## YIT PROGRAM PROGRESS REPORT

- 1. Grant Number: #C-YIT-FY12-HC
- 2. Grantee Name and Address: 208 Flynn Avenue, Suite 3J, Burlington, VT 05401
- 3. Telephone Number: (802) 488-6600
- 4. <u>Project Title:</u> Implementation of Chittenden Regional Plan for Vermont's Youth in Transition Grant
- 5. <u>Period of Performance from</u> July 1, 2011 through December 31, 2011
- 6. <u>Approved Project Period from</u> July 1, 2011 <u>through</u> December 31, 2012
- 7. <u>Author's Name and Telephone number:</u> Betsy Cain, Assistant Director, Child, Youth and Family Services @ HowardCenter: (802) 488-6701

Gina D'Ambrosio, JOBS Program Coordinator: 864-7423 ext. 337 Christine Kilpatrick, Vermont Family Network Family Services Director: 802-876-5315 ext. 206

- 8. Date of report: February 1, 2012
- 9. Comments (if any):

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

## Two Program Progress Reports must be submitted for this sub-grant:

- 1. one for the time period from July 1 December 31, 2011 (due by January 31, 2012), and
- 2. one for the period from January 1 June 30, 2012 (due by July 30, 2012).

## Report Contents

## 1. Major Activities and Accomplishments During this Period

Report both quantifiable and non-quantifiable accomplishments for the General Expectations and Regional Goals listed in Attachment A (see pages 3-5 of the grant award):

• Quantifiable accomplishments include numbers of youth/families served, people trained, support groups established, etc.

• Non-quantifiable accomplishments should be listed in chronological order. Describe any draft/final products in this section.

Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. [This section of the report may be entered directly into the table below.]

Goals for strengthening the systems of care	1: Young adult (YA) leadership is developed in VT. <b>Required activity:</b> Operate in accordance with continuing input from key stakeholders (including youth and family members) within the regional systems of care
	New Young Adult Navigator, Miranda Creech (see Attachment A), was hired in December to replace Raymond Drexel, who left the position in August, as a 30 hour/week position to provide support for youth to navigate systems in the community, as well as focus on social marketing and an online resource guide. In addition, role was used to meet with and identify youth who can work together to form an advisory board and share youth voice to all aspects of the YIT funded initiative. In the short time Miranda has been here, she has spoken to several youth about opportunities to take on a leadership role in the county, particularly around helping with the online resource data base (known as the Impact Vermont website). Plans are being made to look at ways of creating or building upon existing youth advisory boards.
	In addition, Miranda has met with Lund Family Center, COTS, Burlington Emergency Center, ReSource, Centerpoint, CVOEO, and OutRight VT.
	Engaged in outreach to young adults throughout Chittenden County around how to get involved in the Impact Vermont mapping project.
	Assisted and identified multi-cultural youth to connect with youth leadership group.
	2: Family/adult allies support young adults
	Continue to work in line with TIPS Model practices to include informal supports, as defined by each young adult client, in the treatment process. Supports have included mentors, parents, significant others and siblings.
	Worked closely with a family to support their child. Worked with both sides of the family which had been divided by a divorce.

Supported the client to appropriately voice his opinions, concerns and grievances. Supported the parents in developing strategies for setting appropriate limits and expectations. Supported the client and his family in understanding what services are available: VFN, Spectrum's Emergency Shelter and Maple Street Residence, VocRehab, 211, Adult Crisis, counseling services.

Encouraged young adults to bring family and friends to meetings if they thought it would be constructive. Several young adults embraced this and regularly brought allies to meetings.

Collaborated with Vermont Family Network/YIT Parent Navigator in information night for parents of transition age youth.

The VFN Transition Resource Consultant has supported families at **nine** ACT 264 meetings during this reporting period. One family requested information only by phone bringing the total families served through Act 264 meeting to **ten**. The meetings were held on the following dates and locations:

Date	Location/ School District	
10/06/2011	Colchester	H.S
10/10/2011	Burlington	Centerpoint
11/01/2011	Browns River	M.S.
11/08/2011	Burlington	Edmonds
11/17/2011	Burlington / On Top	IEP/264
11/22/2011	Burlington	On Top
12/08/2011	Essex	H.S
12/12/2011	Colchester	H.S
12/16/2011	Colchester	M.S

In September 2011 the first of a series of *Getting There: Life After High School* support groups was held at VFN (Attachment B). The focus of the group is supporting parents of transition age youth who are having a difficult time moving into adulthood because of a severe emotional disturbance. Parents would come to this group and share their story, share information regarding resources they have used, and share where they see gaps in the system, brainstorming with each other how to successfully navigate those gaps. This group is ongoing and we hope to increase attendance as word spreads in the community. We do understand that families are clearly struggling and it can be very difficult for them to get out to a support group meeting.

Date of Support Group	Торіс		# of Partici
Sept 19 <sup>th</sup> 2011	Truancy		
October 17 2011	Preparing	for graduation	
November 21st	Social Se	ervices	
December 19		the Holidays	
<ul> <li>November</li> <li>November</li> <li>VFN supported 30</li> </ul>	20, 2011 M 15, 2011 E families of	Burlington – Ho Aontpelier – Spa Burlington – Boy	aulding H.S s and Girls
uring this reportin	bility		
Na	me	15-18	19 -23
ADHD		3	1
Arthritis		1	
ASD		1	3
Asperge	ers	2	
Autism		2	
Bipolar	•	1	
Brain In Central			1
Proc Dis			1
Depress		2	•
HI			1
LD		1	2
LI		2	
MH			
Multiple			
Disabilit		1	1
Nonvert			
Learning Disorde		1	
Disolde	<u> </u>	1	
OCD	od/Lind		
OCD Suspect	ted/Und		1
OCD Suspect iag	ted/Und	-	1
OCD Suspect		_	1

<ol> <li>Workers use caring practices known to be helpful for young adults and families.</li> </ol>
Required activity:
Provide cross-system case management and individualized service plan development, ensuring that young adults are engaged in planning for their own futures
Provided employment search, job skills development, support, job retention support, independent living skills development support for 29 additional young adults. Contacted multiple young adults to explain and offer support services as needed.
Supported young adults in appropriately leaving jobs at Outdoor Gear Exchange, Asiana House Restaurant and Outdoor Gear Exchange.
Supported one young adult as he navigated the juvenile justice system as a Youthful Offender. Advocated for this client to ensure he was allowed enough time to complete his Restorative Justice Panel requirements in order to complete YO successfully and prevent his charges going to adult court.
Supported one young adult as he navigated the adult justice system. Worked collaboratively with the young adult and his probation officer to ensure probationary requirements were appropriate, feasible and in line with the client's long-term goals.
Supported three young adults as they navigated Spectrum's transitional housing facilities.
Supported three young adults as they prepared for aging out of Spectrum services. Focused on supporting clients as they sought stable housing, assisted with identifying resources in the community, made appropriate referrals to other services. Worked with a client to seek subsidized housing and apply for the new Vermont State Housing Subsidy Program.
4: System of Care partners gain cultural & linguistic competence (CLC)
Assisted 12 multicultural youth in the area of job skills, health and mental health, housing, and leadership building. These youth are from Nepal, Somali, and Congo. They are all former refugees.
Regularly utilized interpreters for young adults with limited English Proficiency.

Translated the YIT brochure to Arabic, Somali, Swahili, Nepali, and Burmese (see attached).
Participated in Diversity Rocks, a multicultural youth group that meets twice a month. DR not only provides a safe and fun space for <b>30-50 multicultural youth</b> to meet, but also provides resource to help them live a successful life. Examples of workshops are: conflict resolution training, career in medical field, and job and living skills trainings. Many more are planned to address issues that most youth are facing such as sexuality and life after high school.
Currently applying for a grant through Department of Health's Minority Health in partnership with Vermont Refugee Resettlement and AALV to provide regular, more coordinated support for multicultural youth, primarily through the Diversity Rocks group.
Helped organize the First Night performance by Diversity Rocks
Presented to the Act 264 Advisory Board to discuss needs of refugee and immigrant youth population
5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma
Continue to use partnering agencies to work with Church Street Marketplace and the community to educate the public around youth culture and barriers facing at risk youth.
Work closely with Justin Verrette from HowardCenter to assist youth in community facing obstacles. This position works in partnership with the Burlington Police Department to assist and support individuals experiencing mental health crisis to get support in order to minimize police involvement. Falls in line with Sequential Intercept Model.
6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated
Continued work with members of the YIT Leadership Team to develop a transition plan template to be used for futures planning for all Vermont youth before they exit school.

