YIT Descriptive Data: Who Are We Serving?

Intake sample includes 17 young adults from Rutland.[+]

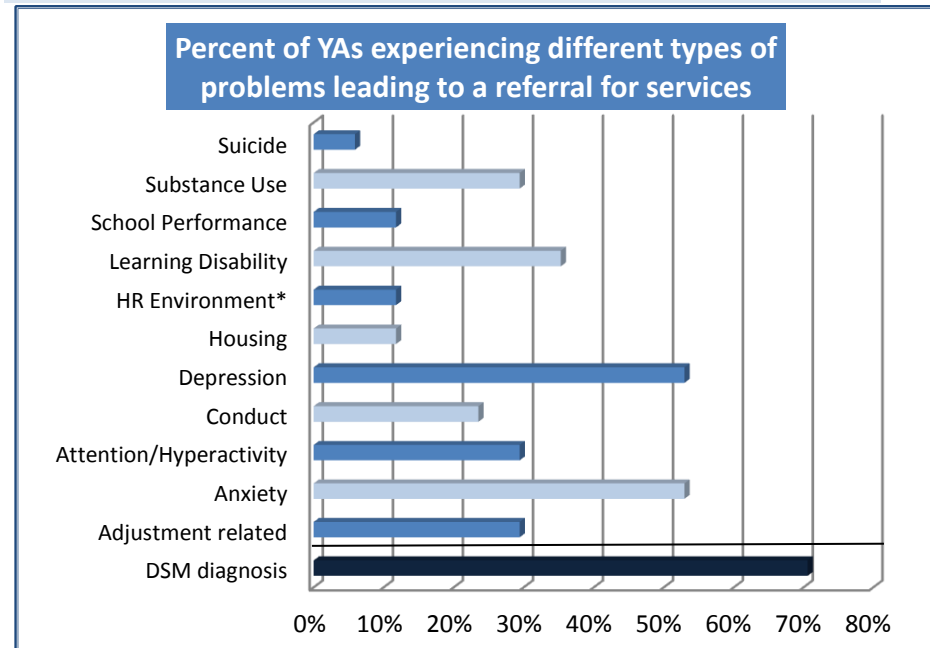| Age	Mean	SD[++]	Range
	19.9	1.3	18 to 21.8

Gender

35% Female
65% Male
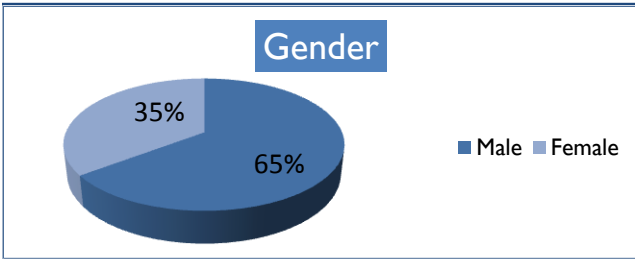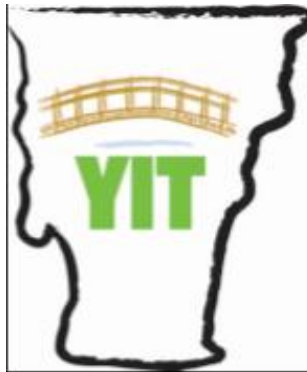
Race/Ethnicity	n	Intake
White	13	76%
African American	0	0%
American Indian/Alaskan Native	0	0%
Asian	0	0%
Belonging to more than 1 race	4	24%
Not of Hispanic, Latino, Spanish origin	16	94%
Hispanic, Latino, or Spanish*	0	0%

*6% missing data for whether Hispanic, Latino, Spanish
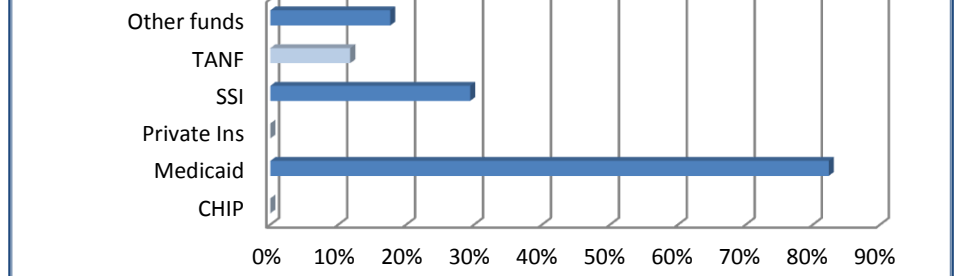
Problems Leading to Referral for Services

