



sponsors

Dr: Fred Holmes:
helping youth who are
seeking help to beat
substance abuse.



Special Thanks:

- Youth In Transition Grant
- Northwestern Counseling & Support Services (NCSS)
- B.F.A St. Albans • Messenger Print & Design • Creative Concept
- St. Albans Museum • Chow Bella Restaurant
- Mimmo's Pizzeria & Restaurant • Barry Callebaut
- Ben & Jerry's • Cosmic Bakery • Eastern Dragon



1-25-13 conference

B.F.A St. Albans
71 South Main Street
8:30 a.m.—1:00 p.m.

Keynote Speaker: Caroll

A Young Person's Journey from Addiction to Recovery

Caroll has worked closely with youth struggling with drug and alcohol issues for more than a decade. She has spoken at a variety of schools, treatment centers, and psychiatric units across the Northeast. Having gotten sober at the age of seventeen, a senior in High School, Caroll offers a powerful and hopeful story to young people. In 2005, Caroll moved to Burlington Vermont to attend the University of Vermont. During her undergraduate studies Caroll acted as the liaison between the UVM counseling center and the local 12 Step Recovery Community. In 2007, she was accepted to International Honors Program which allowed her to study in Tanzania, India, New Zealand and Mexico for an academic year. Upon her return, Caroll became the V-Day campaign coordinator for the 2009 Vagina Monologues which raised over \$8,000 for local women's organizations dedicating to ending violence against women. In 2009, Caroll graduated from the University of Vermont with her degree in Cultural Anthropology and was awarded "The Mary Jean Simpson Award" for outstanding leadership, scholarship, and character among her graduating class. After graduation from UVM, Caroll went on to work as a residential educator Rock Point School where she lived and worked with teenage students. During this time she established the recovery commitment program at Fletcher Allen, bringing Alcoholics Anonymous members to share their stories with patients on the psychiatric units. Most recently, Caroll has been exploring the world of entrepreneurship after her father's death this past April, leaving her a 1975 Cadillac Eldorado Convertible. In an attempt to keep the car in her family she will be launching "My Daddy's Caddy" a classic luxury limo service in May of 2013.



round table discussion topics

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| 1. "A Young Person's Journey from Addiction to Recovery" ~ Caroll | 6. Rewards of Youth Leadership ~ Matt Wolfe |
| 2. A Way to the Will ~ Orland Quiroz | 7. Substance Abuse Treatment Options ~ Dr. Fred Holmes |
| 3. Housing Solutions and Resources ~ Sara Domina | 8. Health, Well-being and Sex Education ~ Dorey Myers |
| 4. How to Land Jobs ~ Justin Philie & Allison Roy | 9. Healing is a Choice ~ Julian Desnoyers |
| 5. Non-traditional Families ~ Bess O'Brien | 10. Gender Norms ~ Corrine Mertz |

snapshot

- 7:30 – 8:30Arrival and Set-up for exhibitors, facilitators, speakers
- 8:30 – 8:45Youth Registration
- 8:45 – 9:45Exhibitors and Abenaki Art Presentation (Raffle Bingo)
- 9:45 – 10:00New Generation Youth Group (Performance)
- 10:00 – 10:10Welcoming Address & Raffle Drawing, Ebony Nyoni
- 10:10 – 10:15Greetings from the City of St. Albans, Mayor Liz Gamache
- 10:15 – 10:45Keynote Speaker, Caroll, "Her Story"
- 10:45 – 11:00Orlando, Poetry Slam
- 11:00 – 12:00Roundtable Discussions
- 12:00 – 12:15Cheyenne Knuth, Statewide Youth of the Quarter Award Recipient, Announcing Youth of the Northwest Region Award and Raffle Drawing
- 12:15 – 12:30Executive Board of New Generation, Closing Remarks
- 12:30 – 1:00Lunch—Pizza and Door Prizes
- 1:00Bus pick-ups and transports

exhibits

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| 1. Caffry Law, PLLC | 7. The Vermont Youth Conservation Corps |
| 2. Community College of Vermont | 8. Vermont Department of Labor |
| 3. Vermont Adult Learning | 9. Planned Parenthood of Northern New England |
| 4. St. Albans Community Justice Center | 10. Caring Communities |
| 5. VocRehab Vermont | |
| 6. Champlain Valley Office of Economic Opportunity (CVOEO) | |

