

YIT PROGRAM PROGRESS REPORT

1. Grant Number: 03150-5247
2. Grantee Name and Address: North East Kingdom Community Action Inc.
PO Box 346
Newport Vermont 05855
3. Telephone Number: (802) 334-7316
4. Project Title: Youth in Transition Grant
5. Period of Performance from January 1st 2014 through June 30th 2014
6. Approved Project Period from January 1st, 2014 through June 30th 2014
7. Author's Name and Telephone number: Kathy Metras and Cat Vanasse (802) 334-7316
8. Date of report:
9. Comments (if any):
 - 1) Calendars of activities for the past quarter

The federal Government Performance and Results Act (GPRA) primarily focus on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

Two Program Progress Reports must be submitted for this sub-grant:

Report Contents

1. Major Activities and Accomplishments During this Period

Report both quantifiable and non-quantifiable accomplishments for the General Expectations and Regional Goals listed in Attachment A (see pages 3-5 of the grant award):

- Quantifiable accomplishments include numbers of youth/families served, people trained, support groups established, etc.
- Non-quantifiable accomplishments should be listed in chronological order. Describe any draft/final products in this section.

Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant.

Community Action Youth Services (CAYS) has opened 9 new youth and has reopened 2 previously closed youth.

YIT CM has closed 15 youth from the Youth-in-Transition Program for various reasons, including having no contact greater than 90 days, youth relocating, voluntary drop-out, or having aged out of the program. There are a total of 11 youth currently actively working and open with CAYS YIT CM.

CAYS has served a total of 72 youth in one form or another through the Youth-in-Transition Program.

<p>Goals for strengthening the systems of care</p>	<p>1: Young adult (YA) leadership is developed in VT.</p> <p>Required activity: <i>Operate in accordance with continuing input from key stakeholders (including youth and family members) within the regional systems of care.</i></p> <ul style="list-style-type: none"> • Our collaboration with the Newport Parks and Recreation department has continued incredibly. After building the skate park last fall, we now have 2 young adult supervisors and about 4 work experience participants opening a skate park rental facility that includes renting Kayaks, canoes, boats, bikes and boards. They have also been trained on how to make simple fixes to the bikes and boards. This has been an incredible experience and beautiful skate park that gives local youth a safe place to hang out in our community. •
	<p>2: Family/adult allies support young adults....</p> <ul style="list-style-type: none"> • We are continuing to utilize a genogram or family connections map to help the youth understand how different individuals can support them throughout their transition into adulthood. This also helps the Youth Worker understand where to put some extra energy helping the young people find some good supports to help them with their future. Most of the young adults have a supportive family member or adult ally that would support them unconditionally where as the remainder of the youth can name a supportive individual whom they have difficulty engaging with.
	<p>3: Workers use caring practices known to be helpful for young adults and families.</p> <p>Required activity: <i>Provide cross-system case management and individualized service plan development, ensuring that young adults are engaged in planning for their own futures.</i></p> <ul style="list-style-type: none"> • The YIT CM <i>does provide cross-system case management and individualized service plan development, ensuring that young adults are engaged in planning for their own future.</i> CAYS Youth Services Staff are fully compliant and up-to-date on the TIPS Training. CM completes a 'Planning my Future' worksheet with the youth which assists the youth and facilitator in completing the

	<p>Transition Planning Form with measurable goals/objectives. The Transition Planning Form allows the youth to work towards their vision for the future and plan of care. This allows the youth to see what action steps are needed to reach each objective and a target date to reflect back to, like a check list. Coordinator assists the youth with updating their Futures Planning Goals at every visit or at the very least discusses progress towards goals.</p> <ul style="list-style-type: none"> • The YIT CM still provides cross-system case management by engaging with various local agencies in the community in order to assist the youth in coordinating their own care and ensuring the youth are engaged in their own planning. Many of our youth are also receiving services from multiple agencies in the area. <p>4: System of Care partners gain cultural & linguistic competence (CLC)....</p> <ul style="list-style-type: none"> • CAYS was successful in having the CLC Training brought to the area on April 4, 2014. • CAYS is attempting to have some form of CLC Training scheduled yearly. <p>5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma....</p> <ul style="list-style-type: none"> • The Teen Center Coordinator and YIT coordinator are continuing to try to outreach to various agencies in the area to reduce stigma in the area. • The YIT CM continues to do outreach in the community by providing information about the various programs offered and about the various activities the youth are engaged in and working towards by attending Parent Nights at the local high schools, outreaching at community events in the area, and outreaching to schools individually. <p>6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....</p> <ul style="list-style-type: none"> • The YIT Coordinator, Dept. Manager and the Local Interagency Team evaluates the effectiveness of the Vermont System of Care for young adults with SED. <p>7: The State supports and sustains regional services for young adults....</p> <ul style="list-style-type: none"> • Our region feels supported by the state.
<p>Desired outcomes for young adults of transition-age</p>	<p>1. Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration). Required activity: <i>Reach out to young adults with SED who are out-of-school at least through teen centers, recovery centers, homeless youth programs, and by intercepting them at critical intervention points with the juvenile and criminal justice systems....</i></p>

