

## YIT PROGRAM PROGRESS REPORT

1. Grant Number: 03150-5259
2. Grantee Name and Address: Boys and Girls Club of Rutland County  
44 Evelyn St, Rutland, VT 05701
3. Telephone Number: 802-747-4944
4. Project Title: Youth In Transition Center
5. Period of Performance from January 1, 2012 through June 30, 2012
6. Approved Project Period from January 1, 2012 through June 30, 2012
7. Author's Name and Telephone number: Jaymie Schuck, 802-747-4944 x16
8. Date of report: July 15, 2012
9. Comments (if any):

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The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

### **Two Program Progress Reports must be submitted for this sub-grant:**

1. one for the time period from July 1 – December 31, 2011 (due by January 31, 2012), and
2. one for the period from January 1 – June 30, 2012 (due by July 30, 2012).

### **Report Contents**

<b>1. Major Activities and Accomplishments During this Period</b>
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Total unduplicated Youth served: 153  
Total visits to the Center: 491  
Lunches served: 330  
Referrals: 25

“The Drop In Center” and Boys & Girls Club of Rutland County attended the Youth of the Year Celebration in Montpelier on April 19<sup>th</sup>. One of our youth, Scott Santamore, was nominated as the State of Vermont’s Youth of the Year and will represent “The Drop In Center”, the Boys and

Girls Club, and the state of Vermont in the upcoming regional competition in July in NYC. Congratulations Scott and Good Luck In New York.

The Drop In Center had 4 youth who use our resources on a regular basis find jobs in April, May and June.

The Drop In Center was awarded a \$2700 grant to hold an Outdoor Photography Program for youths ages 16 to 21 that were interested in learning how to photograph nature in Rutland County. The program will take place from January to mid-June 2012. The Center had 8 youth participate and learn a ton of skills, have a great time, and build great relationships.

Rutland Region Medical Center has been volunteering time at the Center informing our youth of help options for those who are interested in the NOT Program (Not On Tobacco). Sarah, a respiratory therapist with the hospital, comes to the Center weekly to offer her services, not only for smoking prevention and cessation but for many other medical related questions such as how to find a doctor, what to do if you do not have health insurance, what to ask at a doctor appointment, and what to expect at a doctor visit.

Sarah has already connected with a number of youth who are interested in quitting smoking. Sarah has been able to make relationships with these youth and they visit the Center regularly on Sarah's visitation days.

Sarah has also been able to link some of our youth with doctors in the area for basic medical attention. These doctors have taken on the youth as their primary care physicians.

**Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. *[This section of the report may be entered directly into the table below.]***

<p><b>Goals for strengthening the systems of care</b></p>	<p>1: Young adult (YA) leadership is developed in VT.</p> <p>By getting to know our key stakeholders, this will allow us to know what is expected of us from our stakeholders, and how we can continue to strengthen the systems of care. We hold collaborator meetings in April, August and November where our area stakeholders and collaborator's meet at "The Drop In Center" to discuss our successes and challenges. We discuss ways to better provide for our youths and talk about additional resources and trainings available to "The Drop In Center" staff and youths.</p> <p>Center staff participates in Rutland County's Adult Workforce Workshops to better prepare us in helping our young adults find and keep jobs.</p> <p>In addition, we regularly attend Rutland County's Women Collaborative meetings to discuss ways to better meet the needs of unemployed, untrained young women in the area.</p> <p>The Center staff has been building a collaboration with Vermont Coalition of Teen Centers and the Teen Bridges Program. We feel that VCTC helps build leadership qualities in our young adults and young adults around the state.</p>
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	<p>We recently received a grant for \$2700 from VCTC and its Teen Bridges Program. This rewarded is directly responsible for our Outdoor Photography program and is helping YA in the area acquire leadership skills.</p> <p>Center Staff and two youth attended the Young Adult Voice Movement in Castleton State College on June 1<sup>st</sup>.</p>
	<p>2: Family/adult allies support young adults....</p> <p>The Boys &amp; Girls Club and the “Drop In Center” hosted a listening session for young women ages 15-25 in April. The listening session was an opportunity for young women in the Rutland area to voice their concerns about a lack of resources and services to help them become independent. They were also able to comment on what problems they thought would benefit this age group and what resources would be most beneficial to them.</p>
	<p>3: Workers use caring practices known to be helpful for young adults and families.</p> <p>Our plan to accomplish this is continued training, participation in stakeholder and neighboring agencies meetings/projects, and continued conversation with our youth.</p> <p>The Center staff has been collaborating with Vermont Center for Independent Living (VCIL). VCIL has been volunteering their time for us, holding an Options Counseling hour when needed at the club, for youths that would like help with housing, health care, employment, and related paperwork. We are happy to have them working with us and our youth as it helps build our relationship with this great agency and provide caring practices helpful to our young adults and families.</p> <p>The Center staff regularly attends the Housing Trust and Housing Coalition meetings for Rutland. We are able to have the latest information on housing available for our youth and work towards a transitional living program for area youth.</p>
	<p>4: System of Care partners gain cultural &amp; linguistic competence (CLC)....</p>
	<p>5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma....</p>
	<p>6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....</p>
	<p>7: The State supports and sustains regional services for young adults....</p>