	7: The State supports and sustains regional services for young adults
	Met with Matt Wolf, state Young Adult Coordinator, to establish connections with Minority Heath leaders in the Department of Health to discuss specific care coordination for multi-cultural youth and submission of proposal for more structured support.
	Multiple opportunities made available to partner with other regional efforts through coordination with state partners.
	Consultation from Mercedes Avila State YIT Cultural and Linguistic Coordinator, for direction regarding supporting multi-cultural youth.
Desired outcomes for young adults of transition- age	<ol> <li>Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration). <i>Required activity:</i> <i>Reach out to young adults with SED who are out-of-school at least through teen centers, recovery centers, homeless youth programs, and by intercepting them at critical intervention points with the juvenile and criminal justice systems</i></li> <li>Supported a young adult as he navigated the juvenile justice system as a Youthful Offender. Advocated for this client to ensure he was allowed enough time to complete his Restorative Justice Panel requirements in order to complete YO successfully and prevent his charges going to adult court.</li> <li>Supported young adult as he navigated the adult justice system. Worked collaboratively with the young adult and his probation officer to ensure probationary requirements were appropriate, feasible and in line with the client's long-term goals.</li> <li>Assigned clinician as liaison to work with Department of Corrections via regular contact with Dave Jacques, Probation officer for information, referrals, and resource sharing.</li> <li>Work closely with Justin Verrette and rest of HowardCenter MHSAS Outreach Team to provide support to young adults in mental health crisis in the community in order to avoid or minimize police involvement (see #5 above). Falls in line with Sequential Intercept Model.</li> </ol>

2. Increased number of young adults who are employed
Supported young adults in job retention at the following employers: Shaw's Supermarket, Hannaford Supermarket, Asiana House Restaurant, IHOP, IBM, Outdoor Gear Exchange and Car Quest, Champlain Farms, Greer's Dry Cleaning, The Spot restaurant, Blockbuster Video, Starr Farm, Rotisserie, Friendly's, Papa John's, Lowes, Dunkin Donuts, Gulliver's Doggie Daycare. Leunig's Restaurant, COTS. Worked with each employer to establish rapport, provide education, and act as liaison to help ensure successful employment.
Supported young adults in appropriately leaving jobs at Outdoor Gear Exchange, Asiana House Restaurant, Blockbuster
Ongoing job development to increase options for youth. Contacted managers of various employers such as VT Sandwich Company, Price Chopper, Hannaford, Burlington Bay, Billings Plumbing, Teddy Bear Factory, Panera, Five Guys, Burlington Health and Rehab, City of Burlington, Ski Rack, Rite Aid, FedEx.
Maintained a job board featuring applicable help wanted ads from Craigslist, 7Days, JobsInVermont, and other community resources. The board is updated daily.
<ol> <li>Increased number young adults participating in (or who completed) educational programs</li> </ol>
Assigned clinician as liaison to work with Ethan Mauer and Frank Gertiman of Vermont Adult Learning for referrals, information, and establishing plans with young adults to re-engage in education
Brought several youth to JobCorps campus for tour and information, and worked with two youth regarding process of applying and being admitted to programming. Visited young adult regularly in the program to offer continued support
Presented to students at CVU, young adults accessing Spectrum's Drop-In and HowardCenter's team of school clinicians. Provided information to Centerpoint School, OnTop, and Jean Garvin School. Encouraged clients on my caseload, as well as colleagues' clients, to participate in the Impact Vermont community resource mapping
Worked collaboratively with Bike Recycle Vermont to develop the Burlington Bike Mechanic's Institute. This vocational training program teaches participants basic mechanical diagnostics and

repairs, bicycle anatomy, bicycle-specific diagnostics and repairs, tool usage, and allows for development, refinement and practice of soft skills.
Working with schools to help support attendance and supports within the schools, including Winooski High School, CVU, Burlington High School, Mount Mansfield Union High School, Essex High School, Colchester High School.
Worked with alternative programs to support re-entry and school retention, including OnTop Program, Horizons, Jean Garvin School, BellCate School, Community High School, Colchester Alternative Program, Life Program, ACE Program
Worked with multiple young adults to register for classes at Community College of Vermont as well as assisting in applying for financial support at VSAC.
 Increased number of young adults who have access to, and are using, a medical home
Introduced multiple young adults to the Adolescent Health Clinic, an arm of the community Health Center for regular check ups, referrals for assessments, various medical care screenings, referrals to more specialized care, dental care, medication oversight, referral to psychiatric care and follow up.
Supported several youth in emergency room following mental health crisis and worked with youth to establish relationship with a primary care physician in order to get more regular care.
Assisted multiple youth in accessing or re-accessing Medicaid and other forms of public health benefits in order to get more regular care.
 4. Increased number of young adults living in safe and stable housing
Provided case management support to youth living in several of Spectrum's transitional housing programs, including Spectrum's shelter, Singe Room Occupancy and Murray Street Group Home, and followed young adults to help establish independent living options in the community.
Worked with multiple clients in filling out applications for the Burlington Housing Authority, Winooski Housing Authority, and

Champlain Housing Trust to secure low income housing.
Supported one young adult as he prepared for aging out of Spectrum services. Focused on supporting the client as he sought stable housing. Worked with the client to seek subsidized housing and apply for the new Vermont State Housing Subsidy Program.
Spectrum also announced plans to begin construction on a new 8- unit SRO. The SRO is designed for youth ages 18-21 who were previously in foster care.
Increased number of young adults who have caring & supportive relationships
Referred two youth to Spectrum's Mentoring Program to establish regular contact with positive adult.
Introduced several youth to Bill West, volunteer and mentor at Spectrum, who has set up an informal program to help youth get their driver's license.
Increase in young adults' strengths and protective factors
As part of initial intake, young adults are asked to talk about their strengths, resources and natural supports. A plan is created, led by the young adult, focusing on building on strengths and interests as well as pulling in natural supports if possible.
Young adults participated in Life Skills class, Job skills class, and Talking SMACK ( <i>Sexual choices <u>M</u>anaged with <u>A</u>wareness, <u>Confidence and Knowledge</u>) classes.</i>
8. Improved mental health for young adults. <b>Required activity:</b>
Improve access to mental health services for the young adults most at risk for poor outcomes and use the power of the courts to increase their likelihood of use of those services
Availability for young adults to access the Adolescent Health Clinic, a subdivision of Community Health Center attached to Spectrum building to offer free, comprehensive health care to youth, ages 14- 24. Works closely with all Spectrum programs to ensure young adults receive the care they need, obtain primary health provider, and minimize use of emergency room.

