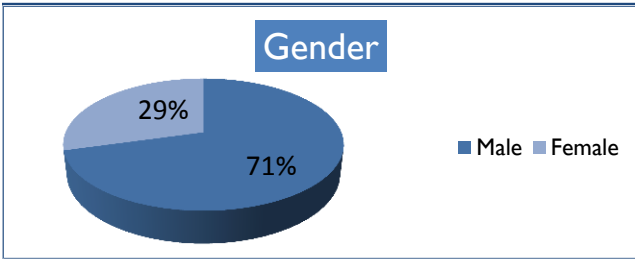
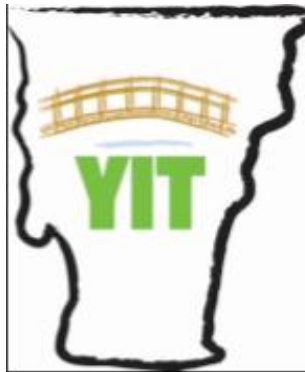


YIT Descriptive Data: Who Are We Serving?

Intake sample includes 75 young adults from Burlington. ⁺

Age	Mean	SD ⁺⁺	Range
	18.9	1.5	16 to 21.8

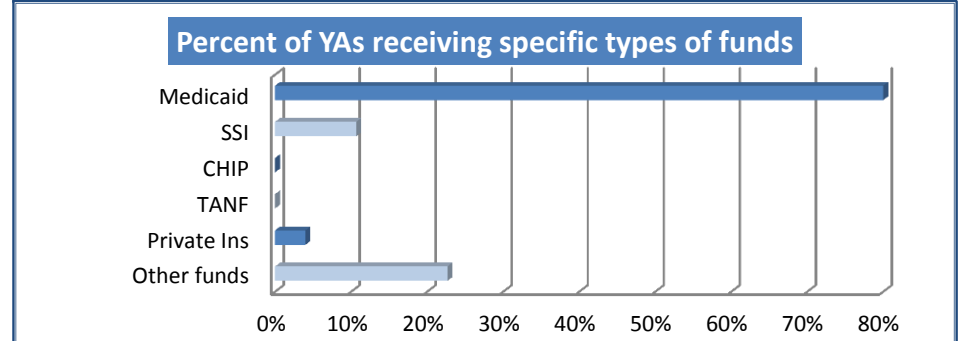
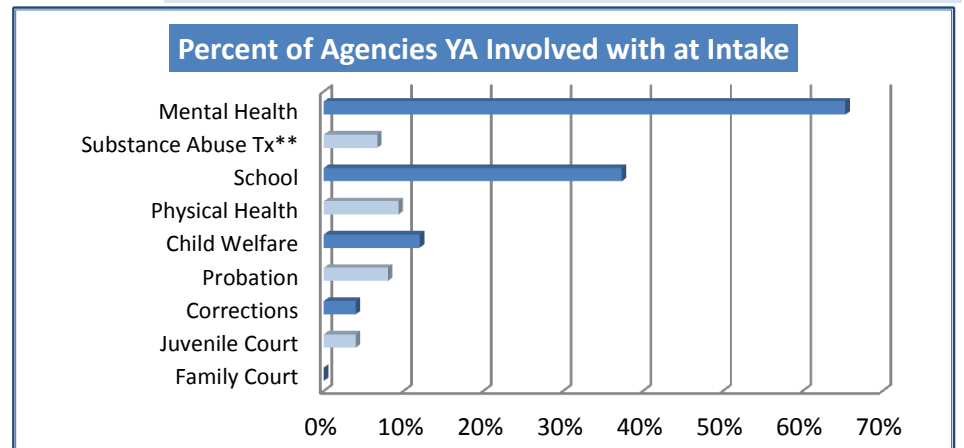
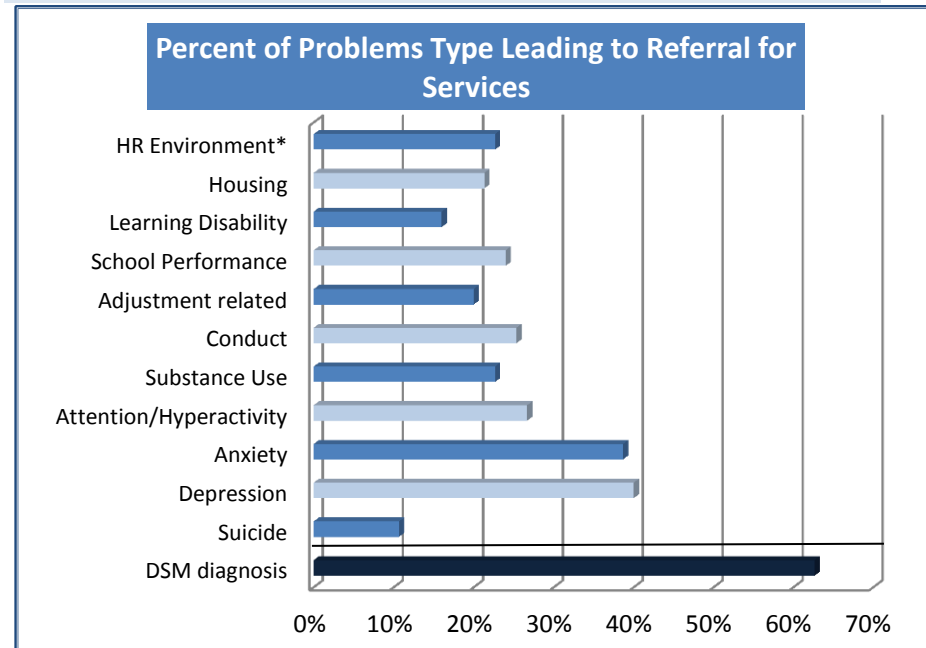


