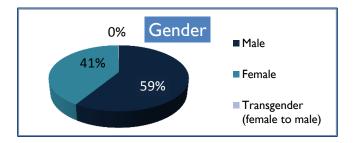
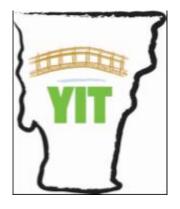
Youth in Transition (YIT) Descriptive Data: Who Are We Serving? - Vermont (4/1/10 - 3/31/12)

Intake sample includes 371 young adults from across Vermont.

Age	Mean	SD ⁺⁺	Range
	19.0	1.4	16 to 21.9



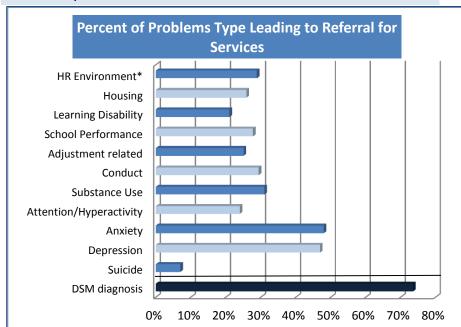


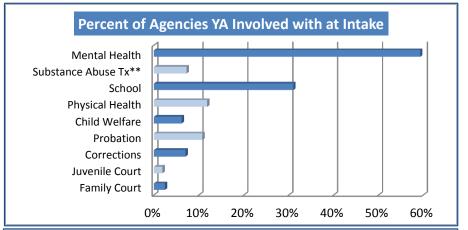
Race/Ethnicity	n	Intake
White	308	83%
African American	17	5%
American Indian/Alaskan Native	5	1%
Asian	П	3%
Belonging to more than I race	30	8%
Not of Hispanic, Latino, Spanish origin	316	85%
Hispanic, Latino, or Spanish*	13	4%
*110/	:_L	

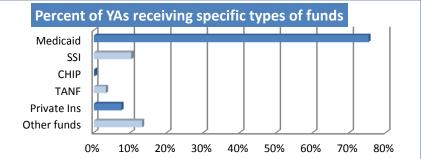
*11% missing data for whether Hispanic, Latino, Spanish

Problems Leading to Referral for Services

	Mean	SD	Range
Number of problems	3.4	2.6	0 to 16







^{**}Note: A number of MH agencies also provide substance abuse treatment





^{*}Sample size in any given category may vary due to missing data.

^{**}SD = standard deviation

^{*}Note: includes any type of high risk environment

Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 3/31/12)

Vermont

These findings come from young adults who completed Common Study interviews when they started to YIT services in their communities (YIT Start) AND 6 months later (except for Employment which are from Vermont & National Studies). Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

