

#### **Dr: Fred Holmes:**

helping youth who are seeking help to beat substance abuse.

CAFFRY LAW, PLLC













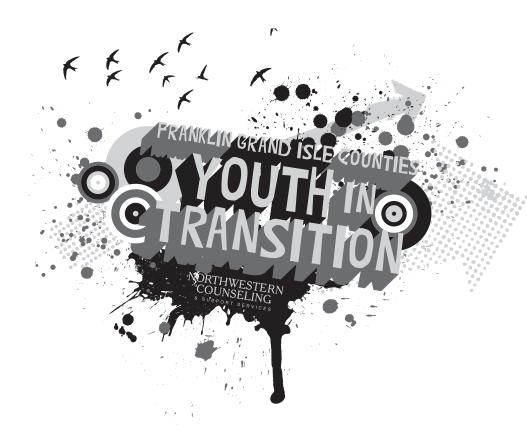




#### Special Thanks:

Youth In Transition Grant
Northwestern Counseling & Support Services (NCSS)

B.F.A St. Albans • Messenger Print & Design • Creative Concept
St. Albans Museum • Chow Bella Restaurant
Mimmo's Pizzeria & Restaurant • Barry Callebaut
Ben & Jerry's • Cosmic Bakery • Eastern Dragon



# d-25-13 conférence

B.F.A St. Albans 71 South Main Street 8:30 a.m.—1:00 p.m.

#### Keynote Speaker: Caroll

#### A Young Person's Journey from Addiction to Recovery

Caroll has worked closely with youth struggling with drug and alcohol issues for more than a decade. She has spoken at a variety of schools, treatment centers, and psychiatric units across the Northeast. Having gotten sober at the age of seventeen, a senior in High School, Caroll offers a powerful and hopeful story to young people. In 2005, Caroll moved to Burlington Vermont to attend the University of Vermont. During her undergraduate studies Caroll acted as the liaison between the UVM counseling center and the local 12 Step Recovery Community. In 2007, she was accepted to International Honors Program which allowed her to study in Tanzania, India, New Zealand and Mexico for an academic year. Upon her return, Caroll became the V-Day campaign coordinator for the 2009 Vagina Monologues which raised over \$8,000 for local women's organizations dedicating to ending violence against women. In 2009, Caroll graduated from the University of Vermont with her degree in Cultural Anthropology and was awarded "The Mary Jean Simpson Award" for outstanding leadership, scholarship, and character among her graduating class. After graduation from UVM, Caroll went on to work as a residential educator Rock Point School where she lived and worked with teenage students. During this time she established the recovery commitment program at Fletcher Allen, bringing Alcoholics Anonymous members to share their stories with patients on the psychiatric units. Most recently, Caroll has been exploring the world of entrepreneurship after her father's death this past April, leaving her a 1975 Cadillac Eldorado Convertible. In an attempt to keep the car in her family she will be launching "My Daddy's Caddy" a classic luxury limo service in May of 2013.

## round table discussion topics

- 1. "A Young Person's Journey from Addiction to Recovery" ~ Caroll
- 2. A Way to the Will ~ Orland Quiroz
- 3. Housing Solutions and Resources ~ Sara Domina
- 4. How to Land Jobs ~ Justin Philie & Allison Roy
- 5. Non-traditional Families
  - ~ Bess O'Brien

- 6. Rewards of Youth Leadership ~ Matt Wolfe
- 7. Substance Abuse Treatment Options ~ Dr. Fred Holmes
- 8. Health, Well-being and Sex Education ~ Dorey Myers
- 9. Healing is a Choice ~ Julian Desnoyers
- 10. Gender Norms ~ Corrine Mertz

### snap shot

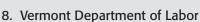
7:30	_	8:30 Arrival and Set-up for exhibitors, facilitators, speakers
8:30	_	8:45Youth Registration
8:45	_	9:45 Exhibitors and Abenaki Art Presentation (Raffle Bingo)
9:45	_	10:00New Generation Youth Group (Performance)
10:00	_	10:10 Welcoming Address & Raffle Drawing, Ebony Nyoni
10:10	_	10:15 Greetings from the City of St. Albans, Mayor Liz Gamache
10:15	+	10:45 Keynote Speaker, Caroll, "Her Story"
10:45	_	11:00Orlando, Poetry Slam
11:00		12:00 Roundtable Discussions
12:00	2 3	12:15Cheyenne Knuth, Statewide Youth of the Quarter Award Recipient, Announcing Youth of the Northwest Region Award and Raffle Drawing
12:15	_ ′	12:30 Executive Board of New Generation, Closing Remarks
12:30	_	1:00Lunch—Pizza and Door Prizes
		1:00Bus pick-ups and transports

### exhibits



- 1. Caffry Law, PLLC
- 2. Community College of Vermont
- 3. Vermont Adult Learning
- 4. St. Albans Community **Justice Center**
- 5. VocRehab Vermont
- 6. Champlain Valley Office of Economic Opportunity (CVOEO)

7. The Vermont Youth **Conservation Corps** 



- 9. Planned Parenthood of Northern New England
- 10. Caring Communities

