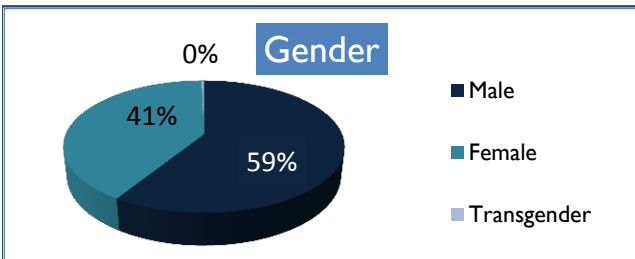
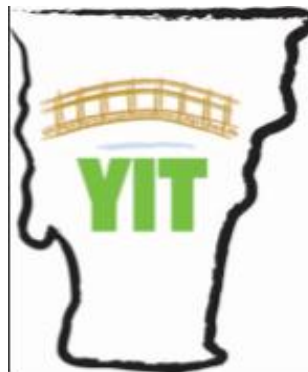


# Youth in Transition (YIT) Descriptive Data: Who Are We Serving? - Vermont (4/1/10 - 12/31/11)

Intake sample includes 314 young adults from across Vermont.\*

Age	Mean	SD**	Range
	19.1	1.4	16 to 21.9

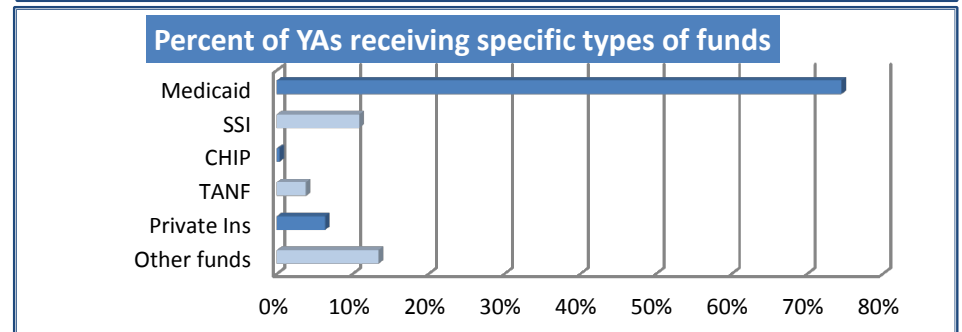
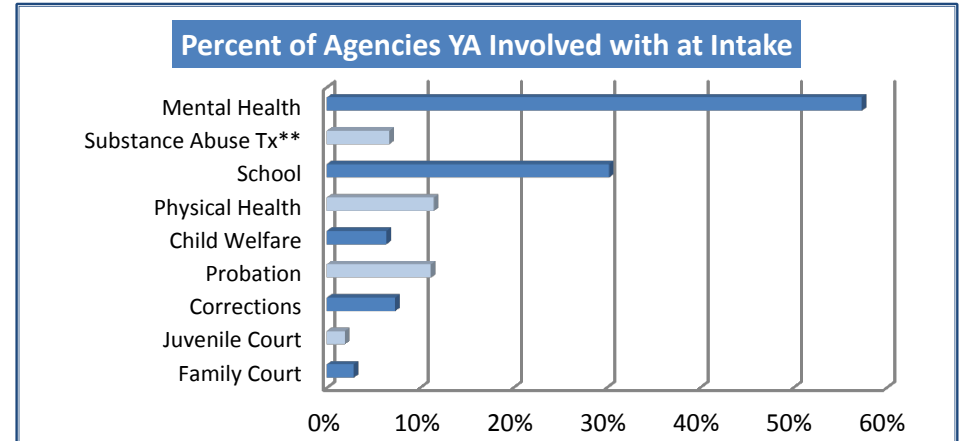
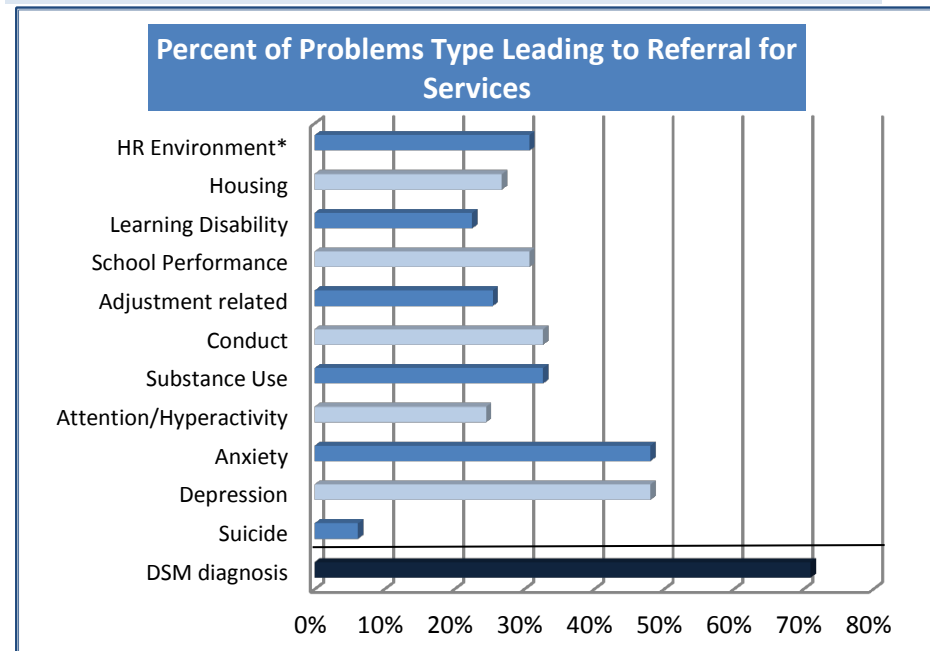