	Assisted multiple youth in getting necessary assessments through Fletcher Allen's Child Psychiatry and HowardCenter. Referred several youth to HowardCenter's Developmental Services, including getting functional assessments and making seamless transition into services. Referrals to and collaboration with Spectrum Counseling Program, Centerpoint, HowardCenter, Otter Creek, Networks, and other area private practitioners.
System of Care Infrastructure Indicators (for federal TRAC):	<ul> <li><u>Workforce Development</u>: Organizations or communities implementing mental health-related training programs as a result of the grant. Please enter the number of organizations or communities and briefly describe the training programs</li> <li>Engaged in regular job development conversations with hiring managers and business owners throughout Chittenden County.</li> <li>Actively participated in Creative Workforce Solutions. Attended meetings twice monthly to meet with other job developers and case managers throughout Chittenden County to share relevant opportunities for clients. Utilized CWS/VocRehab/VABIR sponsored creative hiring practices to facilitate placements. Worked with partners to create employment/career opportunities via job shadowing, internships, OJT (on the job training), and temp-to-hire strategies.</li> <li>Attended job development trainings for people with disabilities.</li> <li>VFN hosted a number of presentations to share information on the YIT grant:</li> <li>October 11, 2011 Essex HS – Transition Evening: VFN Presentation on YIT and other services for transition-age youth and families. 36 in attendance including 7 youth and 13 family members.</li> <li>November 22, 2011 Burlington School District –VFN made a presentation to 15 school psychologists in Chittenden County. The presentation program and other resources and concerns for young adults with severe emotional disorder.</li> <li>A powerpoint entitled <i>"Transition Planning is a Team Event!"</i> was created and shared with Winooski School District and VSAC. The presentation is now on file at VFN.</li> </ul>
	website, through publications and via free webinars. During this

reporting period, VFN hosted a webinar on transition with a guest speaker from VT Vocational Rehabilitation, Eric Johnson. We also hosted free webinars on the topic of <u>Guardianship</u> and <u>Getting and</u> <u>Keeping Your First Job</u> . <b>Thirty four</b> parents and professionals participated in these three webinars and they are recorded and available for viewing on the VFN website or on DVD for free by request.
<u>Organizational Change</u> : Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them
Utilization of the "YIT – Chittenden County" Facebook Page to serve as a social media-driven resource hub for young adults in Chittenden County. Posts are made daily to offer suggestions for positive pro-social events in the community, tips on attaining jobs or accessing other resources, helpful hints on healthy living, general information regarding policies and initiatives in this area.
Youth are invited to participate in Spectrum's Youth and Family Wellness Program, offering an incentivized menu of options to engage and participate in wellness activities and educational opportunities.
Worked with Eternity Web Development and New England Networks to put into action the process for creating the Impact Vermont website. This site will be home to YIT Chittenden County's resource mapping project.
Worked with Eternity Web and young adults to develop a logo for the site. By the end of December, via YIT staff direction, Eternity Web had completed a wireframe for the website and had begun programming the website.
Developed and monitored the YIT Line messaging service, a phone line available exclusively used for referrals, information, and education of YIT strategies and practices.
<u>Partnership/Collaboration</u> : Organizations that entered into formal written inter/intra-organizational agreements ( <i>e.g.</i> , MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements
Active participation with Creative Workforce Solutions to increase capacity for job development/job resources in the community, on-

the-job trainings, and temp-to-hire opportunities         Utilizing New England Networks for technical assistance for         launching of Impact VT, the online mapping resources for young         adults.         Met with representatives from community resources to establish         connections and learn about available services including: Lund         Family Center, COTS, BES, ReSource, CenterPoint, CVOEO, and         OutRight Vermont.         Working on a grant in partnership with Minority Health through the         Department of Health for support for multi-cultural youth.         Types/Targets of Practice:       Programs/organizations/communities that         implemented evidence-based mental health-related practices/activities as a         result of the grant. Please enter the number of         programs/organizations/communities and briefly describe the evidence-based         practices         Continue to utilize the TIP Model as the evidence based model         through which services for young adults are offered.         Staff also participates in numerous trainings, including trainings in         adolescent brain development, utilizing strategies of Cognitive         Behavioral Therapy and Dialectical Behavior Therapy, ARC Model         (Attachment, Self-Regulation and Competency) for trauma based         work, NMT (Neurosequential Model of Therapeutics) for trauma	
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## 5. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

Many challenges remain the same as they were last reporting period:

- Challenges with job opportunities due to current economic climate.
- Identifying and accessing interpreters when needed at times.
- Lack of diagnostic information and assessment of multi-cultural youth.
- Inaccurate or unknown information regarding age of youth in multi-cultural youth.

- Lack of follow through and consistency of youth.
- Loss of contact of youth due to lack of housing or no cell phone and transient nature of youth served.
- Transportation and consistency of public bus system and accessing bus passes for youth.
- Time taken up through travel time to get to rural areas.
- Families with youth who may be struggling with emotional issues, substance abuse, or other disabilities can be hard to identify and difficult to reach.
- The adolescent can sometimes be a barrier to accessing the parent (ex: answering the phone and not passing along the message to the parent).
- Families can have many events that overshadow the need of the adolescent on a daily basis, priorities can shift quickly. Many families are struggling to meet basic needs such as housing and consistent employment and these often, understandably take priority.
- Young Adult Navigator has not had much success connecting parents to parental support resources through adolescent. Many adolescents are also runaways or experiencing homelessness and as a result their families are not within reach. However, the VFN Transition Resource Consultant maintains open lines of communication with the Young Adult Navigator to encourage family referrals.
- Parents of 14 and 15 year olds could definitely benefit from support. Sometimes 16 feels late in the game. Offering support and resources to parents of 14 and 15 year olds could make a big difference because this is a time that parents often are still able to have some influence over their children.
- Adolescents and their families in rural areas can be difficult to reach when they are placed out of district.

Of the eight families who attended the "Getting There: Life After High School" support group over the four weeks during this reporting period, all had youth who were experiencing challenges with drug use and truancy. One adolescent was waiting for a court date for lying to a police officer. Only two of the adolescents had individualized education plans (IEP's), but all were experiencing difficulties with academic performance and truancy. Services for many of these families were not available or appeared to be inadequate to meet their need. Many youth were in denial regarding their challenges (by parent report) and so it is difficult for these families to connect them to much needed supports and services.

Finally, due to a misunderstanding of who can enroll in the evaluations, there has been a challenge in meeting enrollment numbers. As a region, we have struggled to enroll clients in the Vermont and National Studies. In addition, staffing issues during this reporting period affected enrollment rates. The YIT Leadership Team has been working to brainstorm additional ways to enroll more young adults.

## 6. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

One new staff: Miranda Creech, Young Adult Navigator, working 30 hours per week assisting young adults in navigating systems, developing online resource guide, and developing youth leadership (see attached resume)

In addition, Chris Vaughn, YIT case manager focusing on rural youth, left his position in mid-December. Efforts are being made to fill this position.

## 7. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

- Launch of facebook site: YIT Chittenden-- Posted to the YIT Chittenden County Facebook page daily concerning community events and important issues concerning the YIT community.
- Referral forms for Young Adult Navigator and YIT services for multi-cultural youth
- YIT brochures translated into five other languages so far (Attachments C H)
- Inclusion of YIT initiative on the Spectrum website
- Inclusion of YIT related resources on the Students First website
- Flyers distributed throughout Chittenden County offering services through YIT imitative

When promoting a YIT activity or event at VFN, a press release is developed and sent to local newspapers (such as the Shelburne community news paper) and the Burlington Free Press as well and other local venues where advertisement is free or very low cost. An announcement is developed and then distributed through VFN list serve which has over 300 subscribers. Most of those subscribed to the listserve are parents of children and youth with disabilities. The event is also posted on the VFN website calendar of events, VFN Facebook page and then sent to any other individual groups who have a connection to a YIT event by email or by regular mail. This information is also sent out to almost 4,000 parents and professionals in VFN's monthly e-newsletter. By using VFN list serve, facebook, ACCESS Team, YIT Leadership Team and some personal contacts, VFN has increased the awareness of YIT and the support group.

## 5. Other Activities

Briefly describe other activities undertaken during the reporting period.

- JOBS/YIT moved from Pearl Street to 191 North Street in Burlington, the former CVOEO building. JOBS/YIT is now sharing space with Spectrum's VIPP Program.
- Attendance and participation in the Annual Young Adult Voice Movement conference.
- Attended the YIT sharing day at Lake Morey in September.
- Attended the Working With Youth Conference at Killington.
- Attended multiple trainings, including: Adolescent Brain Development, Resiliency of Adolescents, Nurturing male adolescents, psychopharmacology, conflict resolution, motivational interviewing, New England Survivors of Torture and Trauma training, multiple diversity trainings.

Bob DiMasi attended the following:

- Transition Age Advisory Team Listen to individual case presentations and act as reference or resource for parent if present; held at Spectrum monthly.
- Core Team Meeting is used to be connected to the employment specialist for Chittenden County who shares information and resources regarding employment for transition age individuals. Members include representatives from such groups as Linking Learning to Life, Vocational Rehabilitation Services, Department of Social Security, Department of Labor, school counselors and others.
- ACCESS Team Member as a parent representative sharing views of parental engagement.
- Refugee Immigrant Service Provider Network Attend monthly meeting to keep current on the New American population in Vermont and those agencies that serve them.
- Family Support VFN Attend these weekly meetings when possible to share information and receive information and referrals from other Family Support staff.

