State.
- Amy co-facilitated two Mental Health First Aid, MHFA, trainings at the Grandview Building in Barre and Admin building for the second day. March 6th and March 14th.
- Two day MHFA training at WCMHS Grandview Ave. in Barre, April 6th and 14th.
- Eric Lucier attended Bob Bertolino Training at the Hilton in Burlington.