

## YIT PROGRAM PROGRESS REPORT

1. Grant Number: 03150-5259
2. Grantee Name and Address: Boys and Girls Club of Rutland County  
44 Evelyn St, Rutland, VT 05701
3. Telephone Number: 802-747-4944
4. Project Title: Youth In Transition Center
5. Period of Performance from January 01, 2014 through June 30, 2014
6. Approved Project Period from July 1, 2013 through June 30, 2014
7. Author's Name and Telephone number: Larry Bayle and Dennis McNichols, 802-747-4944
8. Date of report: July 8, 2014
9. Comments (if any):

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The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

### **Two Program Progress Reports must be submitted for this sub-grant:**

1. one for the time period from July 1 – December 31, 2013 (due by January 31, 2014), and
2. one for the period from January 1 – June 30, 2014 (due by July 30, 2014).

### **Report Contents**

#### **1. Major Activities and Accomplishments During this Period**

Total unduplicated Youth served: 121  
Total visits to the Center: 287  
Lunches served: 221  
Referrals: 12

The Drop-in Center had 4 youth who use our resources on a regular basis find jobs in the last six months.

Jaymie Shuck has left the position and Dennis McNichols has taken her place. Dennis attended the Bob Bertalino training “Thriving on the Front” but was not able to attend or bring young adults to the VFFCMH Leadership Academy for Young Adults due to a family emergency. Sarah Shrieber has also moved on to another job and Kwame Jones has taken her position.

Dennis, Kwame, and Larry Bayle have started a basketball league in the low income part of Rutland with the Rutland Police Department. The police play ball with the kids from the Center and other kids from the neighborhood as part of outreach for The Center. This outreach has been missing in the last 6 months at the Center and is one of the priorities of Dennis and Kwame.

Before Jaymie left in April, she hosted five cycles of our PREP sexual education program ending in June at the Drop-In Center located at the Boys & Girls Club of Rutland County. This program is available for youth age 12 to 21. We hosted this program for any qualified youth interested in participating. It is an 8 week information intensive sex-ed program based on the Vermont PREP Program (Personal Responsibility Education Program). \*This is an evidence-based program\*. We were able to serve 54 youth during the grant period and look forward to serving more in FY15.

**Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. *[This section of the report may be entered directly into the table below.]***

<b>Goals for strengthening the systems of care</b>	<p>1: Young adult (YA) leadership is developed in VT.</p> <p>The YES Plan students from Rutland High School volunteered at the Center again on Friday June 10<sup>th</sup> from 9am to 2pm. They painted the art room, planted flowers in the front and back of the Boys &amp; Girls Club, and gave the kitchen a much needed deep cleaning. The Center provided lunch for all 17 students and their chaperons.</p> <p>Sean Smart (one of our outstanding youth who was awarded the 2013 William E. Mikell Spirit of Youth Award) continues to work for the Center and the Boys &amp; Girls Club and has been promoted to Kitchen Coordinator.</p>
	<p>2: Family/adult allies support young adults....</p> <p>We held an end-of-year Family night at the Center. A number of parents and youth showed up for dinner and a chance to connect with other community members.</p>
	<p>3: Workers use caring practices known to be helpful for young adults and families.</p> <p>We accomplish this by continued training, participation in stakeholder and neighboring agencies' meetings/projects, and continued conversation with our</p>

	<p>youth.</p> <p>Dennis, Larry and the rest of the BGCRC staff attended the Working with Youth Conference at the Burlington Hilton in May.</p> <hr/> <p>4: System of Care partners gain cultural &amp; linguistic competence (CLC)....</p> <p>Dennis and Kwame have been attending the monthly meetings for the “Vision project “ in Rutland to combat the opiate and heroin problem that has gained national notoriety .Both of them are participating in the Prevention sub-group that is creating and implementing programs to provide drug and alcohol education to Rutland youth by age 8.</p> <p>Kwame , Dennis and Larry along with the Rutland Police Department started a Thursday night basketball league at Meadow Street courts. The off-duty police officers along with the Center staff play with the Center kids and others from the Meadow Street neighborhood (where a lot of the Center kids live). We play from 5 to 8 each Thursday evening, and we plan to continue the league inside when the weather turns cold.</p> <hr/> <p>5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma....</p> <p>The YES Plan students from Rutland High School volunteered at the Center again on Friday June 10<sup>th</sup> from 9am to 2pm. This gave youth who would not normally seek out the resources that “The Center” provides, an opportunity to see the different cultures and socio-economic groups of their community.</p> <hr/> <p>6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....</p> <hr/> <p>7: The State supports and sustains regional services for young adults....</p> <p>This is being met by continued reporting and is more useful following every reporting period.</p>
<p><b>Desired outcomes for young adults of transition-age</b></p>	<p>1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration).</p> <p>The Center staff has resumed street outreach through the Thursday night basketball league. The Center also has open hours for drop-in, serving lunch/dinner, and engaging youth to build trust and caring relationships. The Center offers volunteer, service learning and internships for youth referred</p>