Race/Ethnicity	n	Intake
White	48	64%
African American	12	16%
American Indian/Alaskan Native	0	0%
Asian	10	13%
Belonging to more than 1 race	5	7%
Not of Hispanic, Latino, Spanish origin	56	75%
Hispanic, Latino, or Spanish*	3	4%

*21% missing data for Hispanic, Latino, Spanish

Problems Leading to Referral for Services

	Mean	SD	Range
Number of problems	2.7	2.3	0 to 8



⁺Sample size in any given category may vary due to missing data.

⁺⁺SD = standard deviation

*Note: includes any type of high risk environment

**Note: A number of MH agencies also provide substance abuse treatment



Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 3/31/12)

Burlington

These findings come from young adults who completed *Common Study* interviews when they started to YIT services in their communities (**YIT Start**) **AND 6 months later** (except for *Employment* which are from *Vermont & National Studies*). Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

Justice & Corrections	Sample size	YIT Start	6 mos	Progress
Arrested in past 30 days	26	0%	0%	●
Spent at least one night in correctional facility in past 30 days	21	0%	0%	●

Education	Sample size	YIT Start	6 mos	Progress
In school during the past 30 days	27	67%	78%	n/a
18 and older who have completed High School or GED	16	50%	50%	●
18 and older who received post-secondary training (e.g., TECH, College)	16	13%	13%	●

Employment (from Vermont & National Studies)	Sample size	YIT Start	6 mos	Progress
Report having a job in past 6 months.	12	67%	50%	●

Health	Sample size	YIT Start	6 mos	Progress
Report they are currently in excellent or very good health	20	45%	30%	●

Housing	Sample size	YIT Start	6 mos	Progress
Primarily living independently in past 30 days	27	7%	11%	●
Primarily living with others in community in past 30 days	27	52%	63%	n/a
Primarily living in more restrictive settings in past 30 days	27	22%	19%	●
Spent most nights homeless in past 30 days	27	7%	7%	●
Spent at least one night homeless in past 30 days	21	5%	0%	●

Relationships	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree know people they can rely on in past 30 days	26	88%	96%	●

Strengths	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree can handle daily life in past 30 days	27	78%	85%	●

Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress
Report anxious or depressed feelings all or most of the time in past 30 days	20	25%	30%	●
Report at least weekly tobacco use in past 30 days	20	30%	25%	●
Report at least weekly alcohol use in past 30 days	21	5%	5%	●
Report at least weekly illicit drug use in past 30 days	21	0%	5%	●

Symbol Key

- at least 5% improved
- No change
- at least 5% worse
- n/a Not applicable
- Less than 10