Race/Ethnicity	n	Intake
White	267	85%
African American	13	4%
American Indian/Alaskan Native	3	1%
Asian	8	3%
Belonging to more than 1 race	20	6%
Not of Hispanic, Latino, Spanish origin	266	85%
Hispanic, Latino, or Spanish*	9	3%

\*12% missing data for whether Hispanic, Latino, Spanish

## Problems Leading to Referral for Services

Number of problems	Mean	SD	Range
	3.4	2.6	0 to 16



\*Sample size in any given category may vary due to missing data.

\*\*SD = standard deviation

\*Note: includes any type of high risk environment

\*\*Note: A number of MH agencies also provide substance abuse treatment



# Youth in Transition Grant (YIT) Outcome Indicators - Vermont (4/1/10 to 12/31/11)

These findings come from young adults who completed *Common Study* interviews when they started to receive YIT services in their communities (**YIT Start**) **AND 6 months later** (except for *Employment* which are from *Vermont & National Studies*). Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

Justice & Corrections	Sample size	YIT Start	6 mos	Progress
Arrested in past 30 days	67	1%	3%	●
Spent at least one night in correctional facility in past 30 days	58	0%	2%	●

Education	Sample size	YIT Start	6 mos	Progress
In school during the past 30 days	78	50%	47%	n/a
18 and older who have completed High School or GED	59	56%	64%	●
18 and older who received post-secondary training (e.g., TECH, College)	59	5%	7%	●

Employment (from Vermont & National Studies)	Sample size	YIT Start	6 mos	Progress
Report having a job in past 6 months.	84	54%	54%	●

Health	Sample size	YIT Start	6 mos	Progress
Report they are currently in excellent or very good health	66	39%	29%	●

Housing	Sample size	YIT Start	6 mos	Progress
Primarily living independently in past 30 days	79	11%	29%	n/a
Primarily living with others in community in past 30 days	79	66%	54%	n/a
Primarily living in more restrictive settings in past 30 days	79	4%	6%	●
Spent most nights homeless in past 30 days	79	10%	3%	●
Spent at least one night homeless in past 30 days	57	21%	5%	●

Relationships	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree know people they can rely on in past 30 days	83	92%	99%	●

Strengths	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree can handle daily life in past 30 days	83	82%	90%	●

Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress
Report anxious or depressed feelings all or most of the time in past 30 days	64	19%	23%	●
Report at least weekly tobacco use in past 30 days	66	52%	45%	●
Report at least weekly alcohol use in past 30 days	66	15%	9%	●
Report at least weekly illicit drug use in past 30 days	67	22%	15%	●