	<p>from many local organizations including Restorative Justice/ Diversion, Drug Court, Rutland High School, Vermont Adult Learning, and many more. Youth volunteering at the Center are also given career exploration, resumes, references, and job skills to help them succeed and reach their goals. It seems that if The Center has a working relationship with a youth, they are less likely to follow a path of crime. This may be because the youth does not want to disrupt the relationship or disappoint those who support him/her at The Center</p> <p>The Drop-in Center has been able to provide community service hours for youth in diversion programs. This gives youths opportunities to give back to the community it has harmed while avoiding time in juvenile facilities or local/county jails. We have been able to help several youth avoid incarceration by giving them another chance to prove themselves as contributing members of society.</p> <p>Every month, we continue collaboration with Restorative Justice/Diversion, Juvenile Court Services, DOC, and probation and parole. Our goal is to aid in the reduction of the area crime committed by youthful offenders.</p>
	<p>2. Increased number of young adults who are employed....</p> <p>We were able to connect 4 young adults who access the Center regularly with jobs during this last reporting period. Dennis and Kwame have been able to connect with youth and are growing the number of relationships with youth in transition.</p> <p>The Center has been able to increase youth employment with mock interview workshops, more extensive resume help, multiple job search resources, providing interview clothing through donations and thrift shops, providing work attire through other funding, and transportation (bus passes) privileges.</p> <p>In January, "The Center" hosted a new JOBS person, Robert. Robert learned new skills and earned valuable work experience while working as part of a team.</p> <p>"The Center" is in the process of locating a new JOBS (VOC REHAB) volunteer to help us with our cleaning and general maintenance. In return, we will be able to offer this person work experience and a possible job reference</p>
	<p>3. Increased number young adults participating in (or who completed) educational programs....</p> <p>The Center helped 1 of its regular young adults enroll in Vermont Adult Learning. She is currently attending daily classes.</p>

	<p>The Drop-in Center and the Boys &amp; Girls Club hosted five cycles of our PREP sexual education program ending in June. This program is available for youth age 12 to 21. We hosted this program for any qualified youth interested in participating. It is an 8 week information intensive sex-ed program based on the Vermont PREP Program (Personal Responsibility Education Program). *This is an evidence-based program*. We were able to serve 54 youth during the grant period and look forward to serving more this summer. Dennis is now trained to facilitate our PREP course. He will offer a PREP class in Rutland and Brandon this summer</p>
	<p>4. Increased number of young adults who have access to, and are using, a medical home....</p>
	<p>5. Increased number of young adults living in safe and stable housing....</p> <p>Dennis will be attending monthly meetings for the Partnership for Homeless Youth Association. These take place once or twice a month at the Rutland Housing Trust or at "The Drop-In Center".</p> <p>The Center staff regularly attends the Housing Trust and Housing Coalition meetings for Rutland. We are able to have the latest information on housing available for our youth and work towards a transitional living program for area youth.</p>
	<p>6. Increased number of young adults who have caring &amp; supportive relationships....</p> <p>The Center provides a strong support system for all youths that come to us.</p>
	<p>7. Increase in young adults' strengths and protective factors....</p>
	<p>8. Improved mental health for young adults....</p>
<p><b>System of Care Infrastructure Indicators</b> (for federal TRAC):</p>	<p><u>Workforce Development:</u> Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....</p> <p>Unknown</p> <p><u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them....</p>

	<p>Dennis McNichols has replace Jaymie and Kwamei Jones has replaced Sarah Schrieber. There is a renewed emphasis on outreach and program quality.</p>
	<p><u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....</p> <p>The Rutland Police Department</p>
	<p><u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices....</p> <p>Unknown</p>

**2. Problems**

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

We have replaced the previous YIT Director, as it was becoming apparent that she had lost motivation for the project.

**3. Significant Findings and Events**

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

See attached resumes.

**4. Dissemination activities**

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

Dennis was on PEG TV to talk about “The Drop-in Center” on June 16.. This was an opportunity to offer information about the Center and the resources we offer during a half-hour television program.

**5. Other Activities**

By getting to know our key stakeholders, this will allow us to know what is expected of us from our stakeholders, and how we can continue to strengthen the systems of care. We hold collaborator meetings in April, August and October/November where our area stakeholders and collaborator’s meet at “The Drop-In Center” to discuss our successes and challenges. We discuss ways to better provide for our youths and talk about additional resources and trainings available to “The Drop-in Center” staff and youths.

Center staff attended CPR/1<sup>st</sup> Aid training at BGCRC on June 19<sup>th</sup>.

**6. Activities Planned for Next Reporting Period**

Plans for continued community outreach in 2014 include continued collaboration with Restorative Justice/ Diversion, Juvenile Court Services, DOC, and probation and parole. This will help us bridge the gap between young repeat offenders and the CRJ system. We are doing this in hopes of decreasing young offenders’ participation in re-offending. Our goal is to aid in the reduction of the area crime rate committed by youthful offenders.

The Center staff will continue to be open for the summer serving a free dinner at 4:45 p.m. It will be open Friday nights from 5 to 8 p.m., in addition to the Thursday evening basketball.

“The Center” is in the process of locating a new JOBS (VOC REHAB) volunteer to help us with our cleaning and general maintenance. In return, we will be able to offer this person work experience and a possible job reference

We will participate in 3 Friday Night Live(s) through the months of July and August. We make contact with over 120 youth during these evening events and are able to promote the Center and what it has to offer to the entire Rutland community. This is a great form of outreach where we make contact with many new youth every Friday.

The Drop-in Center and the BGCRC are hosting a 6<sup>th</sup> cycle of our PREP sexual education program in September and a 7<sup>th</sup> cycle in October.

**DMH only:**

Date received: \_\_\_\_\_

Approved by: \_\_\_\_\_

Date approved: \_\_\_\_\_

Approved by: \_\_\_\_\_

Date approved: \_\_\_\_\_