YIT PROGRAM PROGRESS REPORT

1. Grant Number: C-YIT-FY12-RBGC

2. <u>Grantee Name and Address:</u> Boys and Girls Club of Rutland County

44 Evelyn St, Rutland, VT 05701

3. Telephone Number: 802-747-4944

4. Project Title: Youth In Transition Center

- 5. Period of Performance from July 1, 2011 through December 31, 2011
- 6. Approved Project Period from July 1, 2011 through June 30, 2012
- 7. Author's Name and Telephone number: Jaymie Schuck, 802-747-4944 x16
- 8. Date of report: January 16, 2012

9. Comments (if any):

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

Two Program Progress Reports must be submitted for this sub-grant:

- 1. one for the time period from July 1 December 31, 2011 (due by January 31, 2012), and
- 2. one for the period from January 1 June 30, 2012 (due by July 30, 2012).

Report Contents

1. Major Activities and Accomplishments During this Period

Total unduplicated Youth served: 204

Total visits to the Center: 625

Lunches served: 370

Referrals: 75

Sean Smart, a former volunteer youth, now employee, is our new cook for The Center. He began work in August and is doing an outstanding job for us.

Hard Core 4 a Cause (A Center donation event), took place on November 4th. All proceeds (admission and food donations) were given to the 802 Relief Foundation which provides

Vermont residents with needs and services such as clean water, firewood, and home repairs due to recent events like that of Hurricane Irene. Hard Core 4 a Cause was a big success. We were able to donate over \$200 and a ton of canned goods and cleaning products.

The Drop In Center had 3 youth who use our resources on a regular basis find jobs in November and December.

The Drop In Center has been awarded a \$2700 grant to begin an Outdoor Photography Program for youths ages 16 to 21 that are interested in learning how to photograph nature in Rutland County. The program will take place January to May 2012.

Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. [This section of the report may be entered directly into the table below.]

Goals for strengthening the systems of care

1: Young adult (YA) leadership is developed in VT.

By getting to know our key stakeholders, this will allow us to know what is expected of us, from our stakeholders, and how we can continue to strengthen the systems of care. We held collaborator meetings in August and November where our area stakeholders and collaborator's met at "The Drop In Center" to discuss our successes and challenges. We discussed ways to better provide for our youths and talked about additional resources and trainings available to "The Drop In Center" staff and youths.

Center staff participates in Rutland County's Adult Workforce Workshops to better prepare us in helping our young adults find and keep jobs.

In addition, we regularly attend Rutland County's Women Collaborative meetings to discuss ways to better meet the needs of unemployed, untrained young women in the area.

- 2: Family/adult allies support young adults....
- 3: Workers use caring practices known to be helpful for young adults and families.

Our plan to accomplish this is continued training and participation in stakeholder and neighboring agencies meetings/projects.

Center staff traveled to Lake Morey for a YIT training and sharing day in September. By discussing possible ways to get more young adults involved in the Common and National Study, the Center has been able to bring several new youths on board for the study.

We are also planning to attend "Say it Straight" training with the Rutland Area Prevention Coalition and have attended "Bridges out of Poverty" training through the Vermont Foodbank this past fall.

These training seminars are all known to be very positive for working with youths and their families.

- 4: System of Care partners gain cultural & linguistic competence (CLC)....
- 5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma....
- 6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....
- 7: The State supports and sustains regional services for young adults....

This is being developed by continued reporting and is becoming more useful over the course of the grant period.

Desired outcomes for young adults of transitionage

1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration).

The Center staff continues street outreach, Center open hours for drop in, serving lunch, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals.

We regularly attend local RAP Coalition meetings. RAP is the Rutland Area Prevention group that looks to find ways to prevent drug, alcohol, and tobacco use among the area residents, particularly among its young adults.

The Drop In Center has been able to provide community service hours for youth in diversion programs. This gives youths opportunities to give back to the community it has harmed while avoiding time in juvenile facilities or local/county jails. We have been able to help several youth avoid incarceration by giving them another chance to prove themselves as contributing members of society.

Jaymie participated as a Panel member for a panel discussion at the Rutland Free Library in December. The film discussed was "Troop 15", which documented a Girl Scout Troop where several members' mothers were convicted criminals sentenced to time in a Texas prison. The film displayed the hardships of both mothers and daughters involved. The discussion was based on ways to help similar young girls in our area avoid following in the footsteps of their mothers and lead a life free of crime.