Sample Size

YIT Start **81**

6 mos **27**



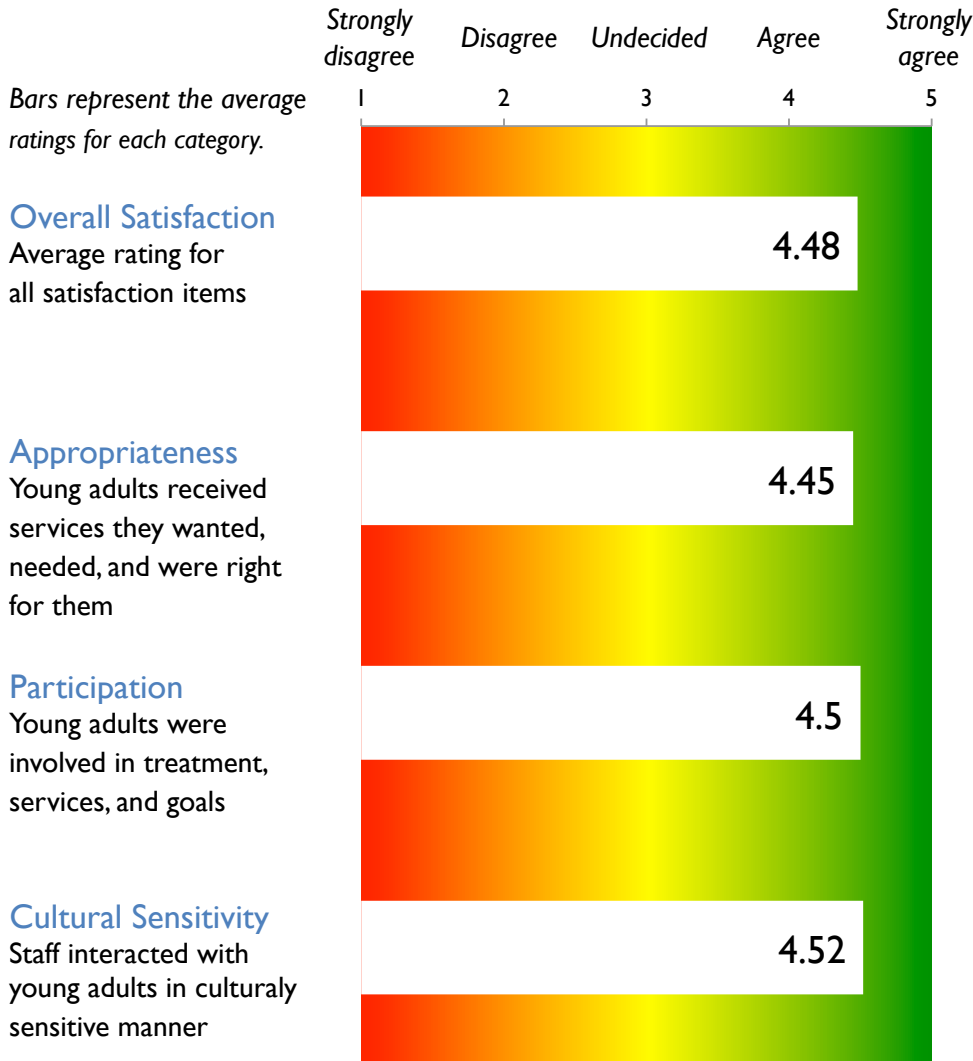
Youth in Transition Grant (YIT) Satisfaction Indicators (4/1/10 to 3/31/12)

Young adults who completed *Common Study* interviews 6 months after starting YIT were asked how much they agreed the services and supports they received were (1) *appropriate*, (2) *included their participation*, and (3) *culturally sensitive*. Note: Questions were asked by the young adults' service providers.



Burlington

Sample Size @ 6 months = 27



To provide more detail about what young adults think about their services, the specific items are listed below along with the percentage of young adults who reported they agree or *strongly agree* with each item.

Appropriateness	% Agree
Overall, I am satisfied with the services I received.	96%
The people helping me stuck with me no matter what.	93%
I felt I had someone to talk to when I was troubled.	96%
The services I received were right for me.	96%
I got the help I wanted.	93%
I got as much help as I needed.	93%

Participation	% Agree
I helped to choose my services.	96%
I helped to choose my treatment goals.	85%
I participated in my treatment.	85%

Cultural Sensitivity	% Agree
Staff here treated me with respect.	96%
Staff respected my family's religious/spiritual beliefs.	93%
Staff spoke with me in a way that I understood.	96%
Staff was sensitive to my cultural / ethnic background.	96%