	<p>This is being developed by continued reporting and is becoming more useful over the course of the grant period.</p>
<p><b>Desired outcomes for young adults of transition-age</b></p>	<p>1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration).</p> <p>The Center staff continues street outreach, Center open hours for drop in, serving lunch, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals.</p> <p>We regularly attend local RAP Coalition meetings. RAP is the Rutland Area Prevention group that looks to find ways to prevent drug, alcohol, and tobacco use among the area residents, particularly among its young adults.</p> <p>The Drop In Center has been able to provide community service hours for youth in diversion programs. This gives youths opportunities to give back to the community it has harmed while avoiding time in juvenile facilities or local/county jails. We have been able to help several youth avoid incarceration by giving them another chance to prove themselves as contributing members of society.</p> <p>Jaymie attended a workshop in Ludlow Vermont on May 8<sup>th</sup>, “The Other 23 Hours”. This workshop was an informative session on re-entry programs for youth coming back in to their communities after incarceration. We discussed program options for residential in jail/prison youth that were currently were available to youth and should be available to youth prior to re-entry and post re-entry to ensure their success of not re-offending and re-entering the CRJ system.</p> <hr/> <p>2. Increased number of young adults who are employed....</p> <p>The Center has been able to increase youth employment with mock interview workshops, more extensive resume help, multiple job search resources, providing interview clothing through donations and thrift shops, providing work attire through other funding, and transportation (bus passes) privileges.</p> <p>We were able to connect 5 young adults who access the Center regularly with jobs during this last reporting period.</p> <hr/> <p>3. Increased number young adults participating in (or who completed) educational programs....</p>

	<p>The Center helped one of its regular young adults enroll in Vermont Adult Learning. He has, at the time of this report, completed his high-school equivalency and is enrolled in CCV for the fall.</p>
	<p>4. Increased number of young adults who have access to, and are using, a medical home....</p>
	<p>5. Increased number of young adults living in safe and stable housing....</p> <p>We have been able to help another homeless youth of the Center find safe housing. He is very grateful to have a warm safe place and bed to go to at night.</p>
	<p>6. Increased number of young adults who have caring &amp; supportive relationships....</p> <p>The Center also provides a strong support system for all youths that come to us involved in the criminal justice system or not. We provide community service "volunteer opportunities for those who have been court mandated for hours or those just looking for job experience. It seems that if The Center has a working relationship with a youth, they are less likely to follow a path of crime. This may be because the youth does not want to disrupt the relationship or disappoint those who support him/her at The Center</p>
	<p>7. Increase in young adults' strengths and protective factors....</p>
	<p>8. Improved mental health for young adults.</p> <p>This is slowly being addressed in the Rutland area.</p> <p>Jaymie attended the Mental Health Services Meeting in May at the Wellness Center in Rutland through Rutland Mental Health.</p>
<p><b>System of Care Infrastructure Indicators</b> (for federal TRAC):</p>	<p><u>Workforce Development:</u> Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....</p> <p>Unknown at this time</p> <p><u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them....</p> <p>None at this time</p>

	<p><u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....</p> <p>None at this time</p>
	<p><u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices....</p> <p>Unknown at this time</p>

**2. Problems**

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

None at this time

**3. Significant Findings and Events**

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

The Drop In Center was awarded a \$2700 grant to begin an Outdoor Photography Program for youths ages 16 to 21 that are interested in learning how to photograph nature in around Rutland County. The program period was from January 2012 to mid-June 2012.

**4. Dissemination activities**

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

Scot Santamore- Youth of the Year- Rutland Herald and Burlington Papers (April 2012)

## **5. Other Activities**

Jaymie and Sean volunteered at Rutland's Winter Fest in February. We saw many of our YA who access "The Drop In Center" enjoying the festival with their friends. We were able to talk with their friends, introduce ourselves, and inform them about the Center and what we have to offer. We have had some of the new YA visit the Center with our regular youth.

Brenda Bean & Co., with the state YIT Team, came to "The Drop In Center" for a "Site Visit" in March. She attended our collaborator's meeting scheduled for that afternoon and discussed some of the state team priorities for SAMSHA Grant centers across the state.

We currently have 2 Department of Labor summer employees for the Drop In Center and Boys & Girls Club. They are here to help every day with our street outreach program and Friday Night Live venue. Both are currently students with the College of St. Joseph's in Rutland and are working with us as part of their school/major curriculum requirements.

The Center staff continues street outreach, Center open hours for drop in, serving dinner, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals.

The Center also provides a strong support system for all youths that come to us involved in the criminal justice system or not. We provide community service "volunteer opportunities for those who have been court mandated for hours or those just looking for job experience. It seems that if The Center has a working relationship with a youth, they are less likely to follow a path of crime. This may be because the youth does not want to disrupt the relationship or disappoint those who support him/her at The Center.

## **6. Activities Planned for Next Reporting Period**

The Center staff will be open Monday through Thursday from 4-5:30 through August, serving dinner each day at 4:45.

Beginning August 29<sup>th</sup>, "The Drop In Center's" hours will resume with its regular school year schedule of Monday-Friday 11-2 with lunch at noon every day.

The Center staff will be attending Friday Night Live in downtown Rutland every Friday through August 10<sup>th</sup>. We will be promoting the Center and what it has to offer to the entire Rutland community. This is a great form of outreach where we make contact with nearly 50 new youth every Friday.

The Center staff will be attending Part II of TIPS training in Burlington July 10<sup>th</sup>.

We are holding basketball at the Knights of Columbus every Friday from 12:30-2pm until the end of August. Basketball hours for the school year have yet to be determined.

***DMH only:***

*Date received:* \_\_\_\_\_

*Approved by:* \_\_\_\_\_

*Date approved:* \_\_\_\_\_

*Approved by:* \_\_\_\_\_

*Date approved:* \_\_\_\_\_