## 6. Activities Planned for Next Reporting Period

Briefly describe the project activities planned for the next reporting period.

Continued work on launching of resource website. This will include instructional videos made by youth to assist in independent living tasks. It will also include interviews held by young adults to community members and businesses describing resources and services available.

Will be moving to the next level of TIP Certification. Have done strategic planning to look at areas of growth to become more aligned with the TIP Model. Planning on attending TIP trainings as they are offered for this next level.

Working on youth leadership groups, getting input from young adults around system of care.

Will work on developing plan to market and advertise online resource guide for use. Will solicit help from New England Network and State Operations team.

Ready to Rent training, presented by the Champlain Housing Trust, scheduled for January.

Determined that "Getting There: Life After High School" support group should continue. A new location may be sought as the present one may not be as inviting as we can find elsewhere.

Outreach will continue to various agencies and organizations that have contact with parents of adolescents who may have contact with DCF.

Will develop resources/ possible fact sheet for parents around drug and alcohol use/abuse, the juvenile justice system and what resources a youth can access at various ages (16, 18, 21).

Continue work in Burlington and Winooski. Connect more with School Counselors.

Host webinars on topic of interest to these families including CSP and Restraint and Seclusion Rule. Perhaps one on Juvenile Justice (*What to expect when you go to Court*). For February 2012 VFN has also scheduled webinars on **restraint and seclusion** and **coordinated services planning**, two topics of concern for many of the families served by this project.

VFN is advertising for a new YIT Family Resource Consultant. Bob DiMasi left the YIT position to take a full time job at Easter Seals on 1/20/12.

DMH only:	
Date received:	
Approved by:	Date approved:
Approved by:	Date approved:

## Attachment A:

### MIRANDA L CREECH

### MIRANDA.CREECH@GMAIL.COM

(803)300-2235

Summary	Graduated with academic honors from Columbia College, SC.		
	<ul> <li>Have extensive experience with Mac-, Windows-, and Linux-based computers and their respective software sets, including full set of Microsoft Suite of Applications.</li> <li>Have ability to type ~50 wpm.</li> <li>Have experience working with groups and individuals.</li> <li>Have experience managing programs and volunteers.</li> </ul>		
Columbia College, Columbia, SC			
	-3.89 GPA		
	-cum laude		
	High School	May 2007	
	Barnwell High School		
	-enhanced academic diploma		

#### Career History & Accomplishments

<ol> <li>Helping two youth with homework and study assignments.</li> <li>Organizing students' time schedules.</li> <li>Transferring students from schools to study area.</li> <li>Program Assistant, Ashleigh Place Group Home May 2011-Augusta 2011</li> <li>Filing forms and organizing office functions.</li> <li>Planning therapeutic groups (ie: yoga, gardening, assertiveness simulations) for the residents three times per week.</li> <li>Meeting with the residents for one-on-one sessions twice per week.</li> <li>Taking residents to appointments, when necessary.</li> <li>Literacy Tutor, Turning Pages Iteracy Tutor, Turning Pages Worked with both groups and individuals, both counseling and teaching the fundamentals of literacy.</li> <li>Columbia College Adult Literacy Program, Columbia College Initiated the program at Columbia College.</li> <li>Organized the program.</li> <li>Recruited learners in the community through local churches and community service ventures.</li> </ol>	After-So	chool Tutor	September 2011-present
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, ,	3.	Recruited volunteers on campus.	
local churches and community service ventures.	4.	Recruited learners in the community through	
		local churches and community service ventures.	

### References

Terri Stone -Parent of After-School Students -(803)671-0983

Dawn Hollingsworth -Director of Ashleigh Place Group Home -(803)284-4433

Shannon Doak -Friend and Administrative Assistant at Ashleigh Place Group Home -(803)671-6740

Debbie Yoho -director of Turning Pages organization -(803) 240-2441 -literacycolumbia@earthlink.net Attachment B:





# Getting There: Life after High School

Are you the parent/caregiver of a teen or young adult? Is he/she having a tough time moving towards adulthood? This parent support group may be just what you have been looking for!

Does your child skip school, use drugs, and suffer from depression or run the risk of getting involved with the justice system because of his/her behaviors? VFN is hosting a support group for parents and caregivers of youth age 16 to 21 who are facing these challenges. We offer a safe and comfortable environment in which parents and caregivers can come together, learn from each other and share their concerns.

<u>When:</u> The third Monday of the month, 7:00-8:30 p.m. Next Groups: <u>September 19</u>, October 17, November 21, December 19

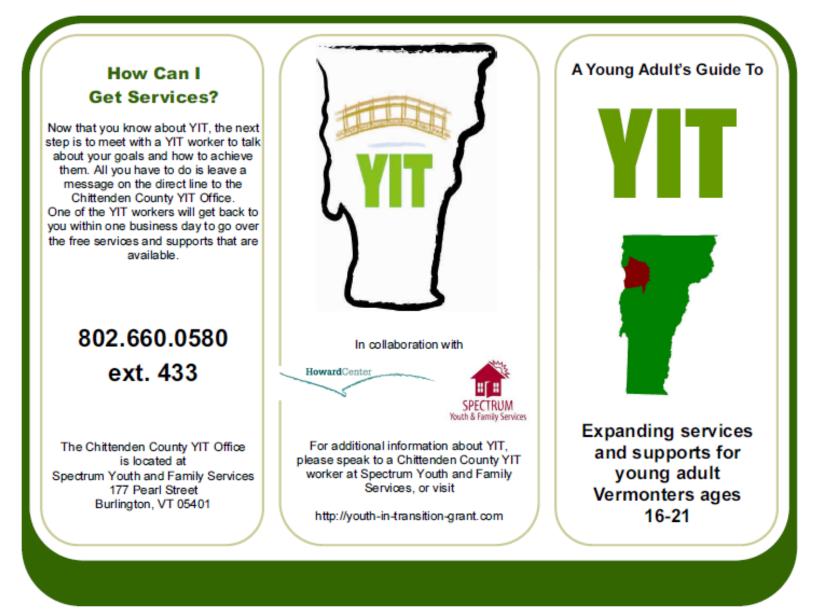
Where: Vermont Family Network, 600 Blair Park Road, Suite 240 Williston, VT 05495

## FREE SNACKS PROVIDED!

For questions, contact Bob DiMasi at 1-800-800-4005 or email bob.dimasi@vtfn.org

Vermont Family Network (VFN) promotes better health, education and well-being for all children and families, with a focus on children and young adults with special needs.

Attachment C:



## What is YIT?

YIT is an acronym for "Youth In Transition." YIT refers to any young adult who is age 16-21, in the years of transition from childhood to adulthood.

YIT is also the name of a grant which the State of Vermont received to help young adults navigate this often difficult and uncertain time of life, and grow into successful, responsible, happy and self sufficient adults. YIT support is open to young adults who are in school and those who have graduated or left.

Each county in Vermont has their own YIT team and headquarters. In Chittenden County, YIT is a collaboration between Spectrum Youth & Family Services and HowardCenter. The Chittenden County YIT office is located at 177 Pearl Street, Burlington, Vermont,



## How can YIT help me?

If you qualify for YIT support, there are many goals a YIT worker can help you identify and work toward. YIT support can help with things like:

- Building a resume
- Finding and keeping a job
- Stabilizing housing
- Finding basic needs
- Enrolling in health care coverage
- Finding a doctor or counselor
- Enrolling in life and job skills trainings
- Applying for 3 Squares or SSI
- Overcoming substance abuse issues
- Enrolling in high school completion or GED courses
- Applying to college
- Applying for scholarships
- Getting matched with a mentor
- Getting linked with additional community supports and services
- Developing independence

YIT's goal is to ensure that young adults in Vermont are empowered, healthy, valued, and engaged in their communities. YIT support is completely free to all who qualify!

