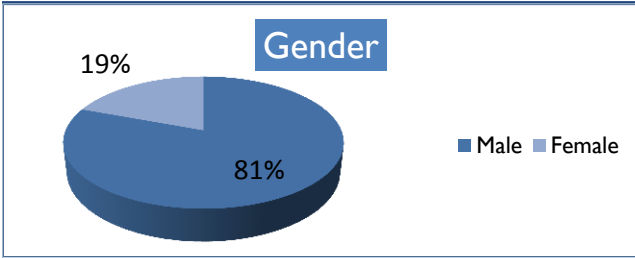
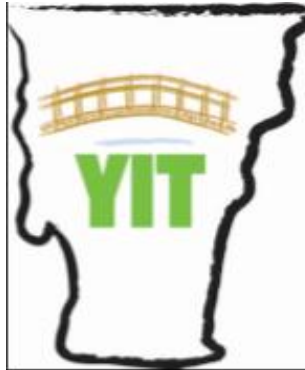


YIT Descriptive Data: Who Are We Serving?

Intake sample includes 31 young adults from Bennington.⁺

Age	Mean	SD ⁺⁺	Range
	19.1	1.3	16 to 21.4

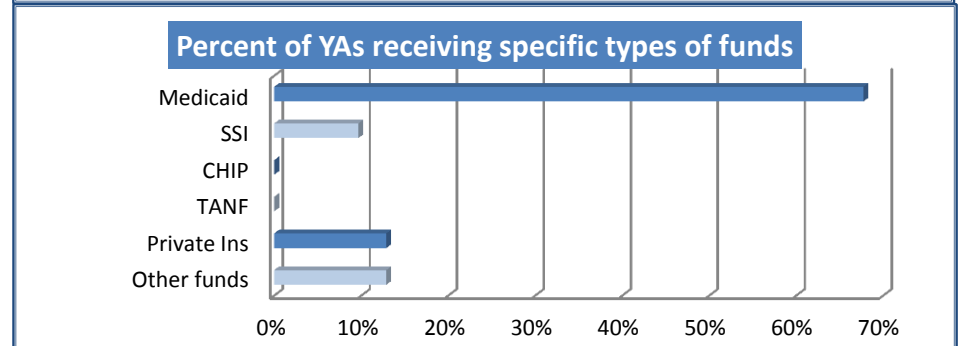
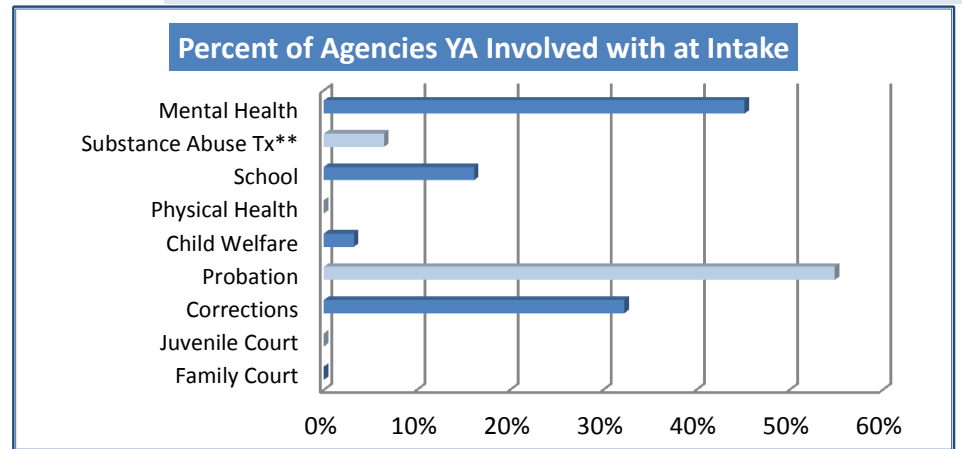
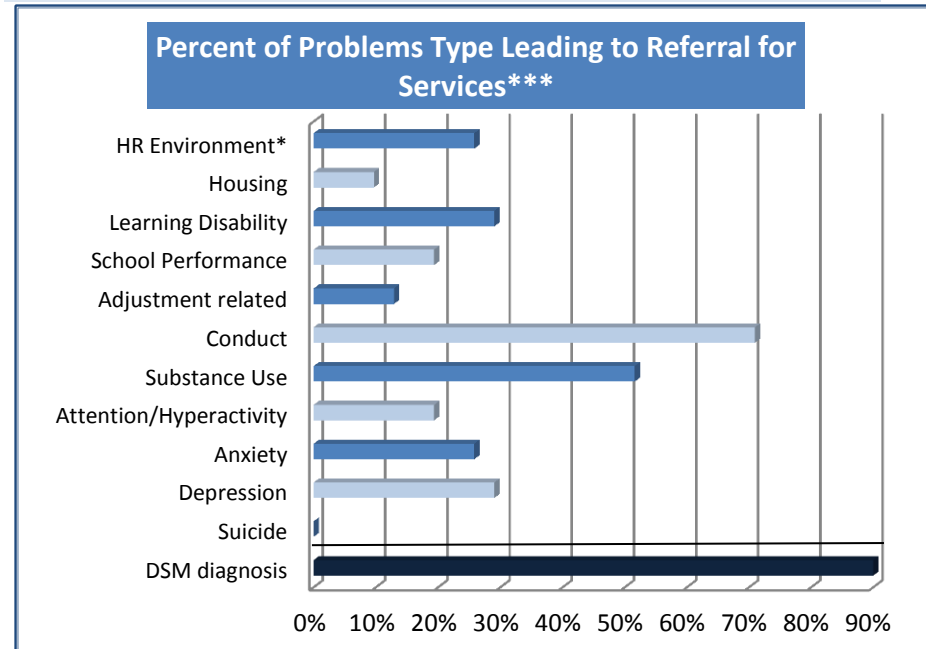


