

YIT PROGRAM PROGRESS REPORT

1. Grant Number: C-YIT-FY12-WCMH
2. Grantee Name and Address: Washington County Mental Health
3. Telephone Number: 802 229 1399
4. Project Title: Youth In Transition
5. Period of Performance from July 1, 2011 through December 31, 2011
6. Approved Project Period from July 1, 2011 through June 30, 2012
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8. Date of report: 1/24/2012
9. Comments (if any): None

Report Contents

Major Activities and Accomplishments During this Period
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Hurricane Irene visited Vermont and left much devastation. Families and the system of care are still recovering.

Numbers of young adults/youth involved in the YIT program continue to grow! Two young adults are working at building the young adult advisory group; this group has met 3 times in this period.

Parent advisory group held their 2nd Round Table meeting and is interested in advising the Local Program Standing Committee as well.

Goals for strengthening the systems of care	<p>1. Young adult (YA) leadership is developed in VT: Young adult, Heather H, has agreed to assist Kristen in the work locally. December meeting decided to focus on designing T-shirts at the January meeting for the Young Adults to wear during community outreach.</p> <p>2. Family/adult allies support young adults: Held a December family Round Table to increase parent voice and input; 16 people attended</p> <p>3. Workers use caring practices known to be helpful for young adults and families:</p> <p>4. System of Care partners gains cultural & linguistic competence (CLC): Planning a Spring, 2012 CLC training for the region</p>

	<p>5. Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma: The young adult advisory group plans to do some community service activities- giving back to the community- to help reduce the stigma of mental illness and of being a youth. First ideas are to assist the elderly by shoveling snow at their homes or storage units. The local youth adult advisory group has chosen the name “Teens 4 Change”</p> <p>6. Effectiveness of the Vermont System of Care for young adults with SED Numbers continue to grow in Washington County.</p> <p>7: The State supports and sustains regional services for young adults:</p>
Desired outcomes for young adults of transition-age	1. Decreased number of young adults involved in the corrections:
	2. Increased number of young adults who are employed: 21
	3. Increased number young adults participating in (or who completed) educational programs: 12
	4. Increased number of young adults who have access to, and are using, a medical home: 6
	5. Increased number of young adults living in safe and stable housing: 14
	6. Increased number of young adults who have caring & supportive relationships: 29
	7. Increase in young adults’ strengths and protective factors: 19
	8. Improved mental health for young adults: 20
System of Care Infrastructure Indicators (for federal TRAC):	Workforce Development: The interagency professional development plan
	Organizational Change:
	Partnership/Collaboration:
	Types/Targets of Practice:

1. Problems

HOUSING: The Vermont flood had an impact on families and area youth receiving services.

The additional paperwork required for the National Study evaluation (e.g., the Cost and Services part of the Study) has stressed the Intake Team, which feels overwhelmed by the amount of data it needs to collect. The Team has been down by 2 members due to job change and maternity leave. Youth Engagement Specialist (YES) Kristen H. has had difficulty fitting the Intake Team meetings into her schedule; she will work on that for 2012.

2. Significant Findings and Events

Heather H. was chosen to assist Kristen H. our Youth Engagement Specialist (YES) to plan and organize young adult events and meetings. They began working together in November to

plan the young adult advisory group activity/meetings. Heather was a great help in getting out the flyers about events and assisted in organizing and cleaning up afterwards. She will represent the region on the statewide Young Adult Executive Committee to plan for the Young Adult Voice Movement (YAVM) Conference starting in January, 2012.

3. Dissemination activities

We created a poster for Kristen to talk about the name of the young adult advisory group, with her contact information, for getting known in the community. We are using the same poster color/format for each young adult advisory group event/meeting so the group becomes recognizable. We also delivered Youth in Transition (YIT) brochures to local schools and around the community for each event.

4. Other Activities

5.. Activities Planned for Next Reporting Period

Continue to grow the youth and family advisory boards.
CLC training.
Continue community out reach

DMH only:

Date received: _____

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Date approved: _____

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Date approved: _____