## Am I eligible for YIT support?

To find out if YIT support may be right for you, ask yourself the following questions:

- Are you 16-21 years old?
- Are you struggling to manage one or more aspects of your life?
- Could you benefit from some additional support people and allies?
- Are you having trouble finding or keeping a job?
- Is your housing unstable or are you homeless?

If you answered yes to some or all of these questions, it's likely you qualify for YIT support. To find out for sure, contact the YIT office directly or ask a Drop-In Staff to help you set up an appointment with a YIT worker.

HowardCenter

#### Page 23 of 32 # 0.3150 - 7079

A Young Adult's Guide To အောက်ပါအဖွဲ့အစည်းများနှင့်ပူးပေါင်းဆောင်ရွက်သည် HowardCenter SPECTRUM Youth & Family Services လူရွယ်ဘဝသို့ ကူပြောင်းကာလနှစ်များကို ဖြတ်သန်၊နေသော အသက် ၁၆ နှစ်မှ ၂၁ စိုင်ဆိုင်တီ အကြောင်၊ကိုအကျယ်တဝင်သီလိုလျှင်၊ ပေက်ထ၇မ် နှစ်အတွင်၊ ရှိသော လူငယ်များအားလုံး လူငယ်နှင့် မိသားစုဝန်ဆောင်မှုရုံးရှိ ချစ်တတန်ကောင်တီ ကိုကျွန်ုပ်၏ အကူအညီ နှင့် ထောင်ပံ့မှုကို လက်ဆင့်ကမ်းပါသည်။ စိုင်အိုင်တီရံ၊ဝန်ထမ်းများကိုဆက်သွယ်ပါ။ (သို့ မဟုတ်) အောက်ပါ အင်တာနက်စက်ဆိုက်တွင်ကြည့်ရွှနိုင်ပါသည် http:///youth-in-transition-grant.com

## Attachment D (Burmese):

ကျွန်တော်/ ကျွန်မ မည်ကဲ့ သို့ ပါဝင်နိုင်မည်နည်း။

ဝိုင်အိုင်တိ အကြောင်းကိုသိပြီးတဲ့အခါ၊ သင်လုပ်ဆောင်ရမည့် နောက်ထပ်တဆင့်ကတော့၊ ဝိုင်အိုင်တိ ဝန်ထမ်းများနှင့်တွေ့ ဆုံပြီး သင်၏ ရည်မှန်းချက်ပန်းတိုင်များအကြောင်းနှင့် မိမိရည်မှန်းချက်များ မည်ကဲ့သို အောင်မြင်အောင် လုပ် စောာင်ရမည်ကိုဆွေးနွေးရန်ဖြစ်ပါသည်။ သင်လုပ်ဆာင်ရမှာကတော့ ချစ်တတန်ကေ-ာင်တီ ဝိုင်အိုင်တိရုံး၏ တာရိုက်ဖုန်းလိုင်းတွင် ပြောလိုသည်များကို အသံသွင်းထားခဲ့ပါ။ ဝန်ထမ်း ၄ ယောက်အနက် ၁ ယောက်က သင့်ကို ၁ ရက်တွင်းဆက်သွယ်လာမှာဖြစ်ပြီး၊ သင်ရရှိနိုင်သော အခမဲ့ဝန်ဆောင်မှုများနှင့် အကူအညိများအကြောင်း ကိုထွေးနွေးမည်ဖြစ်ပါသည်။

၈၀၂. ၆၆၀. ၀၅၈၀ လိုင်းခွဲ ၄၃၃

ချစ်တတန်ကောင်တီရှိ ဝိုင်အိုင်တီရုံးသည်၊ စပက်ထ႑မ် လူငယ်နှင့် မိသားစုဝန်ဆောင်ဗူရုံ၊ ၁၇၇ ပလဲလမ်း၊ ဘာလင်တန်မြို့၊ ဗာ၊ဗောက်ပြည်နယ် ၀၅၄၀၁ (၁၇၇ ဏနုဗွေ့ အဗနုနုအယ ကြဗူညေါအသညယ ဋ ၀၅၄၀၁) တွင်တည်ရှိသည်။

## ဝိုင်အိုင်တီ (YIT) ဆိုသည်မှာဘာလဲ။

ဇိုင်အိုင်တီရေီသည်မှာ "ကူးမပြာင်းကာလာ လူငယ်များ – သကာအု ည ္မမည္။ အာငသည ()" ၏ အငရီကောက် အခေါ်အဝေါ်ဖြစ်ပါသည်။ ကလေးဘာငမှ လူရွယ်အဝသို့ ကူမပြင်းကာလနှစ်များကို ဖြတ်သန်းနေသော အသက် ၁၆ နှစ်မှ ၂၁ နှစ်အတွင်း ရှိသေ လူငယ်များအဝလုံး ဇိုင်အိုင်တိ အတွင်း အကြီးဝင်ပါသည်။

တခြားတမက်တွင်သည်။ ဒိုင်ဆိုင်တို ဆိုသည်မှာ ကော်ေ မသေရာသေအမြာင်းကျကာလာကို ဖြတ်ကျော်နေသော ငယ်ဂွယ်သေးသည် လူငယ်များကို ကိုယ်ခွဲနကိုယ်ရန်၍ မေရာ်ရွင်အောင်မြင်တာဝနိယ္ဖမ္မရှိသော လူငယ်များအဖြစ်သို့ လူလာအမြောက်လာစေဖို့ ကူညီနိုင်ရန်အတွက် မတာမောက် (ဋ္ဌမှသေညာဆ) ဖြည့်နယ်မှ ရရှိနေသည် ရန်ပုံချွေ၏ အခေါ် အဝေါ်လည်းဖြစ်ပါသည်။ ဒိုင်ဆိုင်တီသည် ကျောင်းတက်နေသော (သို မဟုတ်)၊ အသက်တန်အောင်မြင်ပြီးသော (သို့ မဟုတ်)၊ ဘသင်ကျောင်းများမှ ထွက်ခွင့်စေသာ လူငယ်များအားလုံးကို အဆောက်– အပုံကူညီမေးသည်။

မေးမောက် ပြည်နယ်အတွင်းရှိ ကောင်တီ (ဆေကညအပ) တိုင်းတွင် နိုင်အိုင်တိုင်အဖွဲ့ နှင့်ငှဲများကိုကြသည်။ ရှစ်တတန်ကောင်တီ (ယင္အအားရည်နည္ ယသကညအသ) တွင် ပိုင်အိုင်တီသည် ပေက်ထကဲ့မ် လူငယ်နှင့် ခံသားစုဝန်ဆောင်မှုတဲ့ (နေအာမကော သကားစွာ ရုံ စာငူပ္နန္နမ လငေရှေ)၊ တောင်းစေါ့တံ ဝင်တာ (သတခေါ် ယနည္ဆားနှစ) တို့ နှင-ှင့်မူမေပါင်၍ အတူအလုပ်လုပ်ကြသည်။ ရှစ်တတန်ကောင်တီတွင်ရှိသော ဖိုင်အဦးငံတီ ရဲ့သည် ၁၇၅ ပတဲလမ်။ ဘာလင်တန်ပြီး၊ စားမောက်ပြည်နယ် (၁၇၅ ကနေရ အယကြေမှုညာနည်းစည်။ သည့်မ နွေမတသည်အ) တွင်တည်ရှိပါသည်။

> SPECTRUM Youth & Family Services

## ကျွန်တော်/ ကျွန်ဗကို ဗိုင်အိုင်တီ ဗည်သို့ ကူညီနိုင်မည်နည်း။

အကယ်၍သင်သည် ဇိုင်အိုင်တံ၏ အကူအညီကို စံစားပိုင်ရွင့်ရှိသူတယောက်ဖြစ်မည်ဆိုလျှင်၊ သင့်ကို ဇိုင်အိုင်တီ ဝန်ထမ်းများက သင်၏ ၇ည်မှန်းချက်ပန်းတိုင်များ၊ ကူညီချမှတ်ပေးခြင်းနှင့် စိုမိရန်မှန်းချက်ပန်းတိုင်အောင်မြင်နိုင်ရန် ကူညီပေးမှာဖြစ်ပါသည်။ စိုင်အိုင်တံ၏ အကူအညီများမှာ —

