

YIT PROGRAM PROGRESS REPORT

1. Grant Number: 03150-5259
2. Grantee Name and Address: Boys and Girls Club of Rutland County
44 Evelyn St, Rutland, VT 05701
3. Telephone Number: 802-747-4944
4. Project Title: Youth In Transition Center
5. Period of Performance from January 01, 2013 through June 30, 2013
6. Approved Project Period from July 1, 2012 through June 30, 2013
7. Author's Name and Telephone number: Jaymie Schuck, 802-747-4944 x16
8. Date of report: July 8, 2013
9. Comments (if any):

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

Two Program Progress Reports must be submitted for this sub-grant:

1. one for the time period from July 1 – December 31, 2012 (due by January 31, 2013), and
2. one for the period from January 1 – June 30, 2013 (due by July 30, 2013).

Report Contents

1. Major Activities and Accomplishments During this Period

Total unduplicated Youth served: 137
Total visits to the Center: 322
Lunches served: 268
Referrals: 12

The Drop In Center had 3 youth who use our resources on a regular basis find jobs in the last six months.

Jaymie and Sarah attended the YIT Spring Sharing day in Randolph on March 19th. The Sharing Days are always a great event offering the opportunity to team-build, get to know and learn from other YIT groups around the state.

The Drop In Center and the Boys & Girls Club hosted four cycles of our PREP sexual education program ending in June. This program is available for youth age 12 to 21. We hosted this program for any qualified youth interested in participating. It is an 8 week information intensive sex-ed program based on the Vermont PREP Program (Personal Responsibility Education Program). *This is an evidence-based program* We were able to serve 48 youth during the grant period and look forward to serving more this coming FY14.

Center staff and 3 youth attended the Young Adult Voice Movement in June. Sean Smart, one of our outstanding youth, was nominated to receive the William E. Mickell Spirit of Youth Award. This award was presented at the YAVM conference. Sean and the entire staff at the Center and BGCRC are very proud and honored to have Sean chosen for this outstanding award.

Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. *[This section of the report may be entered directly into the table below.]*

Goals for strengthening the systems of care	<p>1: Young adult (YA) leadership is developed in VT.</p> <p>The YES Plan students from Rutland High School volunteered at the Center on Friday June 7th from 9am to 2pm. They painted the art room, steam cleaned the entire club's rugs, and gave the kitchen a much needed deep cleaning. The Center provided lunch for all 15 students and their chaperons.</p> <p>Center staff and 3 youth attended the Young Adult Voice Movement (YAVM) Conference in June. Sean Smart, one of our outstanding youth, was nominated to receive the William E. Mickell Spirit of Youth Award. Arrangements were made for a representative from the Governor's Office to present this award at the YAVM conference. Sean and the entire staff at the Center and BGCRC are very proud and honored to have Sean chosen for this outstanding award.</p>
	<p>2: Family/adult allies support young adults....</p>
	<p>3: Workers use caring practices known to be helpful for young adults and families.</p> <p>We accomplish this by continued training, participation in stakeholder and neighboring agencies meetings/projects, and continued conversation with our youth.</p>

	<p>Jaymie attended “The Malebox” training (sponsored by YIT) on May 23rd at the Killington Grand Hotel</p> <p>Jaymie, Sarah, and the rest of the BGCRC staff attended the Working with Youth Conference at the Killington Grand Hotel on May 24th</p> <hr/> <p>4: System of Care partners gain cultural & linguistic competence (CLC)....</p> <p>Jaymie participated in the Personal Responsibility Educational Program on addressing LGBTQ special issues and needs</p> <p>Jaymie participated in the “Myth of the Culture of Poverty” workshop. This workshop addressed and examined how poverty has harmful effects in school and in human services</p> <hr/> <p>5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma....</p> <p>The YES Plan students from Rutland High School volunteered at the Center on Friday June 7th from 9am to 2pm. This gave youth who would not normally seek out the resources that “The Center” provides, an opportunity to see the different cultures and socio-economic groups of their community.</p> <hr/> <p>6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....</p> <hr/> <p>7: The State supports and sustains regional services for young adults....</p> <p>This is being met by continued reporting and is more useful following every reporting period.</p>
<p>Desired outcomes for young adults of transition-age</p>	<p>1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration).</p> <p>The Center staff continues street outreach, Center open hours for drop in, serving lunch/dinner, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals. It seems that if The Center has a working relationship with a youth, they are less likely to follow a path of crime. This may be because the youth does not want to disrupt the relationship or disappoint those who</p>

	<p>support him/her at The Center</p> <p>We regularly attend local RAP Coalition meetings. RAP is the Rutland Area Prevention group that looks to find ways to prevent drug, alcohol, and tobacco use among the area residents, particularly among its young adults.</p> <p>The Drop In Center has been able to provide community service hours for youth in diversion programs. This gives youths opportunities to give back to the community it has harmed while avoiding time in juvenile facilities or local/county jails. We have been able to help several youth avoid incarceration by giving them another chance to prove themselves as contributing members of society.</p> <p>Every month, our initiative is to continue collaboration with Restorative Justice/Diversion, Juvenile Court Services, DOC, and probation and parole. Our goal is to aid in the reduction of the area crime rate committed by youthful offenders.</p> <p>Jaymie attended the Project Vision Meeting at the Rutland Police Department on May 9th and June 6th. This committee is working to find ways to help Rutland's residents feel safe from crime by reducing the drug and gang presence in the community.</p> <p>Probation and Parole volunteered 'direct service' during Center hours Tuesday through Friday for one hour a day (from the beginning of January through the first week of June). We hope that our collaboration with this very important agency will continue well into the future.</p>
	<p>2. Increased number of young adults who are employed....</p> <p>We were able to connect 3 young adults who access the Center regularly with jobs during this last reporting period.</p> <p>The Center has been able to increase youth employment with mock interview workshops, more extensive resume help, multiple job search resources, providing interview clothing through donations and thrift shops, providing work attire through other funding, and transportation (bus passes) privileges.</p> <p>Center staff participates in Rutland County's Adult Workforce Workshops to better prepare us in helping our young adults find and keep jobs.</p> <p>In addition, we regularly attend Rutland County's Women's Collaborative meetings to discuss ways to better meet the needs of unemployed, untrained young women in the area. This is a wonderful program for young women to learn a skilled trade and life skills through Stafford Tech in Rutland.</p>