Arrested in past 30 days Spent at least one night in correctional facility in past 30 days Spent at least one night in correctional facility in past 30 days Band older who have completed High School or GED Band older who have completed High School or GED Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older who received post-secondary training (e.g., TECH, College) Band older	Justice & Corrections	Sample size	YIT Start	6 mos	Progress	Symbol Key
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Education Sample size YIT Start Samp	Spent at least one night in correctional facility in past 30 days	89	1%	1%		improved
In school during the past 30 days 18 and older who have completed High School or GED 84 58% 65% 18 and older who received post-secondary training (e.g.,TECH, College) 84 7% 10% 18 and older who received post-secondary training (e.g.,TECH, College) 84 7% 10% 10% 110 Not applicable 112 56% 53% 112 56% 53% 112 56% 53% 113						O No change
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Employment (from Vermont & National Studies) Report having a job in past 6 months. 112 56% 53% Health Sample size YIT Start 6 mos Progress Report they are currently in excellent or very good health 96 32% 29% Housing Sample size YIT Start 6 mos Progress Primarily living independently in past 30 days 112 12% 27% Primarily living with others in community in past 30 days 112 12% 27% Primarily living in more restrictive settings in past 30 days 112 6% 7% Spent most nights homeless in past 30 days 112 8% 4% Spent most nights homeless in past 30 days 112 8% 4% Spent at least one night homeless in past 30 days 115 91% 98% Strengths Report agree or strongly agree know people they can rely on in past 30 days 116 80% 87% Mental Health / Substance Use Report at least weekly alcohol use in past 30 days Report at least weekly blobacco use in past 30 days Report at least weekly blobacco use in past 30 days Report at least weekly blobacco use in past 30 days Report at least weekly blobacco use in past 30 days Progress Progress Sample size YIT Start 6 mos Progress Sample size YIT Start 6 mos Progress Sample size YIT Start 6 mos Progress Progress Sample size YIT Start 6 mos Progress Progress Report at least weekly blobacco use in past 30 days Primarily living independently in past 30 days Primarily living with others in past 30 days Primarily living in more restrictive settings in past 30 days Primarily living in more restrictive settings in past 30 days Primarily living in more restrictive settings in past 30 days Primarily living in more restrictive settings in past 30 days Progress Progre	18 and older who have completed High School or GED	84	58%	65%		
Report having a job in past 6 months. 112 56% 53% Health Sample size YIT Start 6 mos Progress Report they are currently in excellent or very good health 96 32% 29% Housing Sample size YIT Start 6 mos Progress Housing Sample size YIT Start 6 mos Progress 112 12% 27% Primarily living independently in past 30 days 112 12% 27% Primarily living in more restrictive settings in past 30 days 112 6% 7% Spent most nights homeless in past 30 days 112 8% 4% Spent at least one night homeless in past 30 days 112 8% 4% Spent agree or strongly agree know people they can rely on in past 30 days Report agree or strongly agree can handle daily life in past 30 days 116 80% 87% Mental Health / Substance Use Report are least weekly alcohol use in past 30 days Report at least	18 and older who received post-secondary training (e.g., TECH, College)	84	7%	10%		n/a Not applicable
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Health Sample size YIT Start 6 mos Progress	Report having a job in past 6 months.	112	56%	53%		
Report they are currently in excellent or very good health 96 32% 29% Housing Sample size YIT Start 6 mos Progress Frimarily living independently in past 30 days 112 12% 27% Primarily living in more restrictive settings in past 30 days 112 6% 7% Spent most nights homeless in past 30 days 112 8% 4% Spent aleast one night homeless in past 30 days Report agree or strongly agree know people they can rely on in past 30 days Strengths Report agree or strongly agree can handle daily life in past 30 days Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Progress 116 80% 80% 80% 80% 80% 80% 80% 80						Sample Size
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Relationships Report agree or strongly agree know people they can rely on in past 30 days Strengths Report agree or strongly agree can handle daily life in past 30 days Ilfo 80% 87% Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Progress Sample size YIT Start 6 mos Progress Sample size YIT Start 6 mos Progress Sample size YIT Start 6 mos Progress Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days	Primarily living in more restrictive settings in past 30 days	112	6%	7%		
Relationships Report agree or strongly agree know people they can rely on in past 30 days Strengths Report agree or strongly agree can handle daily life in past 30 days Il6 80% 87% Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Progress 848% Vermont Child Health Improvement Program Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI Ver	Spent most nights homeless in past 30 days	112	8%	4%		
Report agree or strongly agree know people they can rely on in past 30 days Strengths Report agree or strongly agree can handle daily life in past 30 days 116 80% 87% Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Progress Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days	Spent at least one night homeless in past 30 days	88	17%	6%		
Strengths Report agree or strongly agree can handle daily life in past 30 days Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Progress A Life in the Community for Everyone Sample size YIT Start 6 mos Progress 22% 23% 48% Progress Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Progress 22% 23% Wermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI UNIVERSITY OF VERMONT COLLEGE OF MEDICINI	Relationships	Sample size	YIT Start	6 mos	Progress) /
Report agree or strongly agree can handle daily life in past 30 days Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Progress YIT Start 6 mos Progress 22% 23% Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Progress 22% 23% Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI	Report agree or strongly agree know people they can rely on in past 30 days	115	91%	98%		
Mental Health / Substance Use Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Progress Substance Abuse and Mental Health Services VIT Start 6 mos Progress 48% 98 14% 9% Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI	Strengths	Sample size	YIT Start	6 mos	Progress	A Life in the Community for Everyone
Report anxious or depressed feelings all or most of the time in past 30 days Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days Program Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Program Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days Report at least weekly illicit drug use in past 30 days	Report agree or strongly agree can handle daily life in past 30 days	116	80%	87%		Substance Abuse and Mental Health Services Administration
Report at least weekly tobacco use in past 30 days Report at least weekly alcohol use in past 30 days Report at least weekly alcohol use in past 30 days 98 14% 99% Vermont Child Health Improvement Program Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI UNIVERSITY OF VERMONT COLLEGE OF MEDICINI 188 199 199 190 190 190 190 190	Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress	U.S. Department of Health and Human Services
Report at least weekly alcohol use in past 30 days Report at least weekly illicit drug use in past 30 days 98 14% 9% Vermont Child Health Improvement Program UNIVERSITY OF VERMONT COLLEGE OF MEDICINI UNIVERSITY OF VERMONT COLLEGE OF ME	Report anxious or depressed feelings all or most of the time in past 30 days	92	22%	23%		
Report at least weekly illicit drug use in past 30 days 99 22% 20% UNIVERSITY OF VERMONT COLLEGE OF MEDICINI	Report at least weekly tobacco use in past 30 days	98	52%	48%		
Report at least weekly illicit drug use in past 30 days 99 22% 20% UNIVERSITY OF VERMONT COLLEGE OF MEDICINI	Report at least weekly alcohol use in past 30 days	98	14%	9%		Vermont Child Health Improvement Program
			22%	20%		UNIVERSITY OF VERMONT COLLEGE OF MEDICINE

Youth in Transition Grant (YIT) Satisfaction Indicators (4/1/10 to 3/31/12)

Young adults who completed *Common Study* interviews 6 months after starting YIT were asked how much they agreed the services and supports they received were (1) *appropriate*, (2) *included their participation*, and (3) *culturally sensitive*. Note: Questions were asked by the young adults' service providers.

ts' service providers.