Race/Ethnicity	n	Intake
White	28	90%
African American	1	3%
American Indian/Alaskan Native	0	0%
Asian	0	0%
Belonging to more than 1 race	2	6%
Not of Hispanic, Latino, Spanish origin	30	97%
Hispanic, Latino, or Spanish*	0	0%

*3% missing data for whether Hispanic, Latino, Spanish

Problems Leading to Referral for Services

Number of problems	Mean	SD	Range
	3.2	2.2	0 to 7



⁺Sample size in any given category may vary due to missing data.

⁺⁺SD = standard deviation

*Note: includes any type of high risk environment

**Note: A number of MH agencies also provide substance abuse treatment

***23% of young adults were also rated as experiencing Sleeping Problems

Youth in Transition Grant (YIT) Outcome Indicators (4/1/10 to 3/31/12)

Bennington

These findings come from young adults who completed *Common Study* interviews when they started to YIT services in their communities (**YIT Start**) **AND 6 months later** (except for *Employment* which are from *Vermont & National Studies*). Sample sizes change because not all questions were answered, and samples <10 not reported for confidentiality.

Justice & Corrections	Sample size	YIT Start	6 mos	Progress
Arrested in past 30 days	16	19%	6%	●
Spent at least one night in correctional facility in past 30 days	13	8%	8%	●

Education	Sample size	YIT Start	6 mos	Progress
In school during the past 30 days	18	22%	28%	n/a
18 and older who have completed High School or GED	13	38%	54%	●
18 and older who received post-secondary training (e.g., TECH, College)	13	0%	0%	●

Employment (from Vermont & National Studies)	Sample size	YIT Start	6 mos	Progress
Report having a job in past 6 months.	12	42%	50%	●

Health	Sample size	YIT Start	6 mos	Progress
Report they are currently in excellent or very good health	14	21%	29%	●

Housing	Sample size	YIT Start	6 mos	Progress
Primarily living independently in past 30 days	17	24%	35%	●
Primarily living with others in community in past 30 days	17	65%	53%	n/a
Primarily living in more restrictive settings in past 30 days	17	0%	0%	●
Spent most nights homeless in past 30 days	17	6%	0%	●
Spent at least one night homeless in past 30 days	13	15%	8%	●

Relationships	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree know people they can rely on in past 30 days	18	100%	100%	●

Strengths	Sample size	YIT Start	6 mos	Progress
Report agree or strongly agree can handle daily life in past 30 days	18	94%	89%	●

Mental Health / Substance Use	Sample size	YIT Start	6 mos	Progress
Report anxious or depressed feelings all or most of the time in past 30 days	13	15%	8%	●
Report at least weekly tobacco use in past 30 days	14	79%	64%	●
Report at least weekly alcohol use in past 30 days	14	14%	14%	●
Report at least weekly illicit drug use in past 30 days	14	36%	21%	●

Symbol Key

- at least 5% improved
- No change
- at least 5% worse
- n/a Not applicable
- Less than 10