ကိုယ်ရေးအကျဉ်းရှုပ် စရာနည်း

အလုပ်၇၁၀နှစြင်းနှင့် အလုပ်ဆိန်းသိမ်းခြင်း

အိမ်ယာတည်ခြစဂူး

အစစြစ်လိုအပ်ရက်များဂျာစပ္ပစပေးခြင်း

ကျန်းမာစေျစစာက်စဌာက်မှုများဂရိစစု၊

ဆရာဝင်နှိ (သို့ မဟုတ်) စကဝင်လော ရာစစ္စစပေခြင်း အလုပ်ကိုင်နှင့်ဘာသာရည်အရင်၊ သင်တန်းများရရှိရေး

SSI အစထားက်ဆပ်များ တင်စက္ကာက်ပေဖြင်း

အရက်သေစာနှင့် မူယစ်ဆေးဝါးသုံး၌မူ ပပျောက်စရာ

GED (သို့ မဟုတ်) အထက်တန်းပြီးဆုံးခြင်း စကျာင်းများတက်စရာက်နိုင်စရာ

စကဝလိပ်စကျာင်းဝင်နွင့် တင်စလျှဝက်ပေးခြင်း

ပညာသင်ရာများရရှိရန် တင်လျှောက်ပေးခြင်း

စိနိနှင့် သင့်စတင်သော အကြံပေးသူ ရရှိဈေ တခြားလူမှုဖူလုံးရေးနှင့် အကူအညီများ ရရှိဈေး

နိန်ဘာသာရပ်တည်နိုင်ရေး

. . . . . .

တို့ ဖြစ်ပါသည်။

စိုင်ဆိုင်တီ ၏ ရည်မှန်းရက်မှာ မားမောက်ပြည်နယ်ရှိ ငယ်ရွယ်သောလူငယ်များအား စွမ်းဆောင်နိုင်မှု မြင့်တင်ခမ်းဖြင်း၊ တန်ဖိုးဆားပေးဖြင်းနှင့်၊ လူငယ်များအခွေဖြင့်ခိမိပတ်ငန်းကျင်အသိုင်းအခွင်းအတွင်း ပါဝင်ဆောင်ရွက်နိုင်ရေး တို ဖြစ်ပါသည်။ ရဖိုင်ရွင်ရှိသူ့အားလုံး ဖိုင်ဆိုင်တီမှ အကူအညီရယူနိုင်ပါ သည်။ ကျွန်တော်/ ကျွန်ဗသည် ဝိုင်ဆိုင်တီမှ အကူအညီရယူဝိုင်ခွင့်ရှိပါသလား

စိုင်အိုင်တီဗှ အကူအညီဗျားသည် ကျွန်တော်/ကျွန်ဗအတွက် သင့်တော်ပါ၏လောဆိုသည်ကို သိလိုလျှင်၊ အောက်ပါဗေးရွန်းဗျားကို ဗိဓိ– ဘာသာဗေးကြည့်ပါ —

ာ။ သင်သည် ၁၆ နှစ် နှင့် ၂၁ နှစ်ကြာ။ ဟုတ်ပါသလား။

၂။ သင်သည် သင့်ဘဝဖြောက်ဖြူရေးအတွက် ဗနိုင်ဗနင်းလုပ်တောင်နေရပါသလား။

၃။ ခိဓိလူမှုပတ်ဝန်းကျင်နှင့် တခြားလူများထံမှအကူအညီများမှာ သင့်အတွက် အကျိုးရှိနိုင်ဗည် ဟုထင်ပါသလား.

၄။ သင်သည် အလုပ်အကိုင် ဆက်လက်ထိန်သိမ်းရန်နှင့် ရှာဖွေရန် အခက်ခံရှိနေပါသလား။

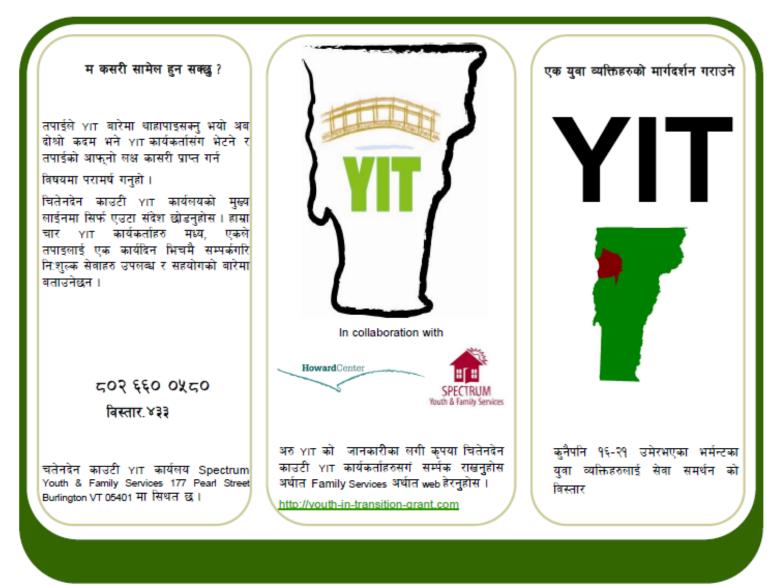
၅။ သင်သည် အိုးအိမ်ခဲ့သူ (သို့မဟုတ်) သင့်အိမ်ယာ ဗတည်ငြိမ်ဖြစ်နေပါသလာ။

ဤအထက်ဖော်ပြပါမေးရွန်းအားလုံး၊ (သို့ မဟုတ်) တချိ မေးရွန်းများက သင့်အတွက်မှန်ကန်မည်ဆိုလျှင်း သင်သည် ဇိုင်အိုင်တီမှ အကူအညီရပိုင်ရွင်ရှိသူဖြစ်နိုင်ချေရှိသူဖြစ်သည်။ အသေအချာသိနိုင်ရန်အတွက် ဇိုင်အိုင်တီရုံးသို့ တာရိက်ဆက်သွယ်ပါ (သို့ မဟုတ်) ဇိုင်အိုင်တီရုံးရွဲများရှိ စန်ထမ်းများကိုဆက်သွယ်၍ ရက်ချိန်းရယူနိုင်ပါသည်။

HowardCenter

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Attachment E (Nepali):



