YIT PROGRAM PROGRESS REPORT - Biannual

1. Grant Number: 03150-C6005-FY13-YIT

2. Grantee Name and Address:

Counseling Service of Addison County, Inc., 89 Main Street, Middlebury, VT 05753

- 3. Telephone Number: 802-388-6751
- 4. Project Title: Addison County YIT
- 5. Period of Performance from: July 1, 2013 through December 31, 2013
- 6. Approved Project Period from: July 1, 2012 through June 30, 2014
- 7. Author's Name and Telephone number: Cheryl Huntley (802)-388-0302 x493
- 8. Date of report: 01/31/2014
- 9. Comments (if any):

The federal Government Performance and Results Act (GPRA) primarily focuses on demonstrating accountability and achieving meaningful outcomes for all federally funded programs. Please make sure to include information on the outcomes of your project activities and the impact of your project on improving the lives of Youth in Transition and their families in the Program Progress Reports submitted.

For each State fiscal year, two Program Progress Reports must be submitted. Specify whether for: ☐ FY 2013 or ☐ FY 2014:

- 1. one for the time period from July 1 December 31 (due by January 31), and
- 2. one for the period from January 1 June 30 (due by July 31).

Report Contents

1. Major Activities and Accomplishments During this Period

Report both quantifiable and non-quantifiable accomplishments for the General Expectations and Regional Goals listed in Attachment A (see pages 3-5 of the grant award):

- Quantifiable accomplishments include numbers of youth/families served, people trained, support groups established, etc.
- Non-quantifiable accomplishments should be listed in chronological order. Describe any draft/final products in this section.

Please report major activities and accomplishments for the following goals, outcomes, and indicators as relevant for the sub-grant. [This section of the report may be entered directly into the table below.]

Goals for strengthening the systems of care	1: Young adult (YA) leadership is developed in VT. Required activity: 0. 5-re: h/c-left allies access at the second state.				
	2: Family/adult allies support young adults				
	Workers use caring practices known to be helpful for young adults and families. Required activity:				
	Provide cross-system case management and individualized service plan development, ensuring that young adults are engaged in planning for their own futures				
	4: System of Care partners gain cultural & linguistic competence (CLC)				
	5: Local communities (including young adults) change their perceptions of young adults and of mental health issues, reducing stigma				
	6: Effectiveness of the Vermont System of Care for young adults with SED is evaluated				
	7: The State supports and sustains regional services for young adults				
Desired outcomes for young adults of transitionage	Decreased number of young adults involved in the corrections system (including an increase in the number who are free of incarceration). Required activity: Reach out to young adults with SED who are out-of-school at least through teen centers, recovery centers, homeless youth programs, and by intercepting them at critical intervention points with the juvenile and criminal justice systems				

2. Increased number of young adults who are employed.... 3. Increased number young adults participating in (or who completed) educational programs.... 4. Increased number of young adults who have access to, and are using, a medical home.... 5. Increased number of young adults living in safe and stable housing.... 6. Increased number of young adults who have caring & supportive relationships.... 7. Increase in young adults' strengths and protective factors.... 8. Improved mental health for young adults. Required activity: Improve access to mental health services for the young adults most at risk for poor outcomes and use the power of the courts to increase their likelihood of use of those services.... System of Workforce Development: Organizations or communities implementing mental Care health-related training programs as a result of the grant. Please enter the Infrastructure number of organizations or communities and briefly describe the training Indicators programs.... (for federal TRAC): Organizational Change: Organizational changes made to support improvement of mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of changes and briefly describe them.... Partnership/Collaboration: Organizations that entered into formal written inter/intra-organizational agreements (e.g., MOUs/MOAs) to improve mental health-related practices/activities that are consistent with the goals of the grant. Please enter the number of organizations and briefly describe the agreements Types/Targets of Practice: Programs/organizations/communities that

implemented evidence-based mental health-related practices/activities as a

result of the grant. Please enter the number of programs/organizations/communities and briefly describe the evidence-based practices

2. Problems

Describe any deviations or departures from the original project plan including actual/anticipated slippage in task completion dates, and special problems encountered or expected. Use this section to describe barriers to accomplishment, actions taken to overcome difficulties, and to advise DMH of any needs for assistance.

CSAC's staff member designated for the YIT Grant resigned July, 2013 and the position remained vacant until September, 2013. Unfortunately, the woman hired remained in the position for only a week before resigning. We have been recruiting for the position since then and had difficulty finding qualified applicants. We have recently hired a new woman who is expected to begin work in late February, 2014.

Consequently, there has been no YIT grant-funded work completed during the July – December, 2013 time period. CSAC did, however, work to strengthen our services to transition-aged youth through the staffing under the Integrated Family Services (IFS) initiative. The following steps were taken:

- Assignment of Peter Lebenbaum and LuAnn Chiola, both Youth and Family Program administrators, to support and oversee adolescent services programming. LuAnn is our Coordinator for School Services as well, and we hope to therefore better integrate our high school clinicians.
- 2. Establishment of a YIT "peer group" for CSAC and interagency staff (Youth Development Coordinator, and Parent/Child Center) working with youth to meet for supervision, best practices discussion and program development. The group has become much more cohesive and clear in direction since the last report.
- 3. Our CSAC high school aged school program has developed a new approach for older youth in a youth directed teaming and employment model.
- 4. CSAC made the decision to use a vacancy in our IFS funded home and community-based outreach positions to increase staff time for older adolescents. Our new clinician consequently carries a caseload of only older teens and attends both Outreach meetings and YIT peer group. This clinician has specific expertise with transition aged youth. She has begun a group of young women who meet at the teen center using a youth development model.

3. Significant Findings and Events

For special notice to Principal Investigator, State Outreach Team for Youth in Transition, Federal Project Officer, etc. This should include any changes in staffing, including of persons, time spent, and/or responsibilities. Attach resumes and qualifications of new staff.

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4. Dissemination activities

Briefly describe project related inquiries and information dissemination activities carried out over the reporting period. Itemize and include a copy of any newspaper, newsletter, and magazine articles or other published materials considered relevant to project activities, or used for project information or public relations purposes.

5. Other Activities

Briefly describe other activities undertaken during the reporting period.

6. Activities Planned for Next Reporting Period

Briefly describe the project activities planned for the next reporting period.

 New staff to begin in February, 2014. The plan is to focus on community development activities, system of care work and sustainability instead of individualized services. Individual supports will be provided through IFS.

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