Sample Size

YIT Start **34**

6 mos **18**



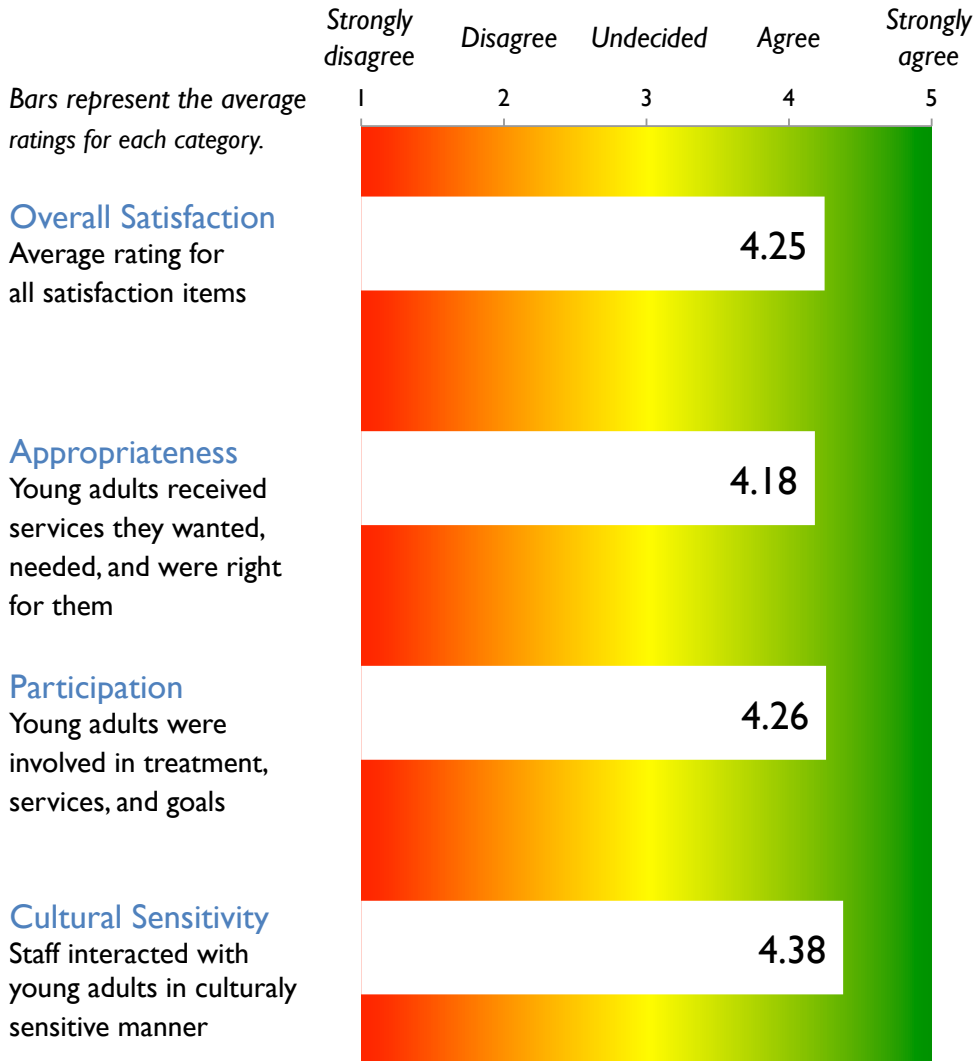
Youth in Transition Grant (YIT) Satisfaction Indicators (4/1/10 to 3/31/12)

Young adults who completed *Common Study* interviews 6 months after starting YIT were asked how much they agreed the services and supports they received were (1) *appropriate*, (2) *included their participation*, and (3) *culturally sensitive*. Note: Questions were asked by the young adults' service providers.



Bennington

Sample Size @ 6 months = 18



Overall Satisfaction
Average rating for all satisfaction items

Appropriateness
Young adults received services they wanted, needed, and were right for them

Participation
Young adults were involved in treatment, services, and goals

Cultural Sensitivity
Staff interacted with young adults in culturally sensitive manner

To provide more detail about what young adults think about their services, the specific items are listed below along with the percentage of young adults who reported they agree or *strongly agree* with each item.

Appropriateness	% Agree
Overall, I am satisfied with the services I received.	94%
The people helping me stuck with me no matter what.	100%
I felt I had someone to talk to when I was troubled.	100%
The services I received were right for me.	94%
I got the help I wanted.	89%
I got as much help as I needed.	89%

Participation	% Agree
I helped to choose my services.	94%
I helped to choose my treatment goals.	89%
I participated in my treatment.	89%

Cultural Sensitivity	% Agree
Staff here treated me with respect.	100%
Staff respected my family's religious/spiritual beliefs.	100%
Staff spoke with me in a way that I understood.	100%
Staff was sensitive to my cultural / ethnic background.	94%