2. Increased number of young adults who are employed....

The Center has been able to increase youth employment with mock interview workshops, more extensive resume help, multiple job search resources, providing interview clothing through donations and thrift shops, providing work attire through other funding, and transportation (bus passes) privileges.

As mentioned earlier, a former volunteer to the Center is now the new cook for us five days a week.

We were able to connect 3 young adults who access the Center regularly with jobs in December.

3. Increased number young adults participating in (or who completed) educational programs....

We have been working very closely with Job Corp. The Center has been able to help three individuals get accepted to this wonderful program.

The Center has also helped two more youths find the courage to enroll at CCV for the spring semester.

- 4. Increased number of young adults who have access to, and are using, a medical home....
- 5. Increased number of young adults living in safe and stable housing....

We have been able to (after 3 ½ very long months)help find a regular visitor of the Center and homeless youth find safe housing just before the snow started to fly. He is very grateful to have a warm place and bed to go to at night.

6. Increased number of young adults who have caring & supportive relationships....

The Center also provides a strong support system for all youths that come to us involved in the criminal justice system or not. We provide community service "volunteer opportunities for those who have been court mandated for hours or those just looking for job experience. It seems that if The Center has a working relationship with a youth, they are less likely to follow a path of crime. This may be because the youth does not want to disrupt the relationship or disappoint those who support him/her at The Center

7. Increase in young adults' strengths and protective factors....

8. Improved mental health for young adults.

This has been at a stand still for the past several months. Many services can not take on new clients at this time or are cutting back on funding. I will readdress this issue in the next bi-annual report.

System of Care Infrastructure Indicators (for federal TRAC):

<u>Workforce Development</u>: Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....

Unknown at this time

<u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them....

None at this time

<u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....

None at this time

<u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices....

Unknown at this time

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

None at this time

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

A former volunteer youth is now an employee; our new Drop In Center cook. He began working in August and is doing an outstanding job.

We had a new intern for the fall semester who worked with the Center staff and youth every Tuesday. She is a senior at Castleton College and is studying Social Work.

Sarah, a center staff member, has been invited to sit on the Children and Family Council for Prevention Programs. Their mission is to advocate and promote healthy children, families, and communities, as well as eradicate child abuse, delinquency, and other forms of violence.

The Center hosted guest speakers from the Rutland County Women's Network and Shelter with a presentation about sexual violence awareness and prevention.

Hard Core 4 a Cause took place on November 4th. All proceeds (admissions and food donations) were donated to the 802 Relief Foundation which provides Vermont residents with needs and services such as clean water, firewood, and home repairs due to recent events like that of Hurricane Irene. It was a big success. We were able to donate over \$200 and a ton of canned goods and cleaning products.

The Drop In Center was awarded a \$2700 grant to begin an Outdoor Photography Program for youths ages 16 to 21 that are interested in learning how to photograph nature in around Rutland County. The program will take place January 2012 to May 2012.

4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

Cider Magazine ad for Hard Core 4 a Cause in October

YAC: Young Adults for Change YIT leadership group created a Pocket Guide and Center information flyers to distribute throughout the community.

Alisha and Jaymie were invited to appear on PEG TV in November to talk about The Drop In Center and our collaboration with Rutland Mental Health. It was a half hour, informative program the aired the first week in December and can be seen on YouTube.

5. Other Activities

We currently have 2 new volunteers for the Drop In Center and Boys & Girls Club. Both volunteers have been paired with us through JOBS/Rutland Mental Health.

The Center staff continues street outreach, Center open hours for drop in, serving lunch, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals.

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6. Activities Planned for Next Reporting Period

The Center staff will continue to be open Monday through Friday from 11-2 until June, serving lunch every day at noon.

The Drop In Center will begin an Outdoor Photography Program for youths ages 16 to 21 that are interested in learning how to photograph nature in Rutland County. The program will take place January to May 2012.

The Center staff is in the process of planning another Center Fest to be held in April at the Knights of Columbus.

We will be holding basketball once again at the Knights of Columbus beginning February. Basketball will be scheduled for every Thursday from 5:15p to 6:30p through the end of the school year.

| DMH only: | |
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| Date received: | |
| Approved by: | Date approved: |
| Approved by: | Date approved: |