के म YIT सहयोगका लागियोग्य छ? YIT ले मलाई कसरी सहयोग गर्छ ? YIT भनेको के हो ? यदि तपाई YIT सहयोगमा योग्य हुनुभएमा, YIT का YIT सहयोग तपाईकालागथि ठिक छ कि छैन YIT ''परिबर्तनकालन युवा'' को संक्षिप्त कार्यकर्ताले धेरै लक्ष्यहरु पहिचान गर्न र तिनै लक्ष्यहरु भनेर पत्तालगाउन निम्नलिखित प्रश्न्हरु आफै मा पुग्नकालगि सहयोग गर्नेछन् । YIT सहयोगले रुपहो। γιπ ले कुनैपनि १६-२१ उमेर सम्मका लाई सोध्नुहोस तपाइलाई यो कुराहरुमा मदत गर्न सक्छ जस्तै: युवा व्यक्तिहरुलाई दर्साउदछ । YIT भर्मन्ट १ के तपाई १६-२१ वर्षको हुनुहुन्छ ? Resume तयार गर्न राज्यले प्राप्त गरेको एक अनुदान पनि हो, जागिर खोज्न र गरिरहन २ के तपाई आफुनो जीवनको एक वा जसले युवा अवस्थाका व्यक्तिहरुलाई जिवनका बसोबास मजबूत र स्थायी गराउन कुनै मुस्किल र अनिश्चितकालिन समयबाट ३ एकभन्दा धेरै क्षेत्रहरुमा संघर्ष मुल आवश्यकताहरु पुरा गर्न छुटकार र सफल, जिम्मेदार, खुसी र गर्नुहदैछ ? स्वास्थ्य हेरचार र विमामा भर्ना गर्न आत्मानिर्भर व्यक्तिको रुपमा विकसित हन डाक्टर वा परामर्शदाता खोज्न ४ के तपाई जागिर खोज्न वा जोगाउन मदत गर्दछ । YIT सहयोग स्कुल जाने, स्कुल जीवन र जागिर उन्मुख तालिममा भर्ना गर्न पढिसकेका वा पढन नसकेका युवा व्यक्तिहरु चिन्तित हुनुहुन्छ ? तीन वर्ग(3 Square) वा पुरक शुरक्ष आय(SSI) का लागि खुला छ । प्र के तपार्डको बसार्ड अस्थिर छ वा बसोवास आधिक दरुपयोगका समस्यबाट बाहिर निस्किन भर्मन्टका प्रत्यक काउन्टी(अधिराज्य) का आ विहिन हुनुहुन्छ ? उच्च विधालय पुरा गर्न वा GED पाठयकममा आफ्ना YIT टोली र मुख्यालयहरु छन यदि तपाई यो कुनैपनि प्रश्नहरुको जवाफ हो भर्ना गर्न चितेनदेन काउन्टीमा YIT लाई स्पेक्टम युवा र कलेजमा भर्ना गन. भन्नुहुन्छ भने, तपाई YIT सहयोगका लागि छात्रवृत्तिका लागि आवेदन भर्न परिवार सेवा केन्द्र तथा हावड योग्य हुन लायक हुनुहुन्छ । निश्चित गर्नका उपयुक्त उपदेशक प्राप्त गर्न सहयोगमा संचालन गरिएको छ विचको लागि YIT कार्यलयमा सिधासंपर्ग गन्होला वा समाजका थप सहयोग र सेवाहरु संग संबद्द हन चितेनदेन काउन्टीमा YIT को कार्यलय 177 YIT कार्यकर्तासंग भेटबार्ता मिलाउन सहयोग स्वतंत्रता विकाश गर्न Pearl St, Burlington VT 05401 माथिल्लो को लागि हामीलाई सोध्नुहोस । भर्मन्ट का युवा व्यक्तिहरुलाई सशक्त, स्वास्थय, तलामा अवस्थित छ । मुल्यवान, र समाजमा संलग्न गर्न सुनिश्चित गराउन् YIT को लक्ष हो । YIT सहयोग HowardCenter कोहिपनि योग्य व्यक्तिहरुका लागि निःल्कुल SPECTRUM छ। Youth & Family Services

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Attachment F(Swahili):



YIT ni nini?	Msahada gani ntaweza kupata kwenye YIT?	Je, na mimi ni taweza kupata
YIT ni kifupi cha " Vijana Katika Kipindi cha Mpito." YIT ina husika na vijana wote wenye umri wa miaka 16-21, wapatikanao katika miaka ya mpito kutokea utoto hadi kufikia kuwa mtu mzima.	Kama unachaguliwa kupokeya msahada wa YIT, na msaidizi wa YIT atakuongoza katika njia nzuri. Nsahada wa YIT unapatikana katika mahali kama vile: • Uandaaji wa barua	lli ujuwe kama unastahili kupokea msahada wa YIT, hebu jiulize maswali zifuatazo:
YIT ni jina ya msahada ambao Jimbo la Vermont upokeya ajili ya kusaidiya vijana waishio katika hali zaifu, ili mtu afanyikiwe, na aaminike, awe mfuraivu , na awe mwenye kujitegemeya binafsi. Msahada wa YIT inatolewa kwa wanafunzi, walio maliza na kwa wale walio acha shule.	<ul> <li>Kupata kazi na kuichunga</li> <li>Kupata kazi na kuichunga</li> <li>Nyumba ya kudumu</li> <li>Kupata mahitaji muhimu</li> <li>Kujiandikisha kwenye mpango wa afya</li> <li>Kutafuta Daftari pamoja na mshauri</li> <li>Kujiandikisha katika mpango wa mafunzo ya kazi</li> <li>Kujiandikisha katika ofisi inayo usika na 3 Squares ao SSI</li> </ul>	<ol> <li>Wewe una umri wa miaka 16-21?</li> <li>Je, unashida ya kushimamia jambo moja ao zaidi katika maisha yako?</li> <li>Kuna msahada wa zaidi unaweza kupata kutokeya upande wa marafiki ao jamii?</li> <li>Je, unashida ya kupata kazi na ku- baki nayo muda mrefu?</li> <li>Nyumba yako ni yenye matatizo ao</li> </ol>
YIT inapatikana katika mikowa yote hapa Vermont, na kila mkoa ina ofisi yake na wafanya kazi wake. YIT ya Chittenden County ina shirikiana pamoja na Spectrum Youth & Family Services, pamoja na Haward Center. Ofisi ya YIT ya Chittenden County inapatikana kwenye 177 Pearl Street, Burlington, Vermont.	<ul> <li>Kuelewa maswali yenye kuhusu madawa ya kulevya</li> <li>Kujiandikisha katika shule ya sekondari ya GED</li> <li>Kujiandikisha kwenye chuo ki kuu</li> <li>Kuomba msahada wa shule</li> <li>Kutumika pamoja na mshauri</li> <li>Kujulishwa huduma mbali mbali pamoja na jamii ambazo zinaweza kusaidia</li> <li>Ku sisitiza mtu awe huru</li> </ul>	hauna makao kamili Kama umekubali hata kwa sehemu ya maswali hizi, ina jirika kama unaweza ku- pata msahada wa YIT. Ili upate uhakika wa mambo yote, wasiliane na ofisi ya YIT, moja kwa moja ao uliza mfanya kazi hapo atakuchukulia miadi ili upate kuzungumuza na mfanyakazi wa YIT.
SPECTRUM Youth & Family Services	Lengo ya YIT ni kuhakikisha ya kwamba vijana wote wa hapa Vermont ni wenye ku- jengwa ki afya, na wenye thamani fulani, na wenye kushurulikia jamii zao. Msahada wa YIT ni wa bure kwa wale walio kubaliwa!	HowardCenter

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STATE OF VERMONT VERMONT DEPARTMENT OF MENTAL HEALTH GRANT AWARD

Attachment G (Arabic):



كيف لله واي آي تي مساعدتي؟	هل أنا مشمول بدعم الواى آى
هناك عدة اهداف يمكن لمندوب الـ و اي أي تي أن يساعتك	<u>تى؟</u>
في تحديدها والعمل على تحقيقها، إذا كنت مؤهل لدعم الـ واي أي تي.	لمعرفة فيما إذا كان دعم الـ واتي أي تي يشملك وينطبق عليك أو لا، عليك سؤ ل نفسك التالية:
<ul> <li>بناء سيرة ذائية.</li> </ul>	
<ul> <li>العثور أو المحافظة على عمل.</li> </ul>	<ol> <li>هل أنت عمرك بين 16-21 سنة؟</li> </ol>
<ul> <li>الإستقرار بالسكن.</li> <li>الحصول على الإحتياجات الأساسية.</li> </ul>	<ol> <li>عل أنت تكافح لإدارة واحد أو أكثر من جو انب حياتك؟</li> </ol>
<ul> <li>التسجيل في نظام تغطية التأمين الصحي.</li> </ul>	
<ul> <li>العثور على طبيب أو على إستشاري.</li> </ul>	<ol> <li>هل يمكنك الإنتفاع من بعض الدعم الإضباقي للذلس و الحلقاء؟</li> </ol>
<ul> <li>التسجيل ضمن برنامج تدريب مهارات الحياة والعمل.</li> </ul>	عدين والحقارة:
<ul> <li>التقديم لمبرنامج الرعاية الإجتماعية (ريج أب) Squares3 أو التقاعد.</li> </ul>	<ol> <li>4. هل تلاقي متاعب في الحصول أو الحفاظ على صل؟</li> </ol>
<ul> <li>التغلب على قضايا تعاطى المخدرات.</li> </ul>	
<ul> <li>التقديم لأنهاء الثانوية أو دورات الـ جي إي دي.</li> </ul>	<ol> <li>هل أنت مشرد أو غير مستقر في المكن؟</li> </ol>
<ul> <li>التقديم إلى الكلية.</li> </ul>	إذا أجبت بنعم على بعض أو كل هذه الأسنلة، إذا أنت
<ul> <li>التقديم إلى المنح الدر اسية.</li> </ul>	على الأغلب مؤهل للشمول بدعم الـ و اي أي تي.
<ul> <li>التطابق مع المعلم.</li> </ul>	والتأكد من ذلك، إتصل بمكتب الـ واي أي تي مباشرة
<ul> <li>التواصل مع خدمات ودعم المجتمع الإضافي.</li> </ul>	أو أطلب من أحد كوادر الدرجة المنخفضة لمساعدتك
<ul> <li>قمية الإستقلالية.</li> </ul>	لتحديد مو عد مع مندوب الـ واي أي تي العاملين.
إن هدف الـ واي أي تي هو التأكد من تمكين الشباب	HowardCenter
الوافعين في فر مونت، صحياً، و الرفع من شانهم، ونمجهم محمد قد مان دم السام الم الم الم الم الم الم الم الم الم	
مع مجتمعاتهم. إن دعم الـ واي أي تي مجاني تماماً لكل من هو مؤهل!.	