	<p>In January, "The Center" hosted a new JOBS person, Robert. Robert learned new skills and earned valuable work experience while working as part of a team.</p> <p>"The Center" is in the process of locating a new JOBS (VOC REHAB) volunteer to help us with our cleaning and general maintenance. In return, we will be able to offer this person work experience and a possible job reference</p>
	<p>3. Increased number young adults participating in (or who completed) educational programs....</p> <p>The Center helped 1 of its regular young adults enroll in Vermont Adult Learning. She is currently attending daily classes</p> <p>The Drop In Center and the Boys & Girls Club hosted four cycles of our PREP sexual education program ending in June. This program is available for youth age 12 to 21. We hosted this program for any qualified youth interested in participating. It is an 8 week information intensive sex-ed program based on the Vermont PREP Program (Personal Responsibility Education Program). *This is an evidence-based program* We were able to serve 48 youth during the grant period and look forward to serving more this coming FY14.</p>
	<p>4. Increased number of young adults who have access to, and are using, a medical home....</p>
	<p>5. Increased number of young adults living in safe and stable housing....</p> <p>Jaymie attends monthly meetings for the Partnership for Homeless Youth Association. These take place one to twice a month at the Rutland Housing Trust or at "The Drop In Center".</p> <p>The Center staff regularly attends the Housing Trust and Housing Coalition meetings for Rutland. We are able to have the latest information on housing available for our youth and work towards a transitional living program for area youth.</p> <p>Jaymie attends Rutland's Continuum of Care meetings at the Rutland Police Department on a regular basis.</p>
	<p>6. Increased number of young adults who have caring & supportive relationships....</p> <p>The Center provides a strong support system for all youths that come to us.</p>

	7. Increase in young adults' strengths and protective factors....
	8. Improved mental health for young adults....
System of Care Infrastructure Indicators (for federal TRAC):	<u>Workforce Development</u> : Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs.... Unknown
	<u>Organizational Change</u> : Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them.... None at this time
	<u>Partnership/Collaboration</u> : Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements.... Unknown
	<u>Types/Targets of Practice</u> : Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices.... Unknown

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

None at this time

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

PREP administrators visited the Rutland BGCRC site on May 8th to evaluate our grant funded sexual education program for youth up to age 21. We received a very positive review with very positive feedback on this visit. Attached is a copy of this letter.

4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

Jaymie was on PEG TV to talk about “The Drop In Center” on January 15th. This was an opportunity to offer information about the Center and the resources we offer during a half-hour television program.

5. Other Activities

By getting to know our key stakeholders, this will allow us to know what is expected of us from our stakeholders, and how we can continue to strengthen the systems of care. We hold collaborator meetings in April, August and October/November where our area stakeholders and collaborator’s meet at “The Drop In Center” to discuss our successes and challenges. We discuss ways to better provide for our youths and talk about additional resources and trainings available to “The Drop In Center” staff and youths.

Jaymie attended Project Board Training March through April. This training introduced various important responsibilities of non-profit board members. It covered how to be productive and a good participant for non-profits.

Jaymie and Sarah attended the YIT Spring Sharing day in Randolph on March 19th. The Sharing Days are always a great event offering the opportunity to team-build, get to know and learn from other YIT groups around the state.

Sarah attended a grant writing workshop given here, at BGCRC, on June 17th.

Center staff attended CPR/1st Aid training at BGCRC on June 18th

Jaymie attended the Rutland Nutritional Coalition meeting on June 11th. Discussion was centered around how to feed our low SES Rutland area youth.

6. Activities Planned for Next Reporting Period

Plans for continued community outreach in 2013 include continued collaboration with Restorative Justice/ Diversion, Juvenile Court Services, DOC, and probation and parole. This will help us bridge the gap between young repeat offenders and the CRJ system. We are doing this in hopes of decreasing young offenders' participation in re-offending. Our goal is to aid in the reduction of the area crime rate committed by youthful offenders.

The Center staff will continue to be open for the summer serving a free dinner at 4:45pm

"The Center" is in the process of locating a new JOBS (VOC REHAB) volunteer to help us with our cleaning and general maintenance. In return, we will be able to offer this person work experience and a possible job reference

The Center staff will continue to attend the Women's Collaborative meetings.

Jaymie will continue to attend the Partnership for Homeless Youth meetings monthly.

"The Drop In Center" staff will be holding a Collaborator's meeting in October.

The "Drop In Center" staff will perform Street Outreach every Monday, Wednesday, Thursday, and Friday afternoon June through August 16th

We will participate in 3 Friday Night Live(s) through the months of June, July, and August. We make contact with over 150 youth during these evening events and are able to promote the Center and what it has to offer to the entire Rutland community. This is a great form of outreach where we make contact with many new youth every Friday.

The Center will participate in the Rutland Ethnic Festival on August 2th. This is a great opportunity to meet Young Adults who were able to use our services.

The Drop In Center and the BGCRC are hosting a 5th cycle of our PREP sexual education program in September and a 6th cycle in October.

DMH only:

Date received: _____

Approved by: _____

Date approved: _____

Approved by: _____

Date approved: _____