Strongly
disagree

Disagree

Undecided Agree
agree

represent the average

1 2 3 4 5



Vermont

Sample Size @ 6 months =

116

To provide more detail about what young adults think about their

Bars represent the average	l	2	3	4	5
ratings for each category.					
Overall Satisfaction Average rating for				4.29	
all satisfaction items					

Appropriateness

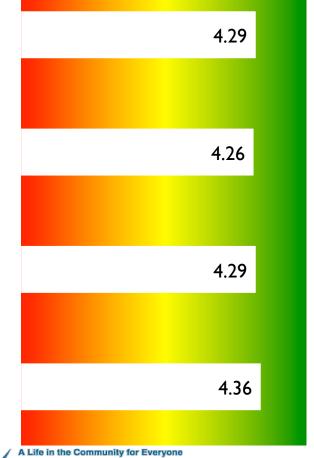
Young adults received services they wanted, needed, and were right for them

Participation

Young adults were involved in treatment, services, and goals

Cultural Sensitivity

Staff interacted with young adults in culturaly sensitive manner



Appropriateness	% Agree
Overall, I am satisfied with the services I received.	97%
The people helping me stuck with me no matter what.	96%
I felt I had someone to talk to when I was troubled.	95%
The services I received were right for me.	96%
I got the help I wanted.	92%
I got as much help as I needed.	90%

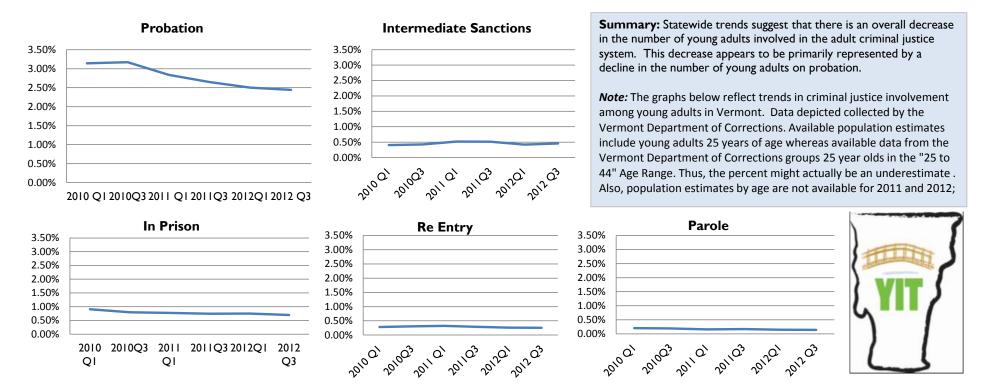
services, the specific items are listed below along with the percentage of young adults who reported they agree or strongly agree with each item.

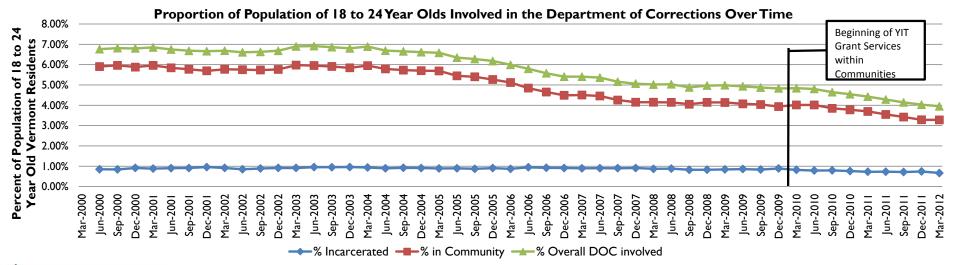
Participation	% Agree
I helped to choose my services.	94%
I helped to choose my treatment goals.	91%
I participated in my treatment.	91%

Cultural Sensitivity	% Agree
Staff here treated me with respect.	98%
Staff respected my family's religious/spiritual beliefs.	90%
Staff spoke with me in a way that I understood.	97%
Staff was sensitive to my cultural / ethnic background.	94%



Criminal Justice Involvement (State of Vermont Data)









Criminal Justice Involvement (State of Vermont Data)