## Progress Key

● at least 5% improved

● No change

● at least 5% worse

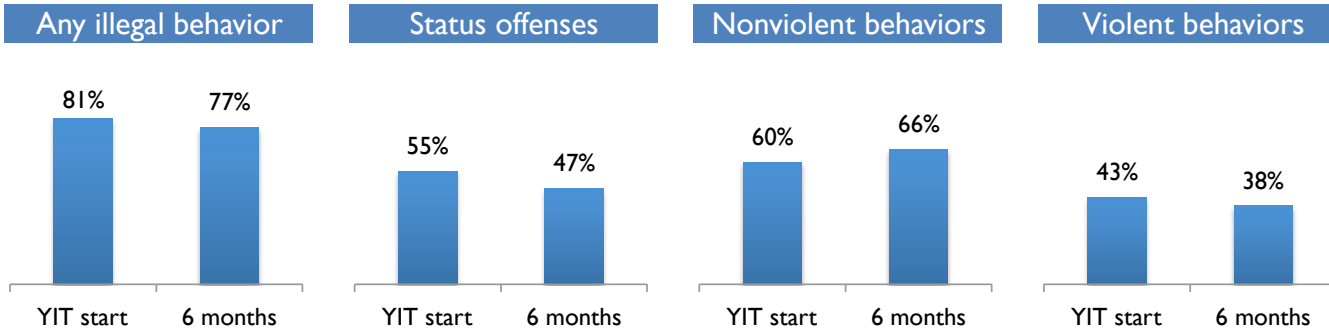
n/a Not applicable



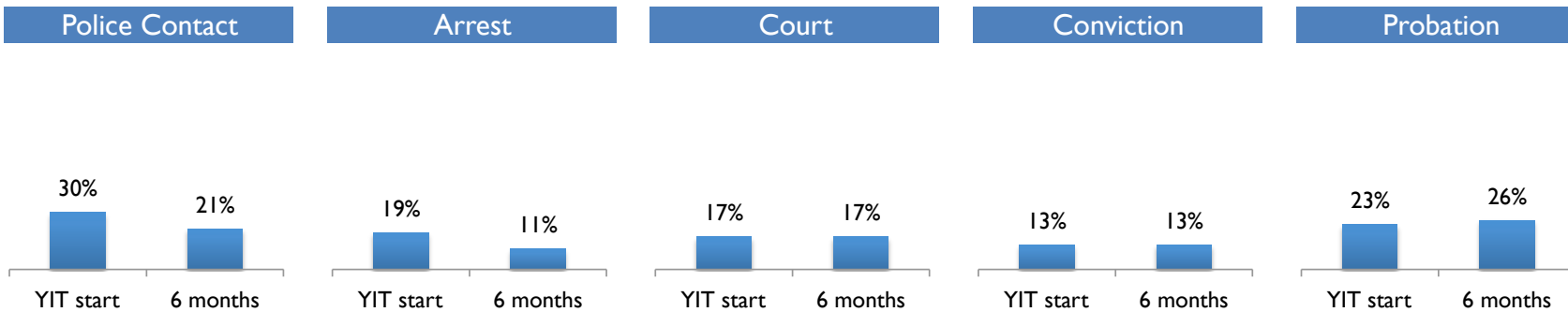
# Youth in Transition Grant (YIT) Justice System Involvement - Vermont (4/1/10 to 12/31/11)

These findings come from young adults who completed *National Study* interviews when they started to receive YIT services in their communities (**YIT Start**) AND **6 months** later. Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

## Young adult reports of illegal behavior for past 6 months *Sample size = 47*



## Young adult involvement with justice system for past 6 months *Sample size = 47*



## Activities for young adults involved with justice system *Sample Size = 11*

*In the past 6 months did you do any of the following because of your involvement with justice system?*

	YIT Start	6 Month
Met with probation officer or law enforcement	82%	83%
Received mental health services	27%	33%
Received substance abuse treatment	18%	25%
Other (e.g., attend school, job, curfew)	36%	42%

*How many avoided further contact with justice because of these activities?*

YIT Start	6 Month
50%	80%

*How many successfully followed their probation agreements?*

YIT Start	6 Month
91%	82%



<http://www.youth-in-transition-grant.com>  
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