	Mean	SD	Range
Number of problems	4.3	2.7	0 to 8

Percent of YAs experiencing different types of problems leading to a referral for services

Suicide, Substance Use, School Performance, Learning Disability, HR Environment*, Housing, Depression, Conduct, Attention/Hyperactivity, Anxiety, Adjustment related, DSM diagnosis

Percent of YA involvement by agency type at Intake

Youth Service Bureau, Substance Abuse Tx**, School, Probation, Physical Health, Mental Health, Court, Corrections, Child Welfare
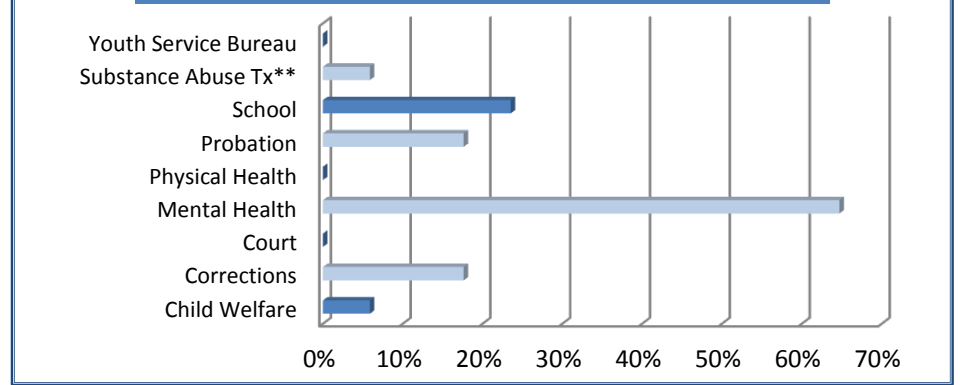
Percent of YAs receiving specific types of funds

Other funds, TANF, SSI, Private Ins, Medicaid, CHIP

[+]Sample size in any given category may vary due to missing data.

[++]SD = standard deviation

*Note: includes any type of high risk environment

**Note: A number of MH agencies also provide substance abuse treatment

VCHIP
Vermont Child Health Improvement Program
UNIVERSITY OF VERMONT COLLEGE OF MEDICINE

A Life in the Community for Everyone
SAMHSA
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 9/30/12)

Rutland

These findings come from young adults who completed *Common Study* interviews (except for Employment which are from *Vermont & National Studies*) when they started to receive YIT services in their communities (**YIT Start**). Fewer than 10 *Common Study* interviews were conducted at the 6-month follow-up, so no progress data is available. Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

Justice & Corrections	Sample size	YIT Start	6 mos	Progress
Arrested in past 30 days	17	12%	-	n/a
Spent at least one night in correctional facility in past 30 days	17	6%	-	n/a

Education	Sample size	YIT Start	6 mos	Progress
In school during the past 30 days	17	35%	-	n/a
18 and older who have completed High School or GED	17	53%	-	n/a
18 and older who received post-secondary training (e.g., TECH, College)	17	6%	-	n/a

Employment *(from Vermont & National Studies)*	Sample size	YIT Start	6 mos	Progress
Report having a job in past 6 months.	11	45%	-	n/a

Health	Sample size	YIT Start	6 mos	Progress
Report they are currently in excellent or very good health	17	35%	-	n/a

Housing	Sample size	YIT Start	6 mos	Progress
Primarily living independently in past 30 days	16	19%	-	n/a
Primarily living with others in community in past 30 days	16	56%	-	n/a
Primarily living in more restrictive settings in past 30 days	16	6%	-	n/a
Spent most nights homeless in past 30 days	16	13%	-	n/a
Spent at least one night homeless in past 30 days	14	29%	-	n/a

Relationships	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree know people they can rely on in past 30 days	16	94%	-	n/a

Strengths	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree can handle daily life in past 30 days	16	63%	-	n/a

Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress
Report anxious or depressed feelings all or most of the time in past 30 days	14	36%	-	n/a
Report at least weekly tobacco use in past 30 days	16	50%	-	n/a
Report at least weekly alcohol use in past 30 days	16	19%	-	n/a
Report at least weekly illicit drug use in past 30 days	16	31%	-	n/a

Symbol Key

🟢	*at least 5% improved*
🟡	*No change*
🔴	*at least 5% worse*
n/a	*Not applicable*
-	*Less than 10*

Sample Sizes

YIT Start **17**

6 mos **7**