## ماهي الدواي أي تي

ال و ا آي تي هي مختصر لـ" يوث إن تر انزشن" يعنى "الشباب في المرحلة الإنتقالية". تشير الـ واي آي تي إلى كل شاب يافع عمره يتر اوح بين 16-21 سنة، واللذي يكون في مرحلة الإنتقال من الطقولة إلى الفضج.

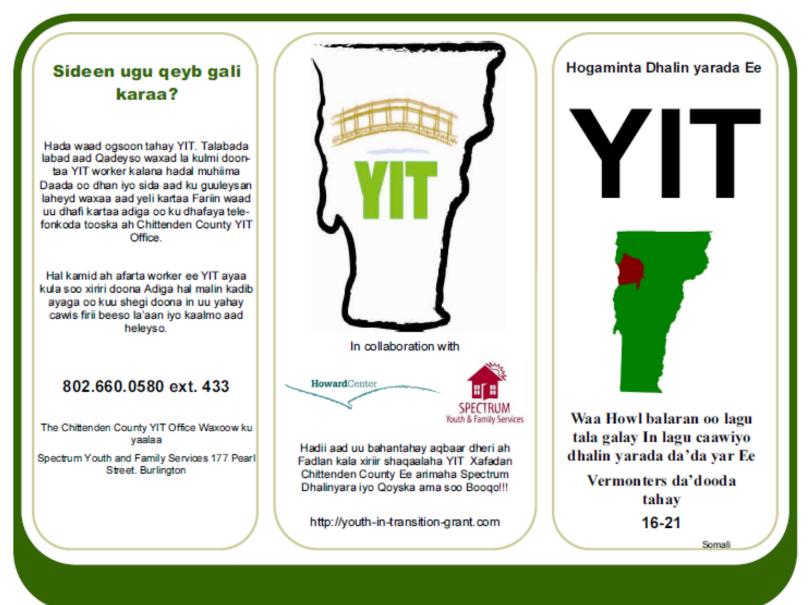
وال واي أي تي أيضا هي إمم المنحة التي تستلمها ولاية فرمونت لمساعدة الشباب اليافعين للإنتقال وغالبا ما تكون مرحلة صعبة وبسن غير مستقر، والنمو لبلوغ شباب ناجح، مسؤول، سعيد ومكتفي ذاتيا. إن دعم ال واي أي تي مفتوح للشباب اليافعين ممن هم في المدرسة ولأولاك اللاين تخرجو أو تركوا المدرسة.

كل بلدة في فرمونت لها فريق ال واي أي تي الخاص بها ومقراته. ففي مقاطعة جتندن، الـ واي أي تي تعمل بالتعاون بين منظمة سبيكرتم لخدمات العائلة والشباب وبين مركز هوارد. مكتب الواي أي تي الخاص بمقاطعة جنندن يقع في: 177 ش.بيرل، برانغتون، فرمونت رمز بر يدي: 05401



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## Attachment H (Somali):



## Waa maxay YIT?

Y I T waa xarfo lasoo gabiyaay oo leysku kenay "Youth in transition". Y I T waxay qadataa dhalin yarada da'dooda tahay inta uu dhaxeyso. 16-21 ayagoo ka weynadeen caruurnimo uuna sodaan gangaar.

Y I T waa magaca ku diiwan gashan oo State of Vermont ku caawiyan Dhalin yarada da'da yar si ay ugu hortagan dhibatooyinka iyo waqtiyada nolosha. Ayna noqdan kuwa guuleyta hormar gaara farxad ku noolado eena noqda kuwo isku filan.

#### sku man

Degma kasto ee Vermont ku taala waxay qabtaa Y I T uu qaas ah. Eena ah kooxyo iyo hogamiye yaal In Chittenden county, YIT waxay la xiriirtaa Isla shaqeyaan labadan dhexdooda sida Spectrum Youth iyo Family Services iyo HorwardCenter The Chittenden county YIT Xafiiska waxoow ku yalaa at 177 Pearl ST Burlington, Vermont 05401- kor ayuu ku yaalaa jaran jarada Spectrum Drop-In.



### Cawinaadee ayaan ka heli karaa YIT?

Hadii aad uu qalanto YIT cawinadeeda. Waxaad ka heleysaa Fa'idoyin badan ee YIT waxaa ku cawini doona shaqalaheena Eena kuu radin doona in aad shaqo hesho. YIT waxay kaloo ka Cawin doontaa wax yabaha aan hoos ku sheegi doona;

- In ay kuu dhisaan dukuminti shaqo aad ku hesho.
- Shago in aad hesho aadna ku waarto.
- In ay kaga la shaqeyaan dhinaca guryaha.
- In ay kuu radiyan wax yabaha daruuriga ah.
- Hadadan inshuransi cafimaad qabin in ay kuu radin.
- In ay kaa cawiyan in ay kuu yelan tak htar ama kuwa takhatirta Hadalka ee wanada.
- In kugu hagajiyan noloshada iyo shaqo aad siminaar uu gashay.
- In ay kuu buxiyan foomka kaarka rashinka ee 3 squares ama SSI.
- Hadii aad uu bahan tahay in lagaa caawiyo dhinaca Muqaadaradka.
- Hadii aad uu bahan tahay in dugsi sare dhigato ama aad GED qadato.
- Hadii aad rabto in aad jamacad dhigato.
- Hadii aad uu bahan tahay in aad buxsato in laga cawiyo qarashka iskuulka.
- Hadii aad uu bahan tahay in lagoo helo Mentor adiga kuu qalma.
- Hadii aad aad uu bahan tahay in lagugu xiriiriyo waxyabaha aad bulshada
- dhexdeeda ugu bahan tahay.
- Sida aad ku gaari laheyd isku filnansho.

YIT's muhiimadeda waxay tahay in ay dhalin yarada qaan karka ah Ee Vermont aga gargeeda degan ay ahaa daan kuwa isku filan oo hela waood ku filan Cafimadsan oo faa'ido gaara hadana ku xiran bulshadooda. YIT cawinideeda waa lacag la'aan toos ah qof alla qofki uu galma!!

## Aniga ma uu qalmaa cawiska YIT?

Hadii aad ogatid in YIT aad uu bahan tahay weydii Naftaada su'aalahan soo socda.

- 1. Adiga ma jirtaa 16-21 sano?
- Adiga dhib ma ku qabtaa sida aad ku toosin laheyd Mar iyo wixii ka badan nolashada?
- 3. Ma heli kartaa dadka cawinaad iyo tagero toosan aad guul ku gaartid?
- Adiga dhib ma ku qabtaa sida aad shaqo ku heli laheyd ama aad uu Heyn la heyd?
- Gurigada ma uu bahan yahay hagajis ama ma tahay hooy la'aan?

Hadii ay jawaab taada tahay haa wixii aan sheegnay kuwa kamid ah Ama kuligooda oo su'aalahan oo dhan haa waad uu qalantaa YIT cawiskeda La xariir YIT xafiskeeda si toos ah ama weydii shaqaalaha halkaas ka shaqeyan In ay balan kuu dhigan ood la kulanto YIT worker.

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