

YIT PROGRAM FINAL PROGRESS REPORT

1. Grant Number:
2. Grantee Name and Address:

UVM VCHIP
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UHC St. Joseph 7
Burlington, VT., 05405
3. Telephone Number: 802-656-9192
4. Project Title: Evaluation of the Vermont Children's Mental Health Initiative
5. Period of Performance from 1/1/2009 through 9/30/2014
6. Approved Project Period from 1/1/2009 through 9/30/2014
7. Author's Name and Telephone number: Thomas Delaney, 802-656-9192
8. Date of report: 12/3/2014
9. Comments (if any): Please contact Tom Delaney at UVM VCHIP with any questions or comments about this report (thomas.delaney@uvm.edu).

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

Two Program Progress Reports must be submitted for this sub-grant:

1. [REDACTED]
2. [REDACTED]).

Report Contents

1. Major Activities and Accomplishments During this Period

Report both quantifiable and non-quantifiable accomplishments from Attachment A (see pages 3-8 of the grant award):

- Quantifiable accomplishments include numbers of youth/families served, people trained, support groups established, etc.
- Non-quantifiable accomplishments should be listed in chronological order. Describe any draft/final products in this section.

Quantifiable accomplishments related to the evaluation of the effectiveness of the Vermont system of care for young adults with SED include:

- 1. The final enrollment numbers for the YIT evaluation are:**
 - 544 enrolled in the Common Study, which includes measures for NOMS and EDIF reporting requirements to TRAC and ICF MACRO,**
 - 185 enrolled in the National Study, which is the National Outcome Study that is designed by and reported back to ICF MACRO, and**
 - 115 enrolled in the Vermont Study, which is the local evaluation.**

Follow-up data collection for the National and Vermont Studies continued through June, 2014. The data analyses have focused primarily on comparing the intake and 12 month follow-up interview data, looking only at those cases for which data from both time points are available. In these analyses, the final sample for the YIT evaluation consists of 155 young adults in the National Study and 80 young adults in the Vermont Study.

- 2. Pre- and post-implementation data were obtained for the Transition to Independence Project (TIP) trainings supported by YIT. Nine of the participating programs earned the “TIP Informed” designation from NNYT.**
- 3. The evaluators shared YIT findings at four national research and policy meetings related to Children’s’ and Young Adults’ mental health. In addition, we are continuing to develop three manuscripts that describe key aspects of the evaluation of YIT’s efforts, in the areas of decreasing correctional involvement, improving access to primary care and improving young adults’ experiences with (and access to) mental health services.**
- 4. The YIT evaluation team was able to document significant improvements in the lives of the young adults who participated in YIT services; these are summarized in the attached document: 2014 Pediatrics Grand Rounds presentation.**
- 5. The success of the YIT evaluation was reflected in the receipt of two national awards: the Honoring Excellence in Evaluation—Silver Award (2011) and Excellence in Community Communications and Outreach award (2012).**

Non-quantifiable accomplishments during the project include:

- 1. The evaluation team provided continuous support the 12 regional YIT teams in collecting their follow-up Common Study data for participants enrolled in the evaluation.**
- 2. The evaluation team worked with the YIT Operations team to aid in the oversight of the implementation of YIT in 12 communities and in using data to make sure YIT services were effective.**

3. The evaluation team, with leadership from Jody Kamon, developed a series of data briefs and infographics that were used to educate the providers and the public about the effectiveness of YIT services.
4. The evaluators, particularly Jesse Suter, demonstrated a consistent and wide ranging focus on correctional involvement data, which is continuing to be analyzed as part of developing a manuscript for publication in a peer-reviewed journal.
5. Provided the YIT website with extensive evaluation-related materials, including presentations from national meetings, updated statewide and region-specific data reports and data briefs, among others.
6. Continued to work closely with the UVM IRB to ensure that all research/evaluation activities were in compliance with IRB requirements.
7. Coordinated closely with the federal funders and the national evaluation contractor to ensure that all program requirements relating to data were met or exceeded.

Please report major activities and accomplishments for the following goal and indicators as relevant for the sub-grant. [This section of the report may be entered directly into the table below.]

Goal for strengthening the systems of care	6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated.....
System of Care Infrastructure Indicators (for federal TRAC):	<p><u>Workforce Development:</u> Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs....</p> <p><u>Organizational Change:</u> Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them....</p> <p><u>Partnership/Collaboration:</u> Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements....</p> <p><u>Types/Targets of Practice:</u> Programs/organizations/communities that implemented evidence-based mental health-related practices/activities as a result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based</p>

practices....

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

N/A.

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

N/A.

4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

During the YIT evaluation, the evaluation team has shared findings from the evaluation in a variety of ways:

- 1. Presented data at three Children's Mental Health Research and Policy meeting in Tampa (in 2011, 2013, 2014).**
- 2. Numerous presentations and sessions at YIT events, including the annual Learning and Sharing days in 2010-2013, presentations in other venues such as the UVM Dept. of Pediatrics Grand Rounds in 2012 and 2014 and collaborated in the presentation of data at legislative events in 2014.**

5. Other Activities

Briefly describe other activities undertaken during the reporting period.

Other key activities include:

- **Jody Kamon collaborated with Mercedes Avila, the YIT Cultural/Linguistic Competence (CLC) Coordinator, to collect and report on data from a series of focus groups aimed at understanding how newly arrived Americans are able (and not able) to access young adult mental health system of care resources.**
- **The evaluation team participated in, and assisted in evaluating the effectiveness of, the YIT young adult conferences in 2010-2013.**
- **The evaluation team and, in particular Jody Kamon, played a major role in the implementation, and then the evaluation of, the TIP trainings that were conducted in Vermont.**
- **The evaluators are continuing data analyses using follow-up interview data (from the National and Vermont Studies) collected through the end of June 2014, with the goal of using the updated findings to further strengthen the conclusions we are able to draw about the impact of YIT services on young adults' lives.**