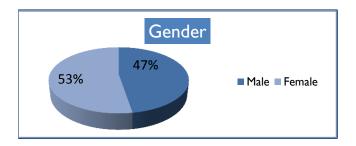
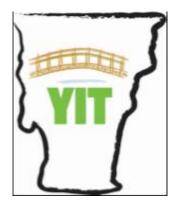
## YIT Descriptive Data: Who Are We Serving?

Intake sample includes 38 young adults fromSt. Johnsbury.

| Age | Mean | SD <sup>++</sup> | Range      |
|-----|------|------------------|------------|
|     | 19.8 | 1.3              | 16 to 21.8 |



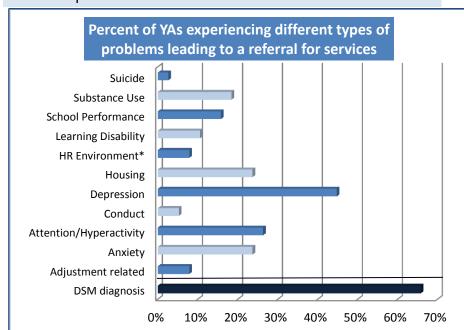


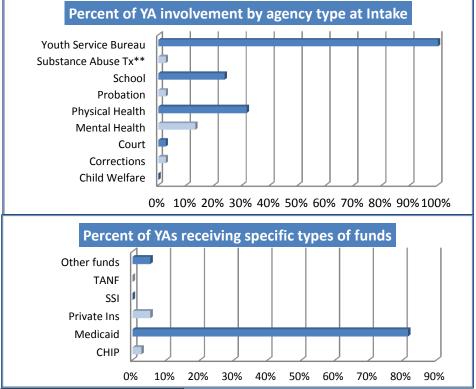
| Race/Ethnicity                          | n  | Intake |
|---|----|--------|
| White                                   | 35 | 92%    |
| African American                        | I  | 3%     |
| American Indian/Alaskan Native          | 0  | 0%     |
| Asian                                   | 1  | 3%     |
| Belonging to more than I race           | I  | 3%     |
|   |    |        |
| Not of Hispanic, Latino, Spanish origin | 27 | 71%    |
| Hispanic, Latino, or Spanish*           | 2  | 5%     |
| \$2.40/                                 |    |        |

\*24% missing data for whether Hispanic, Latino, Spanish

## Problems Leading to Referral for Services

|                    | riean | 30  | Ivalige |
|--------------------|-------|-----|---------|
| Number of problems | 1.8   | 1.3 | 0 to 4  |





<sup>\*\*</sup>Note: A number of MH agencies also provide substance abuse treatment





<sup>\*</sup>Sample size in any given category may vary due to missing data.

<sup>\*\*</sup>SD = standard deviation

<sup>\*</sup>Note: includes any type of high risk environment

## Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 6/30/12)

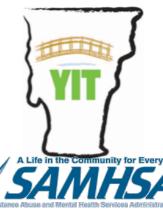
## St. Johnsbury

These findings come from young adults who completed Common Study interviews (except for Employment which are from Vermont & National Studies) when they started to receive YIT services in their communities (YIT Start). Fewer than 10 Common Study interviews were conducted at the 6-month follow-up, so no progress data is available. Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

| 1 0 1   |             | •         | •     |          |
|---|-------------|-----------|-------|----------|
| Justice & Corrections   | Sample size | YIT Start | 6 mos | Progress |
| Arrested in past 30 days  | 38          | 3%        | -     | n/a      |
| Spent at least one night in correctional facility in past 30 days       | 33          | 0%        | -     | n/a      |
|   |             |           |       |          |
| Education   | Sample size | YIT Start | 6 mos | Progress |
| In school during the past 30 days                                       | 38          | 21%       | -     | n/a      |
| 18 and older who have completed High School or GED                      | 36          | 64%       | -     | n/a      |
| 18 and older who received post-secondary training (e.g., TECH, College) | 36          | 17%       | -     | n/a      |
|   |             |           |       |          |
| Employment (from Vermont & National Studies)                            | Sample size | YIT Start | 6 mos | Progress |
| Report having a job in past 6 months.                                   | 27          | 67%       | -     | n/a      |
| Health  | Sample size | YIT Start | 6 mos | Progress |
| Report they are currently in excellent or very good health              | 33          | 30%       | -     | n/a      |
|   |             |           |       |          |
| Housing   | Sample size | YIT Start | 6 mos | Progress |
| Primarily living independently in past 30 days                          | 38          | 24%       | -     | n/a      |
| Primarily living with others in community in past 30 days               | 38          | 63%       | -     | n/a      |
| Primarily living in more restrictive settings in past 30 days           | 38          | 0%        | -     | n/a      |
| Spent most nights homeless in past 30 days                              | 38          | 5%        | -     | n/a      |
| Spent at least one night homeless in past 30 days                       | 30          | 7%        | -     | n/a      |
|   |             |           |       |          |
| Relationships   | Sample size | YIT Start | 6 mos | Progress |

| Symbol | Key               |
|--------|-------------------|
|        | at least 5%       |
|        | improved          |
|        | No change         |
|        | at least 5% worse |
| n/a    | Not applicable    |
| -      | Less than 10      |

| Sample Si | zes |
|-----------|-----|
| YIT Start | 38  |
| 6 mos     | 8   |





|  |             |           |       | · · · · · · · · · · · · · · · · · · · |
|--|-------------|-----------|-------|---------------------------------------|
| Mental Health / Substance Use  | Sample size | YIT Start | 6 mos | Progress                              |
| Report anxious or depressed feelings all or most of the time in past 30 days | 29          | 34%       | -     | n/a                                   |
| Report at least weekly tobacco use in past 30 days                           | 30          | 60%       | -     | n/a                                   |
| Report at least weekly alcohol use in past 30 days                           | 29          | 21%       | -     | n/a                                   |
| Report at least weekly illicit drug use in past 30 days                      | 30          | 43%       | -     | n/a                                   |

35

Sample size

35

83%

YIT Start

74%

6 mos

n/a

**Progress** 

n/a

Strengths

Report agree or strongly agree know people they can rely on in past 30 days

Report agree or strongly agree can handle daily life in past 30 days