	<ul style="list-style-type: none"> • YIT coordinator has enrolled 9 new additional youth in YIT. • 2 young adults have been reopened in YIT. • Out of the 11 youth enrolled during that period only 1 youth is still actively open with his probation officer. • There are no young adults currently in Diversion with one successfully completing the Diversion Program. • The Coordinator continues to work closely with Diversion and other members of the Correctional System to intercept youth at critical points in order to keep them from or help them transition into the community. • The monthly truancy meeting, which includes members of Diversion, Probation, Schools, DCF, and police officers, has concluded for the summer but will start back up once school starts in August. • The coordinator are still attending monthly Child Protection Team Meetings and weekly Resource Team Meetings at DCF.
	<p>2. Increased number of young adults who are employed....</p> <ul style="list-style-type: none"> • 5 youth are currently employed at this time. • 4 out of 5 of the youth were assisted with employment via a referral by CM to an employment specialist. • All 11 youth have been employed at point time during the past 6 months. • 1 youth will be leaving for the Military in August. • 6 youth are currently actively seeking employment in the area. • The coordinator utilizes the TIP System Modules to assist the youth with various employment skills such as resumes, interviews, job seeking, and professional attire.
	<p>3. Increased number young adults participating in (or who completed) educational programs....</p> <ul style="list-style-type: none"> • All the youth have either graduated from high school or are seeking their high school education either by attending high school full-time or completing some form of high school completion program. • 5 youth are graduates of high school or some form of high school completion program. • 5 youth are currently enrolled in high school at this time. • 1 youth has successfully completed the YIT program and is enrolled full-time in college. • 1 youth is active in the military and will be continuing his education through the military. • The coordinator assists all the young adults with identifying a future plan that either includes continued education or employment.
	<p>4. Increased number of young adults who have access to, and are using, a medical home....</p> <ul style="list-style-type: none"> • We have not accessed or increased the number of youth/young adults

	<p>using medical home.</p> <ul style="list-style-type: none"> • CM ensures that every youth/young adult has medical insurance or the coordinator helps the youth apply for health insurance. • CM assists with co-pays or some dental care if it isn't covered under state insurance when needed. • CM continues to bring youth to the emergency room if they are in need of emergency medical care. <p>5. Increased number of young adults living in safe and stable housing....</p> <ul style="list-style-type: none"> • All 11 youth have some form of housing and are not homeless at this time. <p>6. Increased number of young adults who have caring & supportive relationships...</p> <ul style="list-style-type: none"> • All 11 of the youths have a caring and supportive relationship but few still have difficulty with their support system due to a difference of opinions. • There is only 1 youth who continues to struggle with a support system due to family history and his current substance use. • All the youths continue to need assistance with improving their communication with their support system. <p>7. Increase in young adults' strengths and protective factors...</p> <ul style="list-style-type: none"> • Coordinator continues to assist the youth with identifying their strengths. • Coordinator assists the youths with creating goals for their future and achieving their futures plan. <p>8. Improved mental health for young adults.</p> <ul style="list-style-type: none"> • All 11 of the youth are aware of mental health services in the area and the coordinator continue to provide referrals to the various agencies in the area. • 4 of the 11 youth are enrolled in some form of mental health service. • Coordinator continues to use rationales and In Vivo teaching to assist the youth with following through and using the various mental health systems in the area.
<p>System of Care Infrastructure Indicators (for federal TRAC):</p>	<p><u>Workforce Development:</u> Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....</p> <ul style="list-style-type: none"> - Jody Phillips a member of Northeast Kingdom Human Services continues to interact with the youth on a weekly basis in the Teen Drop-In Center providing support and education on mental health/substance abuse. <p><u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent</p>

	<p>with the goals of the grant. Please enter the number of changes and briefly describe them....</p>
	<p><u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....</p> <ul style="list-style-type: none"> - Northeast Kingdom Human Services attends our teen center weekly and provides substance abuse counseling where our youth and young adults feel comfortable.
	<p><u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices....</p> <ul style="list-style-type: none"> - We use the TIP evidence –based practices

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

The YIT Coordinator has participated and completed a number of Trainings during the past 6 months. Below you will find a list of trainings/conferences the coordinator has attended:

- Outreached to Lake Region Union High School January 23, 2014.
- YIT Event at the Statehouse on January 31, 2014.
- No Such Thing as a Bad Kid in Burlington March 21, 2014.
- Cultural Linguistic Competency Training April 4, 2014.
- Investigating and Responding to Sex Trafficking of Minors April 30, 2014 in Montpelier.
- Bob Bertolino Training in Burlington on May 22, 2014.
- Working with Youth Conference on May 23, 2014.

4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

- Various activities for the Youth have been organized in the Teen Center Drop-in Center. The Calendars continue to be emailed to various agencies in the area to inform them of monthly activities.
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5. Other Activities

Briefly describe other activities undertaken during the reporting period.

**Attached Calendar of activities for the past quarter

6. Activities Planned for Next Reporting Period

Briefly describe the project activities planned for the next reporting period.

- The coordinator continues to discuss forming a support group for youth/young adults in the areas as well as the reforming the Youth Advisory Board.
- The Coordinator would like to develop anger management training for youth in the area struggling with anger management.

DMH only:
Date received: _____
Approved by: _____ *Date approved:* _____
Approved by: _____ *